

Wed Emergencies - Divine help 2026 05 20

Divine Help in Emergencies

Wednesday, May 20, 2026

Hymns

498

540

594

.

Hymn Lyrics

498

How firm a foundation, you saints of the Lord,
Is laid for your faith in His excellent Word.
What more can He say than to you He has said,
To you who to God for your refuge have fled:

.

Fear not, I am with you, O be not dismayed,
For I am your God, I will still give you aid;
I'll strengthen you, help you, and cause you to stand,
Upheld by My gracious, omnipotent hand;

.

When through fiery trials your pathway shall lie,
My grace, all sufficient, shall be your supply;
The flame shall not hurt you; I only design
Your dross to consume and your gold to refine.

.

540

O gentle presence, peace and joy and power;
O Life divine, that owns each waiting hour,
Thou Love that guards the nestling's faltering flight!
Keep Thou my child on upward wing tonight.

.

Love is our refuge; only with mine eye
Can I behold the snare, the pit, the fall:
His habitation high is here, and nigh,
His arm encircles me, and mine, and all.

.

O make me glad for every scalding tear,
For hope deferred, ingratitude, disdain!
Wait, and love more for every hate, and fear
No ill,—since God is good, and loss is gain.

.

Beneath the shadow of His mighty wing;
In that sweet secret of the narrow way,
Seeking and finding, with the angels sing:
“Lo, I am with you alway,”—watch and pray.

.

No snare, no fowler, pestilence or pain;

No night drops down upon the troubled breast,
When heaven's aftersmile earth's tear-drops gain,
And mother finds her home and heav'nly rest.

.
594

We're steadfastly protected by Your power,
Encircled in the caring arms of Love.
Together, we are sharing all our days now,
And year by year come blessings from above.

.
Refrain

We're each held safe by God's own holy power.
Whatever comes, Your comfort is at hand.
You're at our side at evening and at morning.
And each new day unfolds as You have planned.

.
Your pure and quiet love spreads o'er us deeply;
We know Your fullness now and feel Your peace.
For Your one holy world of grace and power,
We all praise You with joy that will not cease.

.
Refrain

.
READINGS FROM OUR PASTOR

.
The Holy Bible

1. Prov. 3:25, 26

25 Be not afraid of sudden fear, neither of the desolation of the wicked, when
it cometh.

26 For the LORD shall be thy confidence, and shall keep thy foot from being
taken.

2. Prov. 18:10

10 The name of the LORD *is* a strong tower: the righteous runneth into it, and
is safe.

3. Job 22:10-13 snares

10 snares *are* round about thee, and sudden fear troubleth thee;

11 Or darkness, *that* thou canst not see; and abundance of waters cover thee.

12 *Is* not God in the height of heaven? and behold the height of the stars, how
high they are!

13 And thou sayest, How doth God know? can he judge through the dark
cloud?

4. Ps. 64:2-4

- 2 Hide me from the secret counsel of the wicked; from the insurrection of the workers of iniquity:
- 3 Who whet their tongue like a sword, *and bend their bows to shoot* their arrows, *even bitter words*:
- 4 That they may shoot in secret at the perfect: suddenly do they shoot at him, and fear not.

,7-10

5. Ps. 46:1

- 1 GOD *is* our refuge and strength, a very present help in trouble.

6. Luke 4:14 Jesus

- 14 Jesus returned in the power of the Spirit into Galilee: and there went out a fame of him through all the region round about.

7. Luke 9:37-43 it (to .)

- 37 it came to pass, that on the next day, when they were come down from the hill, much people met him.
- 38 And, behold, a man of the company cried out, saying, Master, I beseech thee, look upon my son: for he is mine only child.
- 39 And, lo, a spirit taketh him, and he suddenly crieth out; and it teareth him that he foameth again, and bruising him hardly departeth from him.
- 40 And I besought thy disciples to cast him out; and they could not.
- 41 And Jesus answering said, O faithless and perverse generation, how long shall I be with you, and suffer you? Bring thy son hither.
- 42 And as he was yet a-coming, the devil threw him down, and tare *him*. And Jesus rebuked the unclean spirit, and healed the child, and delivered him again to his father.
- 43 ¶ And they were all amazed at the mighty power of God.

8. Job 4:14-17

- 14 Fear came upon me, and trembling, which made all my bones to shake.
- 15 Then a spirit passed before my face; the hair of my flesh stood up:
- 16 It stood still, but I could not discern the form thereof: an image *was* before mine eyes, *there was* silence, and I heard a voice, *saying*,
- 17 Shall mortal man be more just than God? shall a man be more pure than his maker?

9. Job 5:8-11

- 8 I would seek unto God, and unto God would I commit my cause:
- 9 Which doeth great things and unsearchable; marvellous things without

number:

- 10 Who giveth rain upon the earth, and sendeth waters upon the fields:
- 11 To set up on high those that be low; that those which mourn may be exalted to safety.

