

# Healing insanity

February 25 2026

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## **Hymn. 201:1–4**

O do not bar your mind  
Against the light of good;  
But open wide, let in the Word,  
And Truth will be your food.

Truth will from error free  
Your long enslaved mind,  
And bring the light of liberty  
Where it shall be enshrined.

Hid treasures it reveals  
To all who know its power;  
And all who will may light receive  
In this most gracious hour.

Then open wide your heart  
To Truth and Light and Love;  
You then shall know your life is hid  
With Christ in God above.

Words: CHARLES PARSONS

Music: Henry J. Gauntlett

## **Hymn. 144:1–3**

In atmosphere of Love divine,  
We live, and move, and breathe;  
Though mortal eyes may see it not,  
'Tis sense that would deceive.

The mortal sense we must destroy,  
If we would bring to light  
The wonders of eternal Mind,  
Where sense is lost in sight.

For God, immortal Principle,  
Is with us everywhere;  
He holds us perfect in His love,  
And we His image bear.

Words: H., ADAPTED

Music: Robert P. Stewart

**Hymn. 401:1–3**

Thou whose almighty Word  
Chaos and darkness heard,  
And took their flight;  
Hear us, we humbly pray,  
And where the Gospel-day  
Sheds not its glorious ray,  
Let there be light.

Christ, thou dost come to bring  
On thy redeeming wing  
Healing and sight,  
Health to the sick in mind,  
Sight to the inly blind;  
Ah, now to all mankind  
Let there be light.

Spirit of truth and love,  
Life-giving, holy dove,  
Speed forth thy flight;  
Move on the waters' face,  
Bearing the lamp of grace,

And in earth's darkest place

Let there be light.

Words: JOHN MARRIOTT\*

Music: Arr. from Felice de Giardini

## II Tim. 1:7 God

7 ... God hath not given us the spirit of fear; but of power, and of love, and of a sound mind.

## Matt. 5:3

3 Blessed *are* the poor in spirit: for theirs is the kingdom of heaven.

## Dan. 4:28–37 (to :)

28 ¶ All this came upon the king Nebuchadnezzar.

29 At the end of twelve months he walked in the palace of the kingdom of Babylon.

30 The king spake, and said, Is not this great Babylon, that I have built for the house of the kingdom by the might of my power, and for the honour of my majesty?

31 While the word *was* in the king's mouth, there fell a voice from heaven, *saying*, O king Nebuchadnezzar, to thee it is spoken; The kingdom is departed from thee.

32 And they shall drive thee from men, and thy dwelling *shall be* with the beasts of the field: they shall make thee to eat grass as oxen, and seven times shall pass over thee, until thou know that the most High ruleth in the kingdom of men, and giveth it to whomsoever he will.

33 The same hour was the thing fulfilled upon Nebuchadnezzar: and he was driven from men, and did eat grass as oxen, and his body was wet with the dew of heaven, till his hairs were grown like eagles' *feathers*, and his nails like birds' *claws*.

34 And at the end of the days I Nebuchadnezzar lifted up mine eyes unto heaven, and mine understanding returned unto me, and I blessed the most High, and I praised and honoured him that liveth for ever, whose dominion *is* an everlasting dominion, and his kingdom *is* from generation to generation:

35 And all the inhabitants of the earth *are* reputed as nothing: and he doeth

according to his will in the army of heaven, and *among* the inhabitants of the earth: and none can stay his hand, or say unto him, What doest thou?

36 At the same time my reason returned unto me; and for the glory of my kingdom, mine honour and brightness returned unto me; and my counsellors and my lords sought unto me; and I was established in my kingdom, and excellent majesty was added unto me.

37 Now I Nebuchadnezzar praise and extol and honour the King of heaven, all whose works *are* truth, and his ways judgment: ...

### **Ps. 51:10–12**

10 Create in me a clean heart, O God; and renew a right spirit within me.

11 Cast me not away from thy presence; and take not thy holy spirit from me.

12 Restore unto me the joy of thy salvation; and uphold me *with thy* free spirit.

### **Matt. 9:35**

35 And Jesus went about all the cities and villages, teaching in their synagogues, and preaching the gospel of the kingdom, and healing every sickness and every disease among the people.

### **Luke 8:22, 26–35, 38–40**

22 ¶ Now it came to pass on a certain day, that he went into a ship with his disciples: and he said unto them, Let us go over unto the other side of the lake. And they launched forth.

26 ¶ And they arrived at the country of the Gadarenes, which is over against Galilee.

27 And when he went forth to land, there met him out of the city a certain man, which had devils long time, and ware no clothes, neither abode in *any* house, but in the tombs.

28 When he saw Jesus, he cried out, and fell down before him, and with a loud voice said, What have I to do with thee, Jesus, *thou* Son of God most high? I beseech thee, torment me not.

29 (For he had commanded the unclean spirit to come out of the man. For oftentimes it had caught him: and he was kept bound with chains and in fetters; and he brake the bands, and was driven of the devil into the wilderness.)

30 And Jesus asked him, saying, What is thy name? And he said, Legion: because

many devils were entered into him.

