

Wed Love your Enemies 2026 01 21

Love Your Enemies

Wednesday, January 21, 2026

Hymns

465

453

179

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Hymn Lyrics

465

Dear Shepherd, You are Love divine,
You meet my every need.
Where fields are green and waters still
I rest, I drink, I feed.

.

Your love restores my thirsty soul,
And leads me from the wild
To walk in ways of Truth and Life
As Your beloved child.

.

And even when the shade of death
Suggests that we can part,
No fear of evil enters here;
Your strength and guidance, ever near,
Bring comfort to my heart.

.

**Your goodness spreads before my eyes;
No enemy You know.
Your oil is poured upon my head;
My cup, it overflows.**

.

Your grace and mercy every day
Bring blessings from above.
I'm living in the house of God,
The consciousness of Love.
(Christian Science Hymnal, No. 465:1–5)

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453, see also Hymn 30

Hymn 30–32, 434, 435

LOVE

MARY BAKER EDDY

(30)

LOVE

WALTER E. YOUNG

(31)

VITA

EATON FANING

Music by permission of the executor
of the late Dr. Joseph Eaton Faning

(32)

GOTTLOB

JOHANN SEBASTIAN BACH, ALT.

Brood o'er us with Thy shelt'ring wing,
'Neath which our spirits blend
Like brother birds, that soar and sing,
And on the same branch bend.
The arrow that doth wound the dove
Darts not from those who watch and love.

If thou the bending reed wouldst break
By thought or word unkind,
Pray that his spirit you partake,
Who loved and healed mankind:
Seek holy thoughts and heavenly strain,
That make men one in love remain.

Learn, too, that wisdom's rod is given
For faith to kiss, and know;
That greetings glorious from high heaven,
Whence joys supernal flow,
Come from that Love, divinely near,
Which chastens pride and earth-born fear,

Through God, who gave that word of might
Which swelled creation's lay:
"Let there be light, and there was light."
What chased the clouds away?
'Twas Love whose finger traced aloud
A bow of promise on the cloud.

Thou to whose power our hope we give,
Free us from human strife.
Fed by Thy love divine we live,
For Love alone is Life;
And life most sweet, as heart to heart
Speaks kindly when we meet and part.

Hymn 179

Hymn 179

(179)

INTEGER VITAE

FRIEDRICH F. FLEMMING

Love one another,—word of revelation;
Love frees from error's thrall,—Love is liberation.
Love's way the Master trod;
He that loves shall walk with God.
Love is the royal way.

Love knows no evil, neither shade of sadness;
Love casts out every fear, lifts the heart to gladness.
Love heals our every ill,
All the law does love fulfill.
Love is our answered prayer.

Love now is dawning over every nation;
Showing true brotherhood, publishing salvation,
Love bids all discord cease.
Conquering hate, enthroning peace,
Love, Love alone is power.

The Bible

1. Matt. 5:43, 44

- 43 ¶ Ye have heard that it hath been said, Thou shalt love thy neighbour, and hate thine enemy.
- 44 But I say unto you, Love your enemies, bless them that curse you, do good to them that hate you, and pray for them which despitefully use you, and persecute you;

2. Gen. 50:17 1st Forgive (to :)

- 17 Forgive, I pray thee now, the trespass of thy brethren, and their sin; for they did unto thee evil:

3. Gen. 14:20 blessed (to 1st .)

- 20 blessed be the most high God, which hath delivered thine enemies into thy hand.

4. Gen. 37:3, 4, 11 (to :), 23-25 it

- 3 Now Israel loved Joseph more than all his children, because he *was* the son of his old age: and he made him a coat of *many* colours.
- 4 And when his brethren saw that their father loved him more than all his brethren, they hated him, and could not speak peaceably unto him.
- 11 And his brethren envied him;

- 23 it came to pass when Joseph was come unto his brethren, that they stripped Joseph out of his coat, *his* coat of *many* colours that *was* on him;
- 24 And they took him, and cast him into a pit: and the pit *was* empty, *there* *was* no water in it.
- 25 And they sat down to eat bread: and they lifted up their eyes and looked, and, behold, a company of Ishmeelites came from Gilead with their camels bearing spicery and balm and myrrh, going to carry *it* down to Egypt.

