

Safe in God's protecting power

June 07 2025



Hymn. 216:1, 2

O he who trusts in God's protection
And hopes in Him when fears alarm,
Is sheltered by His loving-kindness,
Delivered by His mighty arm;
If ye God's law can understand,
Ye have not builded on the sand.

O wait on Him with veneration,
Be silent in humility;
He leads you after His own counsel,
His will is done and still shall be;
All good for you His wisdom planned;
O trust in God and understand.

Words: FROM THE GERMAN OF GEORG NEUMARK
Music: Georg Neumark

Hymn. 599:1

Whither shall I go from Thy spirit?
Or whither shall I flee from Thy presence?
If I ascend up into heaven, Thou art there.
If I make my bed in hell, Thou art there.
If I take the wings of the morning and dwell in the
uttermost parts of the sea,
Even there shall Thy hand lead me and Thy right
hand shall hold me.

Words: PSALMS 139: 7-10; DESC. PSALMS 46:10 AND SCRIPTURAL PARA.
Music: Mark Shepherd; desc. anon.; transcr. and arr. CSPS

Hymn. 552

O'er waiting harpstrings of the mind
There sweeps a strain,
Low, sad, and sweet, whose measures bind
The power of pain,

And wake a white-winged angel throng
Of thoughts, illumed
By faith, and breathed in raptured song,
With love perfumed.

Then His unveiled, sweet mercies show
Life's burdens light.
I kiss the cross, and wake to know
A world more bright.

And o'er earth's troubled, angry sea
I see Christ walk,
And come to me, and tenderly,
Divinely talk.

Thus Truth engrounds me on the rock,
Upon Life's shore,
'Gainst which the winds and waves can shock,
Oh, nevermore!

From tired joy and grief afar,
And nearer Thee,—
Father, where Thine own children are,
I love to be.

My prayer, some daily good to do
To Thine, for Thee;
An offering pure of Love, whereto

God leadeth me.

Words: MARY BAKER EDDY

Music: Peter B. Allen

Ps. 140:4, 6

- 4 Keep me, O LORD, from the hands of the wicked; preserve me from the violent man; who have purposed to overthrow my goings.
- 6 I said unto the LORD, Thou *art* my God: hear the voice of my supplications, O LORD.

Ps. 91:1–11

- 1 He that dwelleth in the secret place of the most High shall abide under the shadow of the Almighty.
- 2 I will say of the LORD, *He is* my refuge and my fortress: my God; in him will I trust.
- 3 Surely he shall deliver thee from the snare of the fowler, *and* from the noisome pestilence.
- 4 He shall cover thee with his feathers, and under his wings shalt thou trust: his truth *shall be thy* shield and buckler.
- 5 Thou shalt not be afraid for the terror by night; *nor* for the arrow *that* flieth by day;
- 6 *Nor* for the pestilence *that* walketh in darkness; *nor* for the destruction *that* wasteth at noonday.
- 7 A thousand shall fall at thy side, and ten thousand at thy right hand; *but* it shall not come nigh thee.
- 8 Only with thine eyes shalt thou behold and see the reward of the wicked.
- 9 Because thou hast made the LORD, *which is* my refuge, *even* the most High, thy habitation;
- 10 There shall no evil befall thee, neither shall any plague come nigh thy dwelling.
- 11 For he shall give his angels charge over thee, to keep thee in all thy ways.

Ps. 46:1, 10 (to :)

- 1 God is our refuge and strength, a very present help in trouble.
- 10 Be still, and know that I *am* God: ...

II Kings 6:8–17 the

- 8 ... the king of Syria warred against Israel, and took counsel with his servants, saying, In such and such a place *shall be* my camp.
- 9 And the man of God sent unto the king of Israel, saying, Beware that thou pass not such a place; for thither the Syrians are come down.
- 10 And the king of Israel sent to the place which the man of God told him and warned him of, and saved himself there, not once nor twice.
- 11 Therefore the heart of the king of Syria was sore troubled for this thing; and he called his servants, and said unto them, Will ye not shew me which of us *is* for the king of Israel?
- 12 And one of his servants said, None, my lord, O king: but Elisha, the prophet that *is* in Israel, telleth the king of Israel the words that thou speakest in thy bedchamber.
- 13 ¶ And he said, Go and spy where he *is*, that I may send and fetch him. And it was told him, saying, Behold, *he is* in Dothan.
- 14 Therefore sent he thither horses, and chariots, and a great host: and they came by night, and compassed the city about.
- 15 And when the servant of the man of God was risen early, and gone forth, behold, an host compassed the city both with horses and chariots. And his servant said unto him, Alas, my master! how shall we do?
- 16 And he answered, Fear not: for they that *be* with us *are* more than they that *be* with them.
- 17 And Elisha prayed, and said, LORD, I pray thee, open his eyes, that he may see. And the LORD opened the eyes of the young man; and he saw: and, behold, the mountain *was* full of horses and chariots of fire round about Elisha.

