

# Let Go, Trust God

August 27 2025

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## **Hymn. 519:1–4**

Lean on the sustaining infinite  
And blessings will be yours.  
Lean not on person, place, or thing,  
Or economic laws;  
But lean upon all-blessing God  
Who will all needs supply  
And give to all abundant good  
That money cannot buy.

Let the healing reign of Truth and Life,  
The reign of Love divine,  
Be now established within me  
To show Soul's clear design  
Of Oneness, indivisible—  
Of God and me as one—  
As water is to ocean wave,  
As sunbeam is to sun.

Love with a heart of tenderness  
Your enemies and friends;  
However hard this may appear,  
This quality just mends.  
For Love is God in action true,  
A presence that is felt;  
A healing and a saving power  
That will all discord melt.

So lean, and let, and love;

This is the balanced Way.  
It's free from self-will, pressure, stress;  
It welcomes in God's day.  
The leaning is so gentle;  
The letting is so free.  
And loving is the only way  
To think, and speak, and be.

Words: JILL GOODING, ALT.  
Music: Andrew D. Brewis

**Hymn. 359:1–3**

Trust the Eternal when the shadows gather,  
When joys of daylight seem so like a dream;  
God the unchanging pities like a father;  
Trust on and wait, the daystar yet shall gleam.

Trust the Eternal, for the clouds that vanish  
No more can move the mountains from their base  
Than sin's illusive wreaths of mist can banish  
Light from His throne or loving from His face.

Trust the Eternal, and repent in meekness  
Of that heart's pride which frowns and will not  
yield,  
Then to thy child-heart shall come strength in weakness,  
And thine immortal life shall be revealed.

Words: WILLIAM P. MCKENZIE  
Music: Franz Abt

**Hymn. 427:1–3**

I walk with Love along the way,  
And O, it is a holy day;  
No more I suffer cruel fear,

I feel God's presence with me here;  
The joy that none can take away  
Is mine; I walk with Love today.

Who walks with Love along the way,  
Shall talk with Love and Love obey;  
God's healing truth is free to all,  
Our Father answers every call;  
'Tis He dispels the clouds of gray  
That all may walk with Love today.

Come, walk with Love along the way,  
Let childlike trust be yours today;  
Uplift your thought, with courage go,  
Give of your heart's rich overflow,  
And peace shall crown your joy-filled day.  
Come, walk with Love along the way.

Words: MINNY M. H. AYERS

Music: John Stainer

**Ps. 37:3 (to ;), 7 (to :)**

- 3 Trust in the LORD, and do good; ...
- 7 Rest in the LORD, and wait patiently for him: ...

**II Kings 5:1–5 (to 1st .), 6–14**

- 1 Now Naaman, captain of the host of the king of Syria, was a great man with his master, and honourable, because by him the LORD had given deliverance unto Syria: he was also a mighty man in valour, *but he was* a leper.
- 2 And the Syrians had gone out by companies, and had brought away captive out of the land of Israel a little maid; and she waited on Naaman's wife.
- 3 And she said unto her mistress, Would God my lord *were* with the prophet that *is* in Samaria! for he would recover him of his leprosy.
- 4 And *one* went in, and told his lord, saying, Thus and thus said the maid that *is* of the land of Israel.

- 5 And the king of Syria said, Go to, go, and I will send a letter unto the king of Israel. ...
- 6 And he brought the letter to the king of Israel, saying, Now when this letter is come unto thee, behold, I have *therewith* sent Naaman my servant to thee, that thou mayest recover him of his leprosy.
- 7 And it came to pass, when the king of Israel had read the letter, that he rent his clothes, and said, *Am* I God, to kill and to make alive, that this man doth send unto me to recover a man of his leprosy? wherefore consider, I pray you, and see how he seeketh a quarrel against me.
- 8 ¶ And it was so, when Elisha the man of God had heard that the king of Israel had rent his clothes, that he sent to the king, saying, Wherefore hast thou rent thy clothes? let him come now to me, and he shall know that there is a prophet in Israel.
- 9 So Naaman came with his horses and with his chariot, and stood at the door of the house of Elisha.
- 10 And Elisha sent a messenger unto him, saying, Go and wash in Jordan seven times, and thy flesh shall come again to thee, and thou shalt be clean.
- 11 But Naaman was wroth, and went away, and said, Behold, I thought, He will surely come out to me, and stand, and call on the name of the LORD his God, and strike his hand over the place, and recover the leper.
- 12 *Are* not Abana and Pharpar, rivers of Damascus, better than all the waters of Israel? may I not wash in them, and be clean? So he turned and went away in a rage.
- 13 And his servants came near, and spake unto him, and said, My father, *if* the prophet had bid thee *do some* great thing, wouldest thou not have done *it*? how much rather then, when he saith to thee, Wash, and be clean?
- 14 Then went he down, and dipped himself seven times in Jordan, according to the saying of the man of God: and his flesh came again like unto the flesh of a little child, and he was clean.

#### **Ps. 56:4**

- 4 In God I will praise his word, in God I have put my trust; I will not fear what flesh can do unto me.