5. Gen. 39:1, 2 (to ;)

- 1 AND Joseph was brought down to Egypt; and Potiphar, an officer of Pharaoh, captain of the guard, an Egyptian, bought him of the hands of the Ishmeelites, which had brought him down thither.
- 2 And the LORD was with Joseph, and he was a prosperous man;

6. Gen. 41:25, 29-31, 39 Pharaoh, 40, 41 See, 47, 48 (to :), 54 2nd and, 57

- 25 ¶ And Joseph said unto Pharaoh, The dream of Pharaoh *is* one: God hath shewed Pharaoh what he *is* about to do.
- 29 Behold, there come seven years of great plenty throughout all the land of Egypt:
- 30 And there shall arise after them seven years of famine; and all the plenty shall be forgotten in the land of Egypt; and the famine shall consume the land;
- 31 And the plenty shall not be known in the land by reason of that famine following; for it *shall be* very grievous.
- 39 Pharaoh said unto Joseph, Forasmuch as God hath shewed thee all this, *there is* none so discreet and wise as thou *art*:
- 40 Thou shalt be over my house, and according unto thy word shall all my people be ruled: only in the throne will I be greater than thou.
- 41 See, I have set thee over all the land of Egypt.
- 47 And in the seven plenteous years the earth brought forth by handfuls.
- 48 And he gathered up all the food of the seven years, which were in the land of Egypt, and laid up the food in the cities:
- 54 and the dearth was in all lands; but in all the land of Egypt there was bread.
- 57 And all countries came into Egypt to Joseph for to buy *corn*; because that the famine was *so* sore in all lands.

7. Gen. 42:3, 6, 7 (to 2nd ,)

- 3 ¶ And Joseph's ten brethren went down to buy corn in Egypt.
- 6 And Joseph *was* the governor over the land, *and* he *it was* that sold to all the people of the land: and Joseph's brethren came, and bowed down

themselves before him *with* their faces to the earth.

7 And Joseph saw his brethren, and he knew them,

8. Gen 45:1, 2 (to :), 4, 5, 9 (to 1st :), 15

1 THEN Joseph could not refrain himself before all them that stood by him; and he cried, Cause every man to go out from me. And there stood no man with him, while Joseph made himself known unto his brethren.

2 And he wept aloud:

4 And Joseph said unto his brethren, Come near to me, I pray you. And they came near. And he said, I *am* Joseph your brother, whom ye sold into Egypt.

5 Now therefore be not grieved, nor angry with yourselves, that ye sold me hither: for God did send me before you to preserve life.

9 Haste ye, and go up to my father, and say unto him, Thus saith thy son Joseph, God hath made me lord of all Egypt:

15 Moreover he kissed all his brethren, and wept upon them: and after that his brethren talked with him.

9. Judg. 5:31 2nd let (to 1st .)

31 *let* them that love him *be* as the sun when he goeth forth in his might.

10. Luke 4:14

14 ¶ And Jesus returned in the power of the Spirit into Galilee: and there went out a fame of him through all the region round about.

11. Luke 6:17 he, 19, 20, 22, 23, 27-29 I, 32, 33, 35

17 he came down with them, and stood in the plain, and the company of his disciples, and a great multitude of people out of all Judæa and Jerusalem, and from the sea coast of Tyre and Sidon, which came to hear him, and to be healed of their diseases;

19 And the whole multitude sought to touch him: for there went virtue out of him, and healed *them* all.

20 ¶ And he lifted up his eyes on his disciples, and said, Blessed *be ye* poor: for yours is the kingdom of God.

22 Blessed are ye, when men shall hate you, and when they shall separate you *from their company*, and shall reproach *you*, and cast out your name as evil, for the Son of man's sake.

23 Rejoice ye in that day, and leap for joy: for, behold, your reward *is* great in heaven: for in the like manner did their fathers unto the prophets.

27 I say unto you which hear, Love your enemies, do good to them which hate you,

- 28 Bless them that curse you, and pray for them which despitefully use you.
- 29 And unto him that smiteth thee on the *one* cheek offer also the other; and him that taketh away thy cloak forbid not *to take thy* coat also.
- 32 For if ye love them which love you, what thank have ye? for sinners also love those that love them.
- 33 And if ye do good to them which do good to you, what thank have ye? for sinners also do even the same.
- 35 But love ye your enemies, and do good, and lend, hoping for nothing again; and your reward shall be great, and ye shall be the children of the Highest: for he is kind unto the unthankful and *to* the evil.

12. I John 4:18-21

- 18 There is no fear in love; but perfect love casteth out fear: because fear hath torment. He that feareth is not made perfect in love.
- 19 We love him, because he first loved us.
- 20 If a man say, I love God, and hateth his brother, he is a liar: for he that loveth not his brother whom he hath seen, how can he love God whom he hath not seen?
- 21 And this commandment have we from him, That he who loveth God love his brother also.

Science and Health with Key to the Scriptures by Mary Baker Eddy

1. SH 234:12-16

- We should love our enemies
and help them on the basis of the Golden
Rule; but avoid casting pearls before those who trample
15 them under foot, thereby robbing both themselves and
others.

2. SH 589:19 (only, to .), 19 2nd a

- JOSEPH.**a higher sense of Truth
rebuking mortal belief, or error, and showing the immor-
21 tality and supremacy of Truth; pure affection blessing
its enemies.

3. SH 266:13

- Friends will betray and enemies will slander, until the
lesson is sufficient to exalt you; for “man’s extremity
15 is God’s opportunity.” The author has experienced the
foregoing prophecy and its blessings. Thus He teaches
mortals to lay down their fleshliness and gain spirituality.
- 18 This is done through self-abnegation. Universal Love
is the divine way in Christian Science.