II Kings 2:15 3rd The (to 1st .)

- 15 ... The spirit of Elijah doth rest on Elisha. ...

Ps. 9:9, 10

- 9 The LORD also will be a refuge for the oppressed, a refuge in times of trouble.
- 10 And they that know thy name will put their trust in thee: for thou, LORD, hast not forsaken them that seek thee.

Ps. 139:7–11, 14

- 7 Whither shall I go from thy spirit? or whither shall I flee from thy presence?
- 8 If I ascend up into heaven, thou *art* there: if I make my bed in hell, behold, thou *art there*.
- 9 *If* I take the wings of the morning, *and* dwell in the uttermost parts of the sea;
- 10 Even there shall thy hand lead me, and thy right hand shall hold me.
- 11 If I say, Surely the darkness shall cover me; even the night shall be light about me.
- 14 I will praise thee; for I am fearfully *and* wonderfully made: marvellous *are* thy works; and *that* my soul knoweth right well.

Matt. 14:14, 22, 25–32 in

- 14 And Jesus went forth, and saw a great multitude, and was moved with compassion toward them, and he healed their sick.
- 22 ¶ And straightway Jesus constrained his disciples to get into a ship, and to go before him unto the other side, while he sent the multitudes away.
- 25 ... in the fourth watch of the night Jesus went unto them, walking on the sea.
- 26 And when the disciples saw him walking on the sea, they were troubled, saying, It is a spirit; and they cried out for fear.
- 27 But straightway Jesus spake unto them, saying, Be of good cheer; it is I; be not afraid.
- 28 And Peter answered him and said, Lord, if it be thou, bid me come unto thee on the water.
- 29 And he said, Come. And when Peter was come down out of the ship, he walked on the water, to go to Jesus.
- 30 But when he saw the wind boisterous, he was afraid; and beginning to

sink, he cried, saying, Lord, save me.

31 And immediately Jesus stretched forth *his* hand, and caught him, and said unto him, O thou of little faith, wherefore didst thou doubt?

32 And when they were come into the ship, the wind ceased.

Deut. 33:27 (to :)

27 The eternal God *is thy* refuge, and underneath *are* the everlasting arms:
...

I John 4:18 (to :)

18 There is no fear in love; but perfect love casteth out fear: ...

Eph. 6:10 my

10 ... my brethren, be strong in the Lord, and in the power of his might.

Acts 27:1, 2 (to ;), 4, 9 (to 2nd), 9–11 Paul, 13, 14 (to), 15, 18, 20–25, 33–37, 40–44

1 And when it was determined that we should sail into Italy, they delivered Paul and certain other prisoners unto *one* named Julius, a centurion of Augustus' band.

2 And entering into a ship of Adramyttium, we launched, meaning to sail by the coasts of Asia; ...

4 And when we had launched from thence, we sailed under Cyprus, because the winds were contrary.

9 Now when much time was spent, and when sailing was now dangerous,
...

9 ... Paul admonished *them*,

10 And said unto them, Sirs, I perceive that this voyage will be with hurt and much damage, not only of the lading and ship, but also of our lives.

11 Nevertheless the centurion believed the master and the owner of the ship, more than those things which were spoken by Paul.

13 And when the south wind blew softly, supposing that they had obtained *their* purpose, loosing *thence*, they sailed close by Crete.

14 But not long after there arose against it a tempestuous wind, ...

15 And when the ship was caught, and could not bear up into the wind, we let *her* drive.

- 18 And we being exceedingly tossed with a tempest, the next *day* they
lightened the ship;
- 20 And when neither sun nor stars in many days appeared, and no small
tempest lay on *us*, all hope that we should be saved was then taken
away.
- 21 But after long abstinence Paul stood forth in the midst of them, and
said, Sirs, ye should have hearkened unto me, and not have loosed from
Crete, and to have gained this harm and loss.
- 22 And now I exhort you to be of good cheer: for there shall be no loss of
any man's life among you, but of the ship.
- 23 For there stood by me this night the angel of God, whose I am, and
whom I serve,
- 24 Saying, Fear not, Paul; thou must be brought before Cæsar: and, lo, God
hath given thee all them that sail with thee.
- 25 Wherefore, sirs, be of good cheer: for I believe God, that it shall be even
as it was told me.
- 33 And while the day was coming on, Paul besought *them* all to take meat,
saying, This day is the fourteenth day that ye have tarried and
continued fasting, having taken nothing.
- 34 Wherefore I pray you to take *some* meat: for this is for your health: for
there shall not an hair fall from the head of any of you.
- 35 And when he had thus spoken, he took bread, and gave thanks to God
in presence of them all: and when he had broken *it*, he began to eat.
- 36 Then were they all of good cheer, and they also took *some* meat.
- 37 And we were in all in the ship two hundred threescore and sixteen
souls.
- 40 And when they had taken up the anchors, they committed *themselves*
unto the sea, and loosed the rudder bands, and hoisted up the mainsail
to the wind, and made toward shore.
- 41 And falling into a place where two seas met, they ran the ship aground;
and the forepart stuck fast, and remained unmoveable, but the hinder
part was broken with the violence of the waves.
- 42 And the soldiers' counsel was to kill the prisoners, lest any of them
should swim out, and escape.

