

Joyful Living

October 15 2025



Hymn. 417:1–3

Joy to the world, the Lord is come,
Let earth receive her King;
Let every heart prepare him room,
And heaven and nature sing.

No more let sin and sorrow grow,
Nor thorns infest the ground;
Where'er he comes, his blessings flow,
And hope and joy abound.

He rules the world with truth and grace,
And makes the nations prove
The glories of his righteousness
And wonders of his love.

Words: ISAAC WATTS, ADAPTED

Music: G. F. Häendel, arr. by Lowell Mason

Hymn. 384:1–3

When God is seen with men to dwell,
And all creation makes anew,
What tongue can half the wonders tell,
What eye the dazzling glories view?

Celestial streams shall gently flow,
The wilderness shall joyful be;
On parched ground shall lilies grow
And gladness spring on every tree;

The weak be strong, the fearful bold,
The deaf shall hear, the dumb shall sing,
The lame shall walk, the blind behold,
And joy through all the earth shall ring.

Words: HOSEA BALLOU, ADAPTED

Music: Francois H. Barthélémon

Hymn. 64:1–3

From sense to Soul my pathway lies before me,
From mist and shadow into Truth's clear day;
The dawn of all things real is breaking o'er me,
My heart is singing: I have found the way.

I reach Mind's open door, and at its portal
I know that where I stand is holy ground;
I feel the calm and joy of things immortal,
The loveliness of Love is all around.

The way leads upward and its goal draws nearer,
Thought soars enraptured, fetterless and free;
The vision infinite to me grows clearer,
I touch the fringes of eternity.

Words: VIOLET HAY

Music: George Dyson

Ps. 16:11

- 11 Thou wilt shew me the path of life: in thy presence *is* fulness of joy; at thy right hand *there are* pleasures for evermore.

Luke 1:26–36 (to :), 37–39 (to 2nd), 40–44, 46, 47

- 26 And in the sixth month the angel Gabriel was sent from God unto a city of Galilee, named Nazareth,
27 To a virgin espoused to a man whose name was Joseph, of the house of David; and the virgin's name *was* Mary.

28 And the angel came in unto her, and said, Hail, *thou that art* highly favoured,
the Lord *is* with thee: blessed *art* thou among women.

29 And when she saw *him*, she was troubled at his saying, and cast in her mind
what manner of salutation this should be.

30 And the angel said unto her, Fear not, Mary: for thou hast found favour with
God.

31 And, behold, thou shalt conceive in thy womb, and bring forth a son, and shalt
call his name JESUS.

32 He shall be great, and shall be called the Son of the Highest: and the Lord God
shall give unto him the throne of his father David:

33 And he shall reign over the house of Jacob for ever; and of his kingdom there
shall be no end.

34 Then said Mary unto the angel, How shall this be, seeing I know not a man?

35 And the angel answered and said unto her, The Holy Ghost shall come upon
thee, and the power of the Highest shall overshadow thee: therefore also that
holy thing which shall be born of thee shall be called the Son of God.

36 And, behold, thy cousin Elisabeth, she hath also conceived a son in her old
age: ...

37 For with God nothing shall be impossible.

38 And Mary said, Behold the handmaid of the Lord; be it unto me according to
thy word. And the angel departed from her.

39 And Mary arose in those days, and went into the hill country with haste, ...

40 And entered into the house of Zacharias, and saluted Elisabeth.

41 And it came to pass, that, when Elisabeth heard the salutation of Mary, the
babe leaped in her womb; and Elisabeth was filled with the Holy Ghost:

42 And she spake out with a loud voice, and said, Blessed *art* thou among
women, and blessed *is* the fruit of thy womb.

43 And whence *is* this to me, that the mother of my Lord should come to me?

44 For, lo, as soon as the voice of thy salutation sounded in mine ears, the babe
leaped in my womb for joy.

46 And Mary said, My soul doth magnify the Lord,

47 And my spirit hath rejoiced in God my Saviour.

Ps. 5:11

- 11 But let all those that put their trust in thee rejoice: let them ever shout for joy, because thou defendest them: let them also that love thy name be joyful in thee.

