

# The Promises of the 23rd Psalm

February 11 2026

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## **Hymn. 548:1–3**

O tender, loving Shepherd,  
We long to follow thee,  
To follow where you lead us,  
Though rough the path may be;  
Though dark and heavy shadows  
Enshroud the way with gloom,  
We know that Love will guide us,  
And safely lead us home.

We know, beloved Shepherd,  
The path that you have trod  
Leads ever out of darkness,  
And on and up to God.  
If from that path we wander,  
And far astray we roam,  
O, call us, faithful Shepherd,  
And bring us safely home.

Throughout the way, dear Shepherd,  
Your strong hand does uphold;  
The weary ones, at nightfall,  
You gently will enfold.  
And when to Truth's green pastures  
With joy at length we come,  
There shall we find, O Shepherd,  
Our blest, eternal home.

Words: FREDERIC W. ROOT. ALT.

Music: Randall S. Updegraff; harm. CSPA

**Hymn. 513:1–5**

It matters not what be thy lot,  
So Love doth guide;  
For storm or shine, pure peace is thine,  
Whate'er betide.

And of these stones, or tyrants' thrones,  
God able is  
To raise up seed—in thought and deed—  
To faithful His.

Aye, darkling sense, arise, go hence!  
Our God is good.  
False fears are foes—truth tatters those,  
When understood.

Love looseth thee, and lifteth me,  
Ayont hate's thrall:  
There Life is light, and wisdom might,  
And God is All.

The centuries break, the earth-bound wake,  
God's glorified!  
Who doth His will—His likeness still—  
Is satisfied.

Words: MARY BAKER EDDY

Music: Andrew D. Brewis

**Hymn. 139:1–3**

I walk with Love along the way,  
And O, it is a holy day;  
No more I suffer cruel fear,

I feel God's presence with me here;  
The joy that none can take away  
Is mine; I walk with Love today.

Who walks with Love along the way,  
Shall talk with Love and Love obey;  
God's healing truth is free to all,  
Our Father answers every call;  
'Tis He dispels the clouds of gray  
That all may walk with Love today.

Come, walk with Love along the way,  
Let childlike trust be yours today;  
Uplift your thought, with courage go,  
Give of your heart's rich overflow,  
And peace shall crown your joy-filled day.  
Come, walk with Love along the way.

Words: MINNY M. H. AYERS

Music: Henry Carey

**Ps. 23:1–6**

- 1 The LORD *is* my shepherd; I shall not want.
- 2 He maketh me to lie down in green pastures: he leadeth me beside the still waters.
- 3 He restoreth my soul: he leadeth me in the paths of righteousness for his name's sake.
- 4 Yea, though I walk through the valley of the shadow of death, I will fear no evil: for thou *art* with me; thy rod and thy staff they comfort me.
- 5 Thou preparest a table before me in the presence of mine enemies: thou anointest my head with oil; my cup runneth over.
- 6 Surely goodness and mercy shall follow me all the days of my life: and I will dwell in the house of the LORD for ever.

**Ps. 17:15**

- 15 As for me, I will behold thy face in righteousness: I shall be satisfied, when I awake, with thy likeness.

**II Cor. 3:5**

- 5 Not that we are sufficient of ourselves to think any thing as of ourselves; but our sufficiency *is* of God;

**Acts 17:24, 25, 28 (to ;)**

- 24 God that made the world and all things therein, seeing that he is Lord of heaven and earth, dwelleth not in temples made with hands;  
25 Neither is worshipped with men's hands, as though he needed any thing, seeing he giveth to all life, and breath, and all things;  
28 For in him we live, and move, and have our being; ...

**Isa. 55:12**

- 12 For ye shall go out with joy, and be led forth with peace: the mountains and the hills shall break forth before you into singing, and all the trees of the field shall clap *their* hands.

**Isa. 30:15 (to :)**

- 15 For thus saith the Lord God, the Holy One of Israel; In returning and rest shall ye be saved; in quietness and in confidence shall be your strength: ...

**Phil. 4:19 my**

- 19 ... my God shall supply all your need according to his riches in glory by Christ Jesus.

**Isa. 26:3**

- 3 Thou wilt keep *him* in perfect peace, *whose* mind *is* stayed *on thee*: because he trusteth in thee.

**Joel 2:21, 25 (to 1st ), 26 (to :)**

- 21 ¶ Fear not, O land; be glad and rejoice: for the LORD will do great things.  
25 And I will restore to you the years that the locust hath eaten, ...

- 26 And ye shall eat in plenty, and be satisfied, and praise the name of the LORD  
your God, that hath dealt wondrously with you: ...

**Isa. 40:11**

- 11 He shall feed his flock like a shepherd: he shall gather the lambs with his arm,  
and carry *them* in his bosom, *and* shall gently lead those that are with young.