**Ps. 25:2, 4, 5**

- 2 O my God, I trust in thee: let me not be ashamed, let not mine enemies triumph over me.
- 4 Shew me thy ways, O LORD; teach me thy paths.
- 5 Lead me in thy truth, and teach me: for thou *art* the God of my salvation; on thee do I wait all the day.

**Ps. 91:2–4 (to :), 9–11**

- 2 I will say of the LORD, *He is* my refuge and my fortress: my God; in him will I trust.
- 3 Surely he shall deliver thee from the snare of the fowler, *and* from the noisome pestilence.
- 4 He shall cover thee with his feathers, and under his wings shalt thou trust: ...
- 9 Because thou hast made the LORD, *which is* my refuge, *even* the most High, thy habitation;
- 10 There shall no evil befall thee, neither shall any plague come nigh thy dwelling.
- 11 For he shall give his angels charge over thee, to keep thee in all thy ways.

**Mark 6:34**

- 34 And Jesus, when he came out, saw much people, and was moved with compassion toward them, because they were as sheep not having a shepherd: and he began to teach them many things.

**Mark 10:13–15, 17–23 (to 2nd ), 24 Children, 26, 27**

- 13 ¶ And they brought young children to him, that he should touch them: and *his* disciples rebuked those that brought *them*.
- 14 But when Jesus saw *it*, he was much displeased, and said unto them, Suffer the little children to come unto me, and forbid them not: for of such is the kingdom of God.
- 15 Verily I say unto you, Whosoever shall not receive the kingdom of God as a little child, he shall not enter therein.
- 17 ¶ And when he was gone forth into the way, there came one running, and kneeled to him, and asked him, Good Master, what shall I do that I may inherit

eternal life?

18 And Jesus said unto him, Why callest thou me good? *there is none good but one, that is, God.*

19 Thou knowest the commandments, Do not commit adultery, Do not kill, Do not steal, Do not bear false witness, Defraud not, Honour thy father and mother.

20 And he answered and said unto him, Master, all these have I observed from my youth.

21 Then Jesus beholding him loved him, and said unto him, One thing thou lackest: go thy way, sell whatsoever thou hast, and give to the poor, and thou shalt have treasure in heaven: and come, take up the cross, and follow me.

22 And he was sad at that saying, and went away grieved: for he had great possessions.

23 ¶ And Jesus looked round about, and saith unto his disciples, ...

24 ... Children, how hard is it for them that trust in riches to enter into the kingdom of God!

26 And they were astonished out of measure, saying among themselves, Who then can be saved?

27 And Jesus looking upon them saith, With men *it is* impossible, but not with God: for with God all things are possible.

#### **Matt. 17:24–27**

24 ¶ And when they were come to Capernaum, they that received tribute *money* came to Peter, and said, Doth not your master pay tribute?

25 He saith, Yes. And when he was come into the house, Jesus prevented him, saying, What thinkest thou, Simon? of whom do the kings of the earth take custom or tribute? of their own children, or of strangers?

26 Peter saith unto him, Of strangers. Jesus saith unto him, Then are the children free.

27 Notwithstanding, lest we should offend them, go thou to the sea, and cast an hook, and take up the fish that first cometh up; and when thou hast opened his mouth, thou shalt find a piece of money: that take, and give unto them for me and thee.

**Prov. 3:5, 6**

- 5 ¶ Trust in the LORD with all thine heart; and lean not unto thine own understanding.  
6 In all thy ways acknowledge him, and he shall direct thy paths.

**Ps. 52:8 I**

- 8 ... I *am* like a green olive tree in the house of God: I trust in the mercy of God for ever and ever.

**SH 444:10**

Refuge and  
strength

- Step by  
step will those who trust Him find that “God is our refuge  
12 and strength, a very present help in trouble.”

**SH 234:3**

- 3 If we trust matter, we distrust Spirit.

**SH 326:8–14**

- All nature teaches God’s  
9 love to man, but man cannot love God supremely and set  
his whole affections on spiritual things, while loving the  
material or trusting in it more than in the spiritual.  
12 We must forsake the foundation of material systems,  
however time-honored, if we would gain the Christ as  
our only Saviour.

**SH 428:8**

- To divest  
9 thought of false trusts and material evidences in order  
that the spiritual facts of being may appear, — this is  
the great attainment by means of which we shall sweep  
12 away the false and give place to the true. Thus we may  
establish in truth the temple, or body, “whose builder  
and maker is God.”

## SH 62:22

The divine Mind, which forms the  
bud and blossom, will care for the human  
24 body, even as it clothes the lily; but let no mortal inter-  
fere with God's government by thrusting in the laws of  
erring, human concepts.

The Mind  
creative

## SH 206:4–6, 10

The power of the human will should be exercised only  
in subordination to Truth; else it will misguide the judg-  
6 ment and free the lower propensities.