10. Acts 27:1, 4, 15, 20, 40, 41

- 1 AND when it was determined that we should sail into Italy, they delivered Paul and certain other prisoners unto *one* named Julius, a centurion of Augustus' band.
- 4 And when we had launched from thence, we sailed under Cyprus, because the winds were contrary.
- 15 And when the ship was caught, and could not bear up into the wind, we let *her* drive.
- 20 And when neither sun nor stars in many days appeared, and no small tempest lay on *us*, all hope that we should be saved was then taken away.
- 40 And when they had taken up the anchors, they committed *themselves* unto the sea, and loosed the rudder bands, and hoisted up the mainsail to the wind, and made toward shore.
- 41 And falling into a place where two seas met, they ran the ship aground; and the forepart stuck fast, and remained unmoveable, but the hinder part was broken with the violence of the waves.

(to ;)

11. Acts 28:1-6 when

- 1 when they were escaped, then they knew that the island was called Melita.
- 2 And the barbarous people shewed us no little kindness: for they kindled a fire, and received us every one, because of the present rain, and because of the cold.
- 3 And when Paul had gathered a bundle of sticks, and laid *them* on the fire, there came a viper out of the heat, and fastened on his hand.
- 4 And when the barbarians saw the *venomous* beast hang on his hand, they said among themselves, No doubt this man is a murderer, whom, though he hath escaped the sea, yet vengeance suffereth not to live.
- 5 And he shook off the beast into the fire, and felt no harm.
- 6 Howbeit they looked when he should have swollen, or fallen down dead suddenly: but after they had looked a great while, and saw no harm come to him, they changed their minds, and said that he was a god.

12. Acts 20:1, 3, 6-12

- 1 AND after the uproar was ceased, Paul called unto *him* the disciples, and embraced *them*, and departed for to go into Macedonia.
- 3 And *there* abode three months. And when the Jews laid wait for him, as he

was about to sail into Syria, he purposed to return through Macedonia.

- 6 And we sailed away from Philippi after the days of unleavened bread, and came unto them to Troas in five days; where we abode seven days.
- 7 And upon the first *day* of the week, when the disciples came together to break bread, Paul preached unto them, ready to depart on the morrow; and continued his speech until midnight.
- 8 And there were many lights in the upper chamber, where they were gathered together.
- 9 And there sat in a window a certain young man named Eutychus, being fallen into a deep sleep: and as Paul was long preaching, he sunk down with sleep, and fell down from the third loft, and was taken up dead.
- 10 And Paul went down, and fell on him, and embracing *him* said, Trouble not yourselves; for his life is in him.
- 11 When he therefore was come up again, and had broken bread, and eaten, and talked a long while, even till break of day, so he departed.
- 12 And they brought the young man alive, and were not a little comforted.

13. Ps. 4:8

- 8 I will both lay me down in peace, and sleep: for thou, LORD, only makest me dwell in safety.

14. Prov. 29:25

- 25 The fear of man bringeth a snare: but whoso putteth his trust in the LORD shall be safe.

15. Rev 21:7 he

- 7 He that overcometh shall inherit all things; and I will be his God, and he shall be my son.

16. Rev. 22:1-3 (to ;), 6 These (to :), 7 (to :), 21

- 1 AND he shewed me a pure river of water of life, clear as crystal, proceeding out of the throne of God and of the Lamb.
- 2 In the midst of the street of it, and on either side of the river, *was there* the tree of life, which bare twelve *manner of* fruits, *and* yielded her fruit every month: and the leaves of the tree *were* for the healing of the nations.
- 3 And there shall be no more curse: but the throne of God and of the Lamb shall be in it;
- 6 These sayings *are* faithful and true:
- 7 Behold, I come quickly:
- 21 The grace of our Lord Jesus Christ *be* with you all. Amen.

Science and Health with Key to the Scriptures by Mary Baker Eddy

1. SH 406:1-2, 4-6

406:1 The Bible contains the recipe for all healing. “The
leaves of the tree were for the healing of the nations.” The tree is typical of man’s divine
3 Principle, which is equal to every emergency, offering
6 full salvation from sin, sickness, and death.

2. SH 178:32-4

Whoever reaches the understanding of Christian Science
179:1 in its proper signification will perform the sudden cures
of which it is capable; but this can be done only by
3 taking up the cross and following Christ in the daily
life.

3. SH 14:12-18

12 Become conscious for a single moment that Life and
intelligence are purely spiritual, — neither in nor of
matter, — and the body will then utter no
15 complaints. If suffering from a belief in
sickness, you will find yourself suddenly well. Sorrow
is turned into joy when the body is controlled by spir-
18 itual Life, Truth, and Love.