**Mark 5:21–24, 35 there, 36, 38–42 (to 1st .)**

- 21 And when Jesus was passed over again by ship unto the other side, much  
people gathered unto him: and he was nigh unto the sea.
- 22 And, behold, there cometh one of the rulers of the synagogue, Jairus by name;  
and when he saw him, he fell at his feet,
- 23 And besought him greatly, saying, My little daughter lieth at the point of death:  
*I pray thee*, come and lay thy hands on her, that she may be healed; and she  
shall live.
- 24 And *Jesus* went with him; and much people followed him, and thronged him.
- 35 ... there came from the ruler of the synagogue's *house certain* which said, Thy  
daughter is dead: why troublest thou the Master any further?
- 36 As soon as Jesus heard the word that was spoken, he saith unto the ruler of the  
synagogue, Be not afraid, only believe.
- 38 And he cometh to the house of the ruler of the synagogue, and seeth the  
tumult, and them that wept and wailed greatly.
- 39 And when he was come in, he saith unto them, Why make ye this ado, and  
weep? the damsel is not dead, but sleepeth.
- 40 And they laughed him to scorn. But when he had put them all out, he taketh  
the father and the mother of the damsel, and them that were with him, and  
entereth in where the damsel was lying.
- 41 And he took the damsel by the hand, and said unto her, Talitha cumi; which is,  
being interpreted, Damsel, I say unto thee, arise.
- 42 And straightway the damsel arose, and walked; for she was *of the age* of  
twelve years. ...

**Rom. 8:35, 37–39**

- 35 Who shall separate us from the love of Christ? *shall* tribulation, or distress, or  
persecution, or famine, or nakedness, or peril, or sword?

- 37 Nay, in all these things we are more than conquerors through him that loved us.
- 38 For I am persuaded, that neither death, nor life, nor angels, nor principalities, nor powers, nor things present, nor things to come,
- 39 Nor height, nor depth, nor any other creature, shall be able to separate us from the love of God, which is in Christ Jesus our Lord.

**Isa. 41:10**

- 10 ¶ Fear thou not; for I *am* with thee: be not dismayed; for I *am* thy God: I will strengthen thee; yea, I will help thee; yea, I will uphold thee with the right hand of my righteousness.

**Mal. 3:10**

- 10 Bring ye all the tithes into the storehouse, that there may be meat in mine house, and prove me now herewith, saith the LORD of hosts, if I will not open you the windows of heaven, and pour you out a blessing, that *there shall not be room enough to receive it.*

**Isa. 46:4 even (to 1st ;), 4 5th I**

- 4 ... *even* to *your* old age I *am* he; ...
- 4 ... I will carry, and will deliver *you*.

**Jer. 7:7**

- 7 Then will I cause you to dwell in this place, in the land that I gave to your fathers, for ever and ever.

**John 14:2 (to :)**

- 2 In my Father's house are many mansions: ...

**SH 577:32–3 (to :); 578:5**

- In the following Psalm one word shows, though faintly,
- 1 the light which Christian Science throws on the Scriptures by substituting for the corporeal sense, the incorporeal
- 3 or spiritual sense of Deity: ...

[DIVINE LOVE] is my shepherd; I shall not want.

## SH vii:1-2

1 **T**O those leaning on the sustaining infinite, to-day is  
big with blessings.

## SH 494:10-11

Divine Love always has met and always will meet every  
human need.

## SH 264:13

As mortals gain more correct views of God and man,  
multitudinous objects of creation, which before were  
15 invisible, will become visible. When we  
realize that Life is Spirit, never in nor of  
matter, this understanding will expand into self-com-  
18 pleteness, finding all in God, good, and needing no other  
consciousness.

Self-  
completeness

## SH 578:6

6 [LOVE] maketh me to lie down in green pastures:  
[LOVE] leadeth me beside the still waters.

## SH 387:5

When we reach  
6 our limits of mental endurance, we conclude  
that intellectual labor has been carried sufficiently far;  
but when we realize that immortal Mind is ever active,  
9 and that spiritual energies can neither wear out nor can  
so-called material law trespass upon God-given powers  
and resources, we are able to rest in Truth, refreshed by  
12 the assurances of immortality, opposed to mortality.

Mind heals  
brain-disease

## SH 519:28

The  
1 highest and sweetest rest, even from a human standpoint,  
is in holy work.

## SH 214:32

- Spirit's senses are with-
- 1 out pain, and they are forever at peace. Nothing can hide  
from them the harmony of all things and the might and  
3 permanence of Truth.

## SH 144:20

- Truth, and
- 21 not corporeal will, is the divine power which says to  
disease, "Peace, be still."