4. SH 20:14

Jesus bore our infirmities; he knew the error of mortal
15 belief, and “with his stripes [the rejection of error] we are
healed.” “Despised and rejected of men,”
returning blessing for cursing, he taught mor-
18 tals the opposite of themselves, even the nature of God;
and when error felt the power of Truth, the scourge and
the cross awaited the great Teacher. Yet he swerved not,
21 well knowing that to obey the divine order and trust God,
saves retracing and traversing anew the path from sin to
holiness.

Perfect example

5. SH 30:14, 26-32

Rabbi and priest taught the Mosaic law, which said:
15 “An eye for an eye,” and “Whoso sheddeth man’s blood,
by man shall his blood be shed.” Not so did Jesus, the
new executor for God, present the divine law of Love,
18 which blesses even those that curse it.

If we have triumphed sufficiently over the errors of
27 material sense to allow Soul to hold the control, we
shall loathe sin and rebuke it under every mask. Only
in this way can we bless our enemies, though they
30 may not so construe our words. We cannot choose for
ourselves, but must work out our salvation in the way
Jesus taught.

6. SH 44:9-10

9 He proved Life to be deathless and Love to be the mas-
ter of hate.

7. SH 33:18

18 When the human element in him struggled with the
divine, our great Teacher said: “Not my will, but
Thine, be done!” — that is, Let not the flesh,
21 but the Spirit, be represented in me. This
is the new understanding of spiritual Love. It gives all
for Christ, or Truth. It blesses its enemies, heals the
24 sick, casts out error, raises the dead from trespasses
and sins, and preaches the gospel to the poor, the meek
in heart.

The holy
struggle

8. SH 43:21-32

30 Jesus rose higher in demonstration because of the cup
of bitterness he drank. Human law had condemned
him, but he was demonstrating divine Science.
24 Out of reach of the barbarity of his enemies,
he was acting under spiritual law in defiance of mat-

Divine victory

ter and mortality, and that spiritual law sustained him. The divine must overcome the human at every point. The Science Jesus taught and lived must triumph over all material beliefs about life, substance, and intelligence, and the multitudinous errors growing from such beliefs.

Love must triumph over hate.

9. SH 317:6

6 Whosoever lives most the life of Jesus in this age
and declares best the power of Christian Science, will
drink of his Master's cup. Resistance to
9 Truth will haunt his steps, and he will incur the hatred of sinners, till "wisdom is justified of her children." These blessed benedictions rest upon
12 Jesus' followers: "If the world hate you, ye know that it hated me before it hated you;" "Lo, I am with you
always," — that is, not only in all time, but in *all ways*
15 and conditions.

The cup of Jesus

10. SH 45:6-13

6 Our Master fully and finally demonstrated divine Science in his victory over death and the grave. Jesus' deed was for the enlightenment of men and
9 for the salvation of the whole world from sin, sickness, and death. Paul writes: "For if, when we were enemies, we were reconciled to God by the [seeming] death
12 of His Son, much more, being reconciled, we shall be saved by his life."

Victory over
the grave

11. SH 48:17

Judas had the world's weapons. Jesus had not one
18 of them, and chose not the world's means of defence. "He opened not his mouth." The great demonstrator of Truth and Love was silent before
21 envy and hate. Peter would have smitten the enemies of his Master, but Jesus forbade him, thus rebuking resentment or animal courage. He said: "Put up thy
24 sword."

Defensive
weapons

12. SH 464:21-24

21 In founding a pathological system of Christianity, the author has labored to expound divine Principle, and not to exalt personality. The weapons of bigotry,
24 ignorance, envy, fall before an honest heart.

The right motive
and its reward

13. SH 366:12-19

12 The physician who lacks sympathy for his fellow-
being is deficient in human affection, and we have the
apostolic warrant for asking: "He that loveth
15 not his brother whom he hath seen, how can
he love God whom he hath not seen?" Not having this
spiritual affection, the physician lacks faith in the divine
18 Mind and has not that recognition of infinite Love which
alone confers the healing power.

14. SH 449:24-28

Cer-
tain minds meet only to separate through simultaneous
repulsion. They are enemies without the preliminary
27 offence. The impure are at peace with the impure.
Only virtue is a rebuke to vice.

15. SH 9:11

If selfishness has given place to kindness,
12 we shall regard our neighbor unselfishly, and bless
them that curse us; but we shall never meet this great
duty simply by asking that it may be done. There is
15 a cross to be taken up before we can enjoy the fruition
of our hope and faith.

16. SH 578:13-14 (to :)

[LOVE] prepareth a table before me in the presence of
mine enemies:

17. SH 264:24-27

Spiritual living
and blessedness are the only evidences, by which we can
recognize true existence and feel the unspeakable peace
27 which comes from an all-absorbing spiritual love.