- 43 But the centurion, willing to save Paul, kept them from *their* purpose; and commanded that they which could swim should cast *themselves* first *into the sea*, and get to land:
- 44 And the rest, some on boards, and some on *broken pieces* of the ship. And so it came to pass, that they escaped all safe to land.

II Sam. 22:2–4, 17, 18 (to :), 20

- 2 And he said, The LORD *is* my rock, and my fortress, and my deliverer;
- 3 The God of my rock; in him will I trust: *he is* my shield, and the horn of my salvation, my high tower, and my refuge, my saviour; thou savest me from violence.
- 4 I will call on the LORD, *who is* worthy to be praised: so shall I be saved from mine enemies.
- 17 He sent from above, he took me; he drew me out of many waters;
- 18 He delivered me from my strong enemy, *and* from them that hated me:
...
- 20 He brought me forth also into a large place: he delivered me, because he delighted in me.

John 14:9 (to saith), 27

- 9 Jesus saith ...
- 27 Peace I leave with you, my peace I give unto you: not as the world giveth, give I unto you. Let not your heart be troubled, neither let it be afraid.

II Cor. 13:11 Be

- 11 ... Be perfect, be of good comfort, be of one mind, live in peace; and the God of love and peace shall be with you.

II Tim. 1:7

- 7 For God hath not given us the spirit of fear; but of power, and of love, and of a sound mind.

SH 444:10

Step by

step will those who trust Him find that “God is our refuge and strength, a very present help in trouble.”

Refuge and
strength

SH 585:9

- 9 ELIAS. Prophecy; spiritual evidence opposed to material sense; Christian Science, with which can be discerned the spiritual fact of whatever the material senses behold;
12 the basis of immortality.

SH 285:27

- 27 As mortals
reach, through knowledge of Christian Science, a higher sense, they will seek to learn, not from matter, but from
30 the divine Principle, God, how to demonstrate the Christ, Truth, as the healing and saving power.

Salvation
is through
reform

SH 327:17

- To the physical senses, the strict demands of Christian
18 Science seem peremptory; but mortals are hastening to learn that Life is God, good, and that evil has in reality neither place nor power in the human or
21 the divine economy.

Peremptory
demands

SH 469:25

- We lose the high signification of omnipotence, when after admitting that God, or good, is omnipresent and
27 has all-power, we still believe there is another power, named *evil*. This belief that there is more than one mind is as pernicious to divine theology
30 as are ancient mythology and pagan idolatry. With one Father, even God, the whole family of man would be brethren; and with one Mind and that God, or good,
3 the brotherhood of man would consist of Love and Truth, and have unity of Principle and spiritual power which constitute divine Science. The supposed existence of
6 more than one mind was the basic error of idolatry. This error assumed the loss of spiritual power, the loss of the spiritual presence of Life as infinite Truth without an

The sole
governor

- 9 unlikeness, and the loss of Love as ever present and universal.

SH 470:16 (only)

The children of God have but one Mind.

SH 276:4

Universal
brotherhood

- When the divine precepts
are understood, they unfold the foundation of fellowship,
6 in which one mind is not at war with another, but all have
one Spirit, God, one intelligent source, in accordance with
the Scriptural command: “Let this Mind be in you,
9 which was also in Christ Jesus.” Man and his Maker
are correlated in divine Science, and real consciousness
is cognizant only of the things of God.

SH 473:4 (only), 7–12

The Science of Mind disposes of all evil.

Christ the
ideal Truth

- The God-
principle is omnipresent and omnipotent. God is every-
9 where, and nothing apart from Him is present or has
power. Christ is the ideal Truth, that comes to heal
sickness and sin through Christian Science, and attributes
12 all power to God.