SH 249:8–10

Let us re-

Renewed
selfhood

- 9 rejoice that we are subject to the divine “powers that be.”
Such is the true Science of being.

SH 323:32

- Willingness to become as a little child and
1 to leave the old for the new, renders thought receptive of
the advanced idea. Gladness to leave the false landmarks
3 and joy to see them disappear, — this disposition helps
to precipitate the ultimate harmony. The purification
of sense and self is a proof of progress. “Blessed are the
6 pure in heart: for they shall see God.”

SH 15:25

- Christians rejoice in secret beauty and bounty, hidden
from the world, but known to God. Self-forgetfulness,
27 purity, and affection are constant prayers.
Practice not profession, understanding not
belief, gain the ear and right hand of omnipotence and
30 they assuredly call down infinite blessings. Trustworthi-
ness is the foundation of enlightened faith. Without a
fitness for holiness, we cannot receive holiness.

Trustworthy
beneficence

Ps. 126:6

- 6 He that goeth forth and weepeth, bearing precious seed, shall doubtless come again with rejoicing, bringing his sheaves *with him*.

Matt. 13:1–8

- 1 The same day went Jesus out of the house, and sat by the sea side.
- 2 And great multitudes were gathered together unto him, so that he went into a ship, and sat; and the whole multitude stood on the shore.
- 3 And he spake many things unto them in parables, saying, Behold, a sower went forth to sow;
- 4 And when he sowed, some *seeds* fell by the way side, and the fowls came and devoured them up:
- 5 Some fell upon stony places, where they had not much earth: and forthwith they sprung up, because they had no deepness of earth:
- 6 And when the sun was up, they were scorched; and because they had no root, they withered away.
- 7 And some fell among thorns; and the thorns sprung up, and choked them:
- 8 But other fell into good ground, and brought forth fruit, some an hundredfold, some sixtyfold, some thirtyfold.

Gal. 5:22 the, 23

- 22 ... the fruit of the Spirit is love, joy, peace, longsuffering, gentleness, goodness, faith,
- 23 Meekness, temperance: against such there is no law.

Ps. 30:2, 5 weeping

- 2 O LORD my God, I cried unto thee, and thou hast healed me.
- 5 ... weeping may endure for a night, but joy *cometh* in the morning.

SH 591:23

- MORNING.** Light; symbol of Truth; revelation and
- 24 progress.

SH 548:12–13

- 12 Earth has little light or joy for mortals before
Life is spiritually learned.

The clouds
dissolving

SH 495:25–31; 496:5–14

Question. — How can I progress most rapidly in the understanding of Christian Science?

27 *Answer.* — Study thoroughly the letter and imbibe
the spirit. Adhere to the divine Principle of Chris-
tian Science and follow the behests of God,
30 abiding steadfastly in wisdom, Truth, and
Love.

Rudiments
and growth

You will learn

6 that in Christian Science the first duty is to obey
God, to have one Mind, and to love another as
yourself.

9 We all must learn that Life is God. Ask yourself:
Am I living the life that approaches the supreme good?
Am I demonstrating the healing power of
12 Truth and Love? If so, then the way will
grow brighter “unto the perfect day.” Your fruits
will prove what the understanding of God brings to man.

Condition
of progress

SH 304:9

9 This is the doctrine of Christian
Science: that divine Love cannot be deprived of its
manifestation, or object; that joy cannot be turned into
12 sorrow, for sorrow is not the master of joy; that good can
never produce evil; that matter can never produce mind
nor life result in death. The perfect man — governed
15 by God, his perfect Principle — is sinless and eternal.

SH 536:24

24 Mortal mind accepts the erroneous, material concep-
tion of life and joy, but the true idea is gained from the
immortal side. Through toil, struggle, and sor-
27 row, what do mortals attain? They give up

True
attainment

their belief in perishable life and happiness; the mortal and material return to dust, and the immortal is reached.

