

Wed Silent Prayer 2025 01 08

Silent Prayer

Wednesday, January 8, 2025

Hymns

470

151

536

.

Hymn Lyrics

470, see also Hymn 54

Hymn 54

HARRIET MARTINEAU

(54)

WESTMINSTER

JAMES TURLE

Faith grasps the blessing she desires,
Hope points the upward gaze;
And Love, celestial Love, inspires
The eloquence of praise.

But sweeter far the still small voice
Unheard by human ear,
When God has made the heart rejoice,
And dried the bitter tear.

No accents flow, no words ascend;
All utterance faileth there;
But God Himself doth comprehend
And answer silent prayer.

Hymn 151

Hymn 151, 152

ELLEN J. GLOVER

(151)

RUTHERFORD

ARR. FROM CHRÉTIEN URHAN

(152)

ES IST EIN' ROS' ENTSPRUNGEN

OLD GERMAN MELODY, ALT.

Cologne Gesangbuch, 1599

In speechless prayer and reverence,
Dear Lord, I come to Thee;
My heart with love Thou fillest,
Yea, with humility.
My bread and wine Thou art,
With Thee I hold communion;
Thy presence healeth me.

To do Thy will is greater
Than sacrifice can be;
O give me needed courage
Sweet with sincerity.
From earthly thought released,
In speechless prayer and reverence,
Dear Lord, I come to Thee.

536, see also Hymn 194

Hymn 194, 410

SAMUEL GREENWOOD

(194)

CONTEMPLATION

ARR. FROM L. VAN BEETHOVEN

No mortal sense can still or stay
The flight of silent prayer,
Unceasing, voiceless, heart-desire
That seeks God everywhere.

The heart's own longing lifts it high
Where words can never reach,
Though human lips may never form
That glory into speech.

The voices that are worldly wise,
With mortal modes in tune,
Are mute in that transcendent hour
When God and man commune.

The Bible

1. Hab 2:20 the Lord

20 the LORD *is* in his holy temple: let all the earth keep silence before him.

2. I Thess. 5:17

17 Pray without ceasing.

3. Isa. 7:4 Take (to ;)

4 Take heed, and be quiet;

4. Prov 21:23

23 Whoso keepeth his mouth and his tongue keepeth his soul from troubles.

5. Prov 17:28

28 Even a fool, when he holdeth his peace, is counted wise: *and* he that shutteth his lips *is esteemed* a man of understanding.

6. I Sam 1:9-15 Hannah, 17

9 Hannah rose up after they had eaten in Shiloh, and after they had drunk. Now Eli the priest sat upon a seat by a post of the temple of the LORD.

10 And she *was* in bitterness of soul, and prayed unto the LORD, and wept sore.

11 And she vowed a vow, and said, O LORD of hosts, if thou wilt indeed look on the affliction of thine handmaid, and remember me, and not forget thine handmaid, but wilt give unto thine handmaid a man child, then I will give him unto the LORD all the days of his life, and there shall no razor come upon his head.

12 And it came to pass, as she continued praying before the LORD, that Eli marked her mouth.

13 Now Hannah, she spake in her heart; only her lips moved, but her voice was not heard: therefore Eli thought she had been drunken.

14 And Eli said unto her, How long wilt thou be drunken? put away thy wine from thee.

15 And Hannah answered and said, No, my lord, I *am* a woman of a sorrowful spirit: I have drunk neither wine nor strong drink, but have poured out my soul before the LORD.

17 Then Eli answered and said, Go in peace: and the God of Israel grant *thee* thy petition that thou hast asked of him.

7. Lam 3:26, 28

26 *It is* good that *a man* should both hope and quietly wait for the salvation of the LORD.

28 He sitteth alone and keepeth silence, because he hath borne *it* upon him.

8. Ps. 131:2 I (to :)

2 I have behaved and quieted myself, as a child that is weaned of his mother:

9. Ps 46:10

10 Be still, and know that I *am* God: I will be exalted among the heathen, I will be exalted in the earth.

10. Ps 37:7 (to :)

7 Rest in the LORD, and wait patiently for him:

11. I Kings 19:1-3, 9-12

1 AND Ahab told Jezebel all that Elijah had done, and withal how he had slain all the prophets with the sword.

2 Then Jezebel sent a messenger unto Elijah, saying, So let the gods do *to me*, and more also, if I make not thy life as the life of one of them by tomorrow about this time.

3 And when he saw *that*, he arose, and went for his life, and came to Beer-sheba, which *belongeth* to Judah, and left his servant there.

9 ¶ And he came thither unto a cave, and lodged there; and, behold, the word of the LORD *came* to him, and he said unto him, What doest thou here, Elijah?

10 And he said, I have been very jealous for the LORD God of hosts: for the children of Israel have forsaken thy covenant, thrown down thine altars, and slain thy prophets with the sword; and I, *even* I only, am left; and they seek my life, to take it away.

11 And he said, Go forth, and stand upon the mount before the LORD. And, behold, the LORD passed by, and a great and strong wind rent the mountains, and brake in pieces the rocks before the LORD; *but* the LORD *was* not in the wind: and after the wind an earthquake; *but* the LORD *was* not in the earthquake:

12 And after the earthquake a fire; *but* the LORD *was* not in the fire: and after the fire a still small voice.

12. Rom. 8:26-28 1st the

26 the Spirit also helpeth our infirmities: for we know not what we should pray for as we ought: but the Spirit itself maketh intercession for us with groanings which cannot be uttered.

27 And he that searcheth the hearts knoweth what *is* the mind of the Spirit, because he maketh intercession for the saints according to *the will of* God.