SH 387:27

- 27 The history of Christianity furnishes sublime proofs
of the supporting influence and protecting power bestowed
on man by his heavenly Father, omnipotent
30 Mind, who gives man faith and understanding
whereby to defend himself, not only from temptation, but
from bodily suffering.

Christian
history

SH 328:14–16

This understanding of man’s power, when he is
equipped by God, has sadly disappeared from Christian

15 history.

SH 333:19–23

Throughout all generations both before and
after the Christian era, the Christ, as the spirit-
21 ual idea, — the reflection of God, — has come with some
measure of power and grace to all prepared to receive
Christ, Truth.

The divine
Principle
and idea

SH 471:6–21

6 The unlikeness of Truth, — named *error*, — the op-
posite of Science, and the evidence before the five cor-
poreal senses, afford no indication of the grand
9 facts of being; even as these so-called senses
receive no intimation of the earth's motions or of the
science of astronomy, but yield assent to astronomical
12 propositions on the authority of natural science.

Celestial
evidence

The facts of divine Science should be admitted, —
although the evidence as to these facts is not supported
15 by evil, by matter, or by material sense, — because the
evidence that God and man coexist is fully sustained by
spiritual sense. Man is, and forever has been, God's re-
18 flection. God is infinite, therefore ever present, and
there is no other power nor presence. Hence the spirit-
uality of the universe is the only fact of creation. "Let
21 God be true, but every [material] man a liar."

SH 52:19–23

The "man of sorrows" best understood the nothing-
ness of material life and intelligence and the mighty ac-
21 tuality of all-inclusive God, good. These were
the two cardinal points of Mind-healing, or
Christian Science, which armed him with Love.

Saviour's
prediction

SH 494:15–19 Jesus

15 Jesus
demonstrated the inability of corporeality, as well as the
infinite ability of Spirit, thus helping erring
18 human sense to flee from its own convictions
and seek safety in divine Science.

Reason
and Science

SH 419:16, 25

Meet every adverse circumstance as its master. Ob-
serve mind instead of body, lest aught unfit for develop-
18 ment enter thought. Think less of material conditions
and more of spiritual.

Never fear the mental malpractitioner,
the mental assassin, who, in attempting to rule mankind,
27 tramples upon the divine Principle of metaphysics, for God
is the only power. To succeed in healing, you must con-
quer your own fears as well as those of your patients, and
30 rise into higher and holier consciousness.

SH 455:25

No per-
son can misuse this mental power, if he is taught of God
27 to discern it.

SH x:22–25

The divine Principle of healing is proved in the
personal experience of any sincere seeker of Truth. Its
24 purpose is good, and its practice is safer and more po-
tent than that of any other sanitary method.

SH 410:14

Every trial of our faith in God makes us stronger.
15 The more difficult seems the material condition to be
overcome by Spirit, the stronger should be our
faith and the purer our love. The Apostle

Love casteth
out fear

18 John says: “There is no fear in Love, but perfect Love
casteth out fear. . . . He that feareth is not made per-
fect in Love.” Here is a definite and inspired proclama-
21 tion of Christian Science.

SH 420:3–4

3 Truth not error, Love
not hate, Spirit not matter, governs man.

True government
of man

SH 518:13

God gives the lesser idea of Himself for a link to the
greater, and in return, the higher always protects the
15 lower. The rich in spirit help the poor in
one grand brotherhood, all having the same
Principle, or Father; and blessed is that man who seeth
18 his brother’s need and supplieth it, seeking his own in
another’s good. Love giveth to the least spiritual idea
might, immortality, and goodness, which shine through
21 all as the blossom shines through the bud. All the varied
expressions of God reflect health, holiness, immortality —
infinite Life, Truth, and Love.

Assistance in
brotherhood

SH 45:16

Glory be to God, and peace to the struggling hearts!
Christ hath rolled away the stone from the door of hu-
18 man hope and faith, and through the reve-
lation and demonstration of life in God, hath
elevated them to possible at-one-ment with the spiritual
21 idea of man and his divine Principle, Love.

The stone
rolled away

SH 228:25–29 (to 2nd .)

There is no power apart from God. Omnipotence has
all-power, and to acknowledge any other power is to dis-
27 honor God. The humble Nazarene overthrew
the supposition that sin, sickness, and death
have power. He proved them powerless.

Priestly pride
humbled

SH 224:28–31 (to 2nd .)

Truth brings the elements of liberty. On its banner
is the Soul-inspired motto, “Slavery is abolished.” The
30 power of God brings deliverance to the cap-
tive. No power can withstand divine Love.

Mental
emancipation

SH 293:28

Christian Science

brings to light Truth and its supremacy, universal har-
30 mony, the entireness of God, good, and the nothingness
of evil.

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