31 And they besought him that he would not command them to go out into the deep.

32 And there was there an herd of many swine feeding on the mountain: and they besought him that he would suffer them to enter into them. And he suffered them.

33 Then went the devils out of the man, and entered into the swine: and the herd ran violently down a steep place into the lake, and were choked.

34 When they that fed *them* saw what was done, they fled, and went and told *it* in the city and in the country.

35 Then they went out to see what was done; and came to Jesus, and found the man, out of whom the devils were departed, sitting at the feet of Jesus, clothed, and in his right mind: and they were afraid.

38 Now the man out of whom the devils were departed besought him that he might be with him: but Jesus sent him away, saying,

39 Return to thine own house, and shew how great things God hath done unto thee. And he went his way, and published throughout the whole city how great things Jesus had done unto him.

40 And it came to pass, that, when Jesus was returned, the people *gladly* received him: for they were all waiting for him.

#### **Phil. 4:7, 8**

7 And the peace of God, which passeth all understanding, shall keep your hearts and minds through Christ Jesus.

8 Finally, brethren, whatsoever things are true, whatsoever things *are* honest, whatsoever things *are* just, whatsoever things *are* pure, whatsoever things *are* lovely, whatsoever things *are* of good report; if *there be* any virtue, and if *there be* any praise, think on these things.

#### **Rom. 12:1, 2**

1 I beseech you therefore, brethren, by the mercies of God, that ye present your bodies a living sacrifice, holy, acceptable unto God, *which is* your reasonable service.

2 And be not conformed to this world: but be ye transformed by the renewing of

your mind, that ye may prove what *is* that good, and acceptable, and perfect, will of God.

#### SH 414:4

The treatment of insanity is especially interesting. However obstinate the case, it yields more readily than  
6 do most diseases to the salutary action of  
truth, which counteracts error. The argu-  
ments to be used in curing insanity are the same as in  
9 other diseases: namely, the impossibility that matter,  
brain, can control or derange mind, can suffer or cause  
suffering; also the fact that truth and love will establish  
12 a healthy state, guide and govern mortal mind or the  
thought of the patient, and destroy all error, whether it is  
called dementia, hatred, or any other discord.

Cure of  
insanity

#### SH 407:29–30; 408:6, 31–15

There are many species of insanity. All sin is insan-  
30 ity in different degrees.

6 There is a universal insanity of so-called health, which  
mistakes fable for fact throughout the entire round of the  
material senses, but this general craze cannot, in a scien-  
9 tific diagnosis, shield the individual case from the special  
name of insanity. Those unfortunate people who are  
committed to insane asylums are only so many distinctly  
12 defined instances of the baneful effects of illusion on mor-  
tal minds and bodies.

Matter and  
animate error

Mortal mind is ignorant of it-  
self, — ignorant of the errors it includes and of their  
1 effects. Intelligent matter is an impossibility. You  
may say: “But if disease obtains in matter, why do  
3 you insist that disease is formed by mortal mind and

not by matter?” *Mortal mind* and body combine as one, and the nearer matter approaches its final state-  
6 ment, — animate error called nerves, brain, mind, — the more prolific it is likely to become in sin and disease-beliefs.

9 Unconscious mortal mind — *alias* matter, brain — cannot dictate terms to consciousness nor say, “I am sick.” The belief, that the unconscious substratum  
12 of mortal mind, termed the body, suffers and reports disease independently of this so-called conscious mind, is the error which prevents mortals from knowing  
15 how to govern their bodies.

Dictation  
of error

### SH 148:7–8, 12–15, 25–26

Neither anatomy nor theology has ever described man as created by Spirit, — as God’s man.

12 Both  
anatomy and theology define man as both physical and mental, and place mind at the mercy of matter for every  
15 function, formation, and manifestation.

Physiology exalts matter, dethrones Mind, and claims to rule man by material law, instead of spiritual.

### SH 348:3–25

3 Medical theories virtually admit the nothingness of hallucinations, even while treating them as disease; and who objects to this? Ought we not, then, to approve  
6 any cure, which is effected by making the disease appear to be — what it really is — an illusion?

Here is the difficulty: it is not generally understood how  
9 one disease can be just as much a delusion as another. It is a pity that the medical faculty and clergy

All disease  
a delusion

have not learned this, for Jesus established  
12 this foundational fact, when devils, delusions, were cast  
out and the dumb spake.

Are we irreverent towards sin, or imputing too much  
15 power to God, when we ascribe to Him almighty Life  
and Love? I deny His cooperation with evil,  
because I desire to have no faith in evil or in  
18 any power but God, good. Is it not well to eliminate from  
so-called mortal mind that which, so long as it remains in  
mortal mind, will show itself in forms of sin, sickness, and  
21 death? Instead of tenaciously defending the supposed  
rights of disease, while complaining of the suffering dis-  
ease brings, would it not be well to abandon the defence,  
24 especially when by so doing our own condition can be im-  
proved and that of other persons as well?