28 And we know that all things work together for good to them that love God, to them who are the called according to *his* purpose.

13. Mark 1:1, 34 he, 35

1 THE beginning of the gospel of Jesus Christ, the Son of God;

34 he healed many that were sick of divers diseases, and cast out many devils; and suffered not the devils to speak, because they knew him.

35 And in the morning, rising up a great while before day, he went out, and

departed into a solitary place, and there prayed.

14. Luke 6:6, 10, 12

- 6 And it came to pass also on another sabbath, that he entered into the synagogue and taught: and there was a man whose right hand was withered.
- 10 And looking round about upon them all, he said unto the man, Stretch forth thy hand. And he did so: and his hand was restored whole as the other.
- 12 And it came to pass in those days, that he went out into a mountain to pray, and continued all night in prayer to God.

15. Matt 5:1 when, 2

- 1 when he was set, his disciples came unto him:
- 2 And he opened his mouth, and taught them, saying,

16. Matt 6:5-8 when, 21

- 5 when thou prayest, thou shalt not be as the hypocrites *are*: for they love to pray standing in the synagogues and in the corners of the streets, that they may be seen of men. Verily I say unto you, They have their reward.
- 6 But thou, when thou prayest, enter into thy closet, and when thou hast shut thy door, pray to thy Father which is in secret; and thy Father which seeth in secret shall reward thee openly.
- 7 But when ye pray, use not vain repetitions, as the heathen *do*: for they think that they shall be heard for their much speaking.
- 8 Be not ye therefore like unto them: for your Father knoweth what things ye have need of, before ye ask him.
- 21 For where your treasure is, there will your heart be also.

17. Isa 26:3

- 3 Thou wilt keep *him* in perfect peace, *whose mind is stayed on thee*: because he trusteth in thee.

18. Jer. 29:12 ye shall

- 12 ye shall go and pray unto me, and I will hearken unto you.

Science and Health with Key to the Scriptures by Mary Baker Eddy

1. SH 15:9

- To enter into the heart of prayer, the door of the erring senses must be closed. Lips must be mute and materialism silent,
- 12 that man may have audience with Spirit, the divine

Principle, Love, which destroys all error.

2. SH 4:27-30

27 Audible prayer can never do the works of spiritual
understanding, which regenerates; but silent prayer,
watchfulness, and devout obedience enable
30 us to follow Jesus' example.

Veritable
devotion

3. SH 7:8

Audible prayer is impressive; it gives momentary
9 solemnity and elevation to thought. But does it pro-
duce any lasting benefit? Looking deeply
into these things, we find that "a zeal . . .
12 not according to knowledge" gives occasion for reac-
tion unfavorable to spiritual growth, sober resolve, and
wholesome perception of God's requirements. The mo-
15 tives for verbal prayer may embrace too much love of
applause to induce or encourage Christian sentiment.

Audible praying

4. SH 13:14

Even if prayer is
15 sincere, God knows our need before we tell Him or our
fellow-beings about it. If we cherish the desire hon-
estly and silently and humbly, God will bless it, and
18 we shall incur less risk of overwhelming our real
wishes with a torrent of words.

5. SH 8:1-7, 18-22

8:1 A wordy prayer may afford a quiet sense of self-
justification, though it makes the sinner a hypocrite.
3 We never need to despair of an honest heart; but
there is little hope for those who come only spasmodi-
cally face to face with their wickedness and then seek to
6 hide it. Their prayers are indexes which do not correspond
with their character.
Professions and audible pray-
ers are like charity in one respect, — they "cover the
multitude of sins." Praying for humility with what-
21 ever fervency of expression does not always mean a
desire for it.

6. SH 15:14

24 In order to pray aright, we must enter into the
15 closet and shut the door. We must close the lips and
silence the material senses. In the quiet
sanctuary of earnest longings, we must
18 deny sin and plead God's allness. We must resolve to

Effectual
invocation

take up the cross, and go forth with honest hearts to work and watch for wisdom, Truth, and Love. We must “pray without ceasing.” Such prayer is answered, in so far as we put our desires into practice. The Master’s injunction is, that we pray in secret and let our lives attest our sincerity.

7. SH 184:27

27 A woman, whom I cured of consumption, always
breathed with great difficulty when the wind was from
the east. I sat silently by her side a few moments. Her
30 breath came gently. The inspirations were deep and nat-
ural. I then requested her to look at the weather-vane.
She looked and saw that it pointed due east. The wind
185:1 had not changed, but her thought of it had and so her diffi-
culty in breathing had gone. The wind had not produced
3 the difficulty. My metaphysical treatment changed the
action of her belief on the lungs, and she never suffered
again from east winds, but was restored to health.

8. SH 318:9-10, 12

The material senses originate and
support all that is material, untrue, selfish, or debased. We must silence this lie of material
sense with the truth of spiritual sense. We must cause
the error to cease that brought the belief of sin and death
15 and would efface the pure sense of omnipotence.

9. SH 367:24-27

24 The infinite Truth of the Christ-cure has come to this
age through a “still, small voice,” through silent utter-
ances and divine anointing which quicken and increase
27 the beneficial effects of Christianity.

10. SH 372:1-3

372:1 Remember, brain is not mind. Matter cannot be sick,
and Mind is immortal. The mortal body is only an erro-
3 neous mortal belief of mind in matter.

Brain not
intelligent

11. SH 376:21-26

Therefore the efficient remedy is to
destroy the patient’s false belief by both silently and au-
dibly arguing the true facts in regard to harmonious
24 being, — representing man as healthy instead of diseased,
and showing that it is impossible for matter to suffer, to
feel pain or heat, to be thirsty or sick.

12. SH 411:3, 