Spiritualized
consciousness

4. SH 404:29-11

Hatred, envy, dishonesty, fear, and so forth,
30 make a man sick, and neither material medi-
cine nor Mind can help him permanently, even in body,
unless it makes him better mentally, and so delivers him
405:1 from his destroyers. The basic error is mortal mind.
Hatred inflames the brutal propensities. The indulgence
3 of evil motives and aims makes any man, who is above the
lowest type of manhood, a hopeless sufferer.

Christian Science commands man to master the pro-
6 pensities, — to hold hatred in abeyance with kindness,
to conquer lust with chastity, revenge with
charity, and to overcome deceit with hon-
9 esty. Choke these errors in their early stages, if you
would not cherish an army of conspirators against
health, happiness, and success.

Mental
conspirators

5. SH 218:24

24 Treat a belief in sickness as you would sin, with sudden
dismissal. Resist the temptation to believe in matter as
intelligent, as having sensation or power.

6. SH 396:5-6, 10

62 Avoid talking illness to the patient. Make no unne-

cessary inquiries relative to feelings or disease. Never say beforehand how much you have to contend with in a case, nor encourage in the patient's thought the expectation of growing worse before a crisis is passed.

7. SH 421:11

If a crisis occurs in your treatment, you must treat the patient less for the disease and more for the mental disturbance or fermentation, and subdue the symptoms by removing the belief that this chemicalization produces pain or disease. Insist vehemently on the great fact which covers the whole ground, that God, Spirit, is all, and that there is none beside Him. There is *no disease*. When the supposed suffering is gone from mortal mind, there can be no pain; and when the fear is destroyed, the inflammation will subside. Calm the excitement sometimes induced by chemicalization, which is the alterative effect produced by Truth upon error, and sometimes explain the symptoms and their cause to the patient.

How to treat a crisis

8. SH 422:5

If the reader of this book observes a great stir throughout his whole system, and certain moral and physical symptoms seem aggravated, these indications are favorable. Continue to read, and the book will become the physician, allaying the tremor which Truth often brings to error when destroying it.

Effect of this book

9. SH 397:8-22

Suffering is no less a mental condition than is enjoyment. You cause bodily sufferings and increase them by admitting their reality and continuance, as directly as you enhance your joys by believing them to be real and continuous. When an accident happens, you think or exclaim, "I am hurt!" Your thought is more powerful than your words, more powerful than the accident itself, to make the injury real.

Remedy for accidents

Now reverse the process. Declare that you are not hurt and understand the reason why, and you will find the ensuing good effects to be in exact proportion to your disbelief in physics, and your fidelity to divine metaphysics, confidence in God as All, which the Scriptures declare Him to be.

10. SH 424:5-11

Accidents are unknown to God, or immortal Mind,
6 and we must leave the mortal basis of belief
and unite with the one Mind, in order to
change the notion of chance to the proper sense
9 of God's unerring direction and thus bring out harmony.

Accidents
unknown to God

Under divine Providence there can be no accidents,
since there is no room for imperfection in perfection.

11. SH 392:32-3

The issues of pain or
393:1 pleasure must come through mind, and like a watchman
forsaking his post, we admit the intruding belief, forget-
3 ting that through divine help we can forbid this entrance.

12. SH 486:4-13, 23

Suppose one accident happens to the eye, another to
the ear, and so on, until every corporeal sense is quenched.
6 What is man's remedy? To die, that he may
regain these senses? Even then he must gain
spiritual understanding and spiritual sense in order to
9 possess immortal consciousness. Earth's preparatory
school must be improved to the utmost. In reality man
never dies. The belief that he dies will not establish his
12 scientific harmony. Death is not the result of Truth but
of error, and one error will not correct another.

Sense *versus*
Soul

Sight, hearing, all the spiritual senses of man, are
24 eternal. They cannot be lost. Their reality and immor-
tality are in Spirit and understanding, not in
matter, — hence their permanence. If this
27 were not so, man would be speedily annihilated. If the
five corporeal senses were the medium through which
to understand God, then palsy, blindness, and deafness
30 would place man in a terrible situation, where he would
be like those "having no hope, and without God in the
world;" but as a matter of fact, these calamities often
487:1 drive mortals to seek and to find a higher sense of happi-
ness and existence.

Permanent
sensibility

13. SH 202:24

24 Our beliefs about a Supreme Being contradict the
practice growing out of them. Error abounds where
Truth should “much more abound.” We
27 admit that God has almighty power, is “a
very present help in trouble;” and yet we rely on a drug
or hypnotism to heal disease, as if senseless matter or err-
30 ing mortal mind had more power than omnipotent Spirit.

Belief and
practice

14. SH 203:3

In the Science of Christianity, Mind
— omnipotence — has all-power, assigns sure
rewards to righteousness, and shows that matter can
6 neither heal nor make sick, create nor destroy.

15. SH 12:31-1

In divine
Science, where prayers are mental, *all* may avail them-
13:1 selves of God as “a very present help in trouble.”