SH 232:4

The beliefs we commonly entertain about happiness and life afford no scatheless and permanent evidence of either. Security for the claims of harmonious and eternal being is found only in divine Science.

Denials of
divine power

SH 21:9

9 If the disciple is advancing spiritually, he is striving to enter in. He constantly turns away from material sense, and looks towards the imperishable things
12 of Spirit. If honest, he will be in earnest from the start, and gain a little each day in the right direction, till at last he finishes his course with joy.

Matt. 13:44

44 ¶ Again, the kingdom of heaven is like unto treasure hid in a field; the which when a man hath found, he hideth, and for joy thereof goeth and selleth all that he hath, and buyeth that field.

Prov. 3:13, 15

13 ¶ Happy *is* the man *that* findeth wisdom, and the man *that* getteth understanding.
15 She *is* more precious than rubies: and all the things thou canst desire are not to be compared unto her.

SH 265:23–2

Who that has felt the loss of human peace has not gained
24 stronger desires for spiritual joy? The aspiration after heavenly good comes even before we discover what belongs to wisdom and Love. The loss
27 of earthly hopes and pleasures brightens the ascending path of many a heart. The pains of sense quickly inform

Blessings
from pain

us that the pleasures of sense are mortal and that joy is
30 spiritual.

The pains of sense are salutary, if they wrench away
false pleasurable beliefs and transplant the affections
1 from sense to Soul, where the creations of God are good,
“rejoicing the heart.”

SH 262:17–23

Job said: “I have heard of Thee by the hearing of the
18 ear: but now mine eye seeth Thee.” Mortals will echo
Job’s thought, when the supposed pain and
pleasure of matter cease to predominate. They
21 will then drop the false estimate of life and happiness, of
joy and sorrow, and attain the bliss of loving unselfishly,
working patiently, and conquering all that is unlike God.

The true
sense

Ps. 66:1, 2 (to :), 19 verily, 20

1 Make a joyful noise unto God, all ye lands:
2 Sing forth the honour of his name: ...
19 ... verily God hath heard *me*; he hath attended to the voice of my prayer.
20 Blessed *be* God, which hath not turned away my prayer, nor his mercy from
me.

Ps. 51:8 (to ;), 12

8 Make me to hear joy and gladness; ...
12 Restore unto me the joy of thy salvation; and uphold me *with thy* free spirit.

Acts 3:1–8

1 Now Peter and John went up together into the temple at the hour of prayer,
being the ninth hour.
2 And a certain man lame from his mother’s womb was carried, whom they laid
daily at the gate of the temple which is called Beautiful, to ask alms of them
that entered into the temple;
3 Who seeing Peter and John about to go into the temple asked an alms.
4 And Peter, fastening his eyes upon him with John, said, Look on us.

- 5 And he gave heed unto them, expecting to receive something of them.
- 6 Then Peter said, Silver and gold have I none; but such as I have give I thee: In the name of Jesus Christ of Nazareth rise up and walk.
- 7 And he took him by the right hand, and lifted *him* up: and immediately his feet and ankle bones received strength.
- 8 And he leaping up stood, and walked, and entered with them into the temple, walking, and leaping, and praising God.

SH 298:19–20

When the real is attained, which is announced by Science,
joy is no longer a trembler, nor is hope a cheat.

SH 125:12–16

- 12 As human thought changes from one stage to another of conscious pain and painlessness, sorrow and joy, — from fear to hope and from faith to understanding, — the visible manifestation will at last be man governed by Soul, not by material sense.

SH 76:22–29

- The sinless joy, — the perfect harmony and immortality of Life, possessing unlimited divine beauty and goodness
- 24 without a single bodily pleasure or pain, — constitutes the only veritable, indestructible man, whose being is spiritual. This state of existence
- 27 is scientific and intact, — a perfection discernible only by those who have the final understanding of Christ in divine Science.

Immaterial
pleasure

SH 481:2–4

- Man is tributary to God, Spirit, and to nothing
- 3 else. God's being is infinity, freedom, harmony, and boundless bliss.

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