## SH 494:15–19

- 15 The miracle of grace is no miracle to Love. Jesus  
demonstrated the inability of corporeality, as well as the  
infinite ability of Spirit, thus helping erring  
18 human sense to flee from its own convictions  
and seek safety in divine Science.

Reason  
and Science

## SH 578:8

- [LOVE] restoreth my soul [spiritual sense]: [LOVE] lead-  
9 eth me in the paths of righteousness for His name's sake.

## SH 347:17

- Is it error which
- 18 is restoring an essential element of Christianity, —  
namely, apostolic, divine healing? No; it is the Science  
of Christianity which is restoring it, and is the light  
21 shining in darkness, which the darkness comprehends  
not.

## SH 390:7–9

- It is our ignorance of God, the
- divine Principle, which produces apparent discord, and  
9 the right understanding of Him restores harmony.

Ultimate  
harmony



## SH 375:17

### The genuine Christian

- 18 Scientist is adding to his patient's mental and moral power,  
and is increasing his patient's spirituality while restoring  
him physically through divine Love.

## SH 149:28–29

Whatever guides thought spiritually benefits  
mind and body.

Tests in  
our day

## SH 106:9

- 9 Man is properly self-  
governed only when he is guided rightly and governed by  
his Maker, divine Truth and Love.

Proper self-  
government

## SH 578:10

- Yea, though I walk through the valley of the shadow of  
death, I will fear no evil: for [LOVE] is with me; [LOVE'S]  
12 rod and [LOVE'S] staff they comfort me.

## SH 66:3 (only), 6

- 3 Sweet are the uses of adversity;
- 6 Trials teach mortals not to lean on a material staff, —  
a broken reed, which pierces the heart. We do not  
half remember this in the sunshine of joy  
9 and prosperity. Sorrow is salutary. Through  
great tribulation we enter the kingdom. Trials are  
proofs of God's care. Spiritual development germi-  
12 nates not from seed sown in the soil of material hopes,  
but when these decay, Love propagates anew the higher  
joys of Spirit, which have no taint of earth. Each suc-  
15 cessive stage of experience unfolds new views of divine  
goodness and love.

Salutary  
sorrow

## SH 427:1–2, 5–7, 13–16; 428:3–6 A

1 If it is true that man lives, this fact can never change  
in Science to the opposite belief that man dies.

Life not  
contingent  
on matter

Man's individual being can no more  
6 die nor disappear in unconsciousness than can Soul, for  
both are immortal.

Death is but another phase of the dream that exist-  
ence can be material. Nothing can interfere with the  
15 harmony of being nor end the existence of  
man in Science.

Mortality  
vanquished

3 A demonstra-  
tion of the facts of Soul in Jesus' way resolves the dark  
visions of material sense into harmony and  
6 immortality.

Vision  
opening

## SH 25:13–16

Jesus taught the way of Life by demonstration, that  
we may understand how this divine Principle heals  
15 the sick, casts out error, and triumphs over  
death.

Effective  
triumph

## SH 578:13

[LOVE] prepareth a table before me in the presence of  
mine enemies: [LOVE] anointeth my head with oil; my cup  
15 runneth over.

## SH 401:1–4

1 Any  
human error is its own enemy, and works against itself;  
3 it does nothing in the right direction and much  
in the wrong.

Mortal mind  
not a healer

## SH 428:8–12

To divest

- 9 thought of false trusts and material evidences in order  
that the spiritual facts of being may appear, — this is  
the great attainment by means of which we shall sweep  
12 away the false and give place to the true.

## SH 3:22

- Are we really grateful for the good  
already received? Then we shall avail ourselves of the  
24 blessings we have, and thus be fitted to receive more.  
Gratitude is much more than a verbal expression of  
thanks. Action expresses more gratitude than speech.

## SH 592:25

**OIL.** Consecration; charity; gentleness; prayer; heavenly inspiration.

## SH 578:16

- Surely goodness and mercy shall follow me all the days of  
my life; and I will dwell in the house [the consciousness]  
18 of [LOVE] for ever.

## SH 78:28

- Spirit blesses man, but man cannot “tell whence  
it cometh.” By it the sick are healed, the sorrowing are  
30 comforted, and the sinning are reformed. These are the  
effects of one universal God, the invisible good dwelling  
in eternal Science.

## SH 52:19

- The “man of sorrows” best understood the nothing-  
ness of material life and intelligence and the mighty ac-  
21 tuality of all-inclusive God, good. These were  
the two cardinal points of Mind-healing, or

Christian Science, which armed him with Love. The high-  
24 est earthly representative of God, speaking of human  
ability to reflect divine power, prophetically said to his  
disciples, speaking not for their day only but for all time:  
27 “He that believeth on me, the works that I do shall he do  
also;” and “These signs shall follow them that believe.”

**SH 254:31**

Pilgrim on earth, thy home  
is heaven; stranger, thou art the guest of God.