Will-power is capable of all evil. It can never heal  
the sick, for it is the prayer of the unrighteous; while  
12 the exercise of the sentiments — hope, faith, love — is the  
prayer of the righteous. This prayer, governed by Science  
instead of the senses, heals the sick.

## SH 1:6

6 Prayer, watching, and working, combined with self-im-  
molation, are God's gracious means for accomplishing  
whatever has been successfully done for the Christian-  
9 ization and health of mankind.

## SH 495:14

When the illusion of sickness or sin tempts you, cling  
15 steadfastly to God and His idea. Allow nothing but His  
likeness to abide in your thought. Let neither  
fear nor doubt overshadow your clear sense and  
18 calm trust, that the recognition of life harmonious — as  
Life eternally is — can destroy any painful sense of, or  
belief in, that which Life is not. Let Christian Science,  
21 instead of corporeal sense, support your understanding of  
being, and this understanding will supplant error with

Steadfast and  
calm trust



Truth, replace mortality with immortality, and silence dis-  
24 cord with harmony.

### **SH 191:16–17, 19**

The human thought must free itself from self-imposed  
materiality and bondage.

Mind is not helpless. Intelli-  
gence is not mute before non-intelligence.

### **SH 1:10**

Thoughts unspoken are not unknown to the divine  
Mind. Desire is prayer; and no loss can occur from  
12 trusting God with our desires, that they may be  
moulded and exalted before they take form in words  
and in deeds.

### **SH 90:24–25**

24 The admission to one's self that man is God's own like-  
ness sets man free to master the infinite idea.

### **SH 249:1**

1 Let us accept Science, relinquish all theories based on  
sense-testimony, give up imperfect models and illusive  
3 ideals; and so let us have one God, one Mind, and that  
one perfect, producing His own models of excellence.

### **SH 487:27**

27 The understanding that Life is God, Spirit, lengthens  
our days by strengthening our trust in the deathless  
reality of Life, its almightiness and immortality.

### **SH 226:25**

The lame, the deaf, the dumb, the blind, the sick, the  
sensual, the sinner, I wished to save from the slavery of  
27 their own beliefs and from the educational

systems of the Pharaohs, who to-day, as of  
yore, hold the children of Israel in bondage. I saw be-  
30 fore me the awful conflict, the Red Sea and the wilder-  
ness; but I pressed on through faith in God, trusting  
Truth, the strong deliverer, to guide me into the land  
1 of Christian Science, where fetters fall and the rights of  
man are fully known and acknowledged.

**SH 255:1–6, 12–14; 256:1–2**

1 **E**TERNAL Truth is changing the universe. As mor-  
tals drop off their mental swaddling-clothes, thought  
3 expands into expression. “Let there be light,”  
is the perpetual demand of Truth and Love,  
changing chaos into order and discord into the  
6 music of the spheres.

Inadequate  
theories of  
creation

12 In league  
with material sense, mortals take limited views  
of all things.

Finite views  
of Deity

1 Progress takes off human shackles. The finite must  
yield to the infinite.

**SH 227:15–16 (to 2nd .), 18, 24**

15 Slavery is not the legiti-  
mate state of man. God made man free.

18 “Where the Spirit of the Lord is, there is lib-  
erty.” Love and Truth make free, but evil and error  
lead into captivity.

24 Citizens of the world, accept the “glori-  
ous liberty of the children of God,” and be free! This  
is your divine right. The illusion of material sense, not

Standard  
of liberty

27 divine law, has bound you, entangled your free limbs,  
crippled your capacities, enfeebled your body, and de-  
faced the tablet of your being.

### SH 224:28

Truth brings the elements of liberty. On its banner  
is the Soul-inspired motto, "Slavery is abolished." The  
30 power of God brings deliverance to the cap-  
tive. No power can withstand divine Love.  
What is this supposed power, which opposes itself to God?  
1 Whence cometh it? What is it that binds man with iron  
shackles to sin, sickness, and death? Whatever enslaves  
3 man is opposed to the divine government. Truth makes  
man free.

Mental  
emancipation

### SH 355:9

9 As for sin and disease, Christian Science says, in the  
language of the Master, "Follow me; and let the dead  
bury their dead." Let discord of every name and nature  
12 be heard no more, and let the harmonious and true sense  
of Life and being take possession of human consciousness.

### SH 299:7

My angels are exalted thoughts, appearing at the door  
of some sepulchre, in which human belief has buried  
9 its fondest earthly hopes. With white fin-  
gers they point upward to a new and glo-  
rified trust, to higher ideals of life and its joys. Angels  
12 are God's representatives. These upward-soaring beings  
never lead towards self, sin, or materiality, but guide to  
the divine Principle of all good, whither every real indi-  
15 viduality, image, or likeness of God, gathers. By giving  
earnest heed to these spiritual guides they tarry with us,  
and we entertain "angels unawares."

Our angelic  
messengers

**SH 494:10–11**

Divine Love always has met and always will meet every  
human need.

**SH 658:16; 659:6–8**

A TESTIMONY FROM IRELAND

I began to read Science and  
Health, and shall never forget my joy at finding that  
I could love and trust God.

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