Elimination  
of sickness

### SH 411:13

It is recorded that once Jesus asked the name of a dis-  
ease, — a disease which moderns would call *dementia*.  
15 The demon, or evil, replied that his name was  
Legion. Thereupon Jesus cast out the evil,  
and the insane man was changed and straightway be-  
18 came whole. The Scripture seems to import that Jesus  
caused the evil to be self-seen and so destroyed.

Evils cast  
out

### SH 476:6 (only)

6 Error, urged to its final limits, is self-destroyed.

### SH 114:23–29

Christian Science explains all cause and effect as men-  
24 tal, not physical. It lifts the veil of mystery from Soul and  
body. It shows the scientific relation of man  
to God, disentangles the interlaced ambiguities  
27 of being, and sets free the imprisoned thought. In divine  
Science, the universe, including man, is spiritual, harmoni-

Causation  
mental

ous, and eternal.

### SH 169:18–23

18 Science not only reveals the origin of all disease as  
mental, but it also declares that all disease is cured by  
divine Mind. There can be no healing ex-  
21 cept by this Mind, however much we trust  
a drug or any other means towards which human faith  
or endeavor is directed.

Mind the  
only healer

### SH 446:24

24 Resisting evil, you overcome it and prove its nothing-  
ness. Not human platitudes, but divine beatitudes, re-  
flect the spiritual light and might which heal  
27 the sick. The exercise of will brings on a  
hypnotic state, detrimental to health and integrity of  
thought. This must therefore be watched and guarded  
30 against. Covering iniquity will prevent prosperity and the  
ultimate triumph of any cause. Ignorance of the error  
to be eradicated oftentimes subjects you to its abuse.

Iniquity  
overcome

### SH 330:25

III. The notion that both evil and good are real is a  
delusion of material sense, which Science annihilates.  
27 Evil is nothing, no thing, mind, nor power.  
As manifested by mankind it stands for a lie,  
nothing claiming to be something, — for lust, dishonesty,  
30 selfishness, envy, hypocrisy, slander, hate, theft, adultery,  
murder, dementia, insanity, inanity, devil, hell, with all  
the etceteras that word includes.

Evil  
obsolete

### SH 429:12–13

12 Science declares that man is sub-  
ject to Mind.

## SH 382:24

24 One whom I rescued from seeming spiritual oblivion,  
in which the senses had engulfed him, wrote to me: “I  
should have died, but for the glorious Principle you teach,  
27 — supporting the power of Mind over the body and show-  
ing me the nothingness of the so-called pleasures and pains  
of sense. The treatises I had read and the medicines I  
30 had taken only abandoned me to more hopeless suffering  
and despair. Adherence to hygiene was useless. Mortal  
mind needed to be set right. The ailment was not bodily,  
1 but mental, and I was cured when I learned my way in  
Christian Science.”

## SH 128:4–6, 11

The term Science, properly understood, refers only to  
the laws of God and to His government of the universe,  
6 inclusive of man.

### The human

12 mind, imbued with this spiritual understanding, becomes  
more elastic, is capable of greater endurance, escapes  
somewhat from itself, and requires less repose. A knowl-  
15 edge of the Science of being develops the latent abilities  
and possibilities of man. It extends the atmosphere of  
thought, giving mortals access to broader and higher  
18 realms. It raises the thinker into his native air of insight  
and perspicacity.

## SH 202:6

6 If men would bring to bear upon the study of the  
Science of Mind half the faith they bestow upon the so-  
called pains and pleasures of material sense,  
9 they would not go on from bad to worse,  
until disciplined by the prison and the scaffold; but

the whole human family would be redeemed through  
12 the merits of Christ, — through the perception and acceptance of Truth. For this glorious result Christian Science lights the torch of spiritual understanding.

### SH 637:14–19 (np)

#### SAVED FROM INSANITY AND SUICIDE

A few years ago, while under a sense of darkness and despair caused by ill health and an unhappy home, Science and Health was loaned me with a request that I should read it.

At that time my daughter was given up by *materia medica* to die of lingering consumption, supposed to have been inherited. My own condition seemed even more alarming, as insanity was being manifested, and rather than go to an insane asylum, it seemed to me the only thing to do was to commit suicide. Heart trouble, kidney complaint, and continual headaches caused from female trouble were some of the many ailments I had to contend with. My doctor tried to persuade me to undergo an operation as a means of relief, but I had submitted to a severe operation ten years previous, and found only additional suffering as a result, so I would not consent.

1 When I began with Science and Health, I read the chapter on “Prayer” first, and at that time did not suppose it possible for me to remember anything I read, but felt a sweet sense of God’s protection and power, and a hope that I should at last find Him to be what I so much needed, — a present help in time of trouble. Before that chapter on “Prayer” was finished, my daughter was downstairs eating three meals a day, and daily growing stronger. Before I had finished reading the textbook she was well, but never having heard that the

reading of Science and Health healed any one, it was several months before I gave God the glory.

One by one my many ailments left me, all but the headaches; they were less frequent, until at the end of three years the fear of them was entirely overcome.

Neither myself nor my daughter have ever received treatments, but the study of the Bible and Science and Health, the Christian Science textbook by Mrs. Eddy, has healed us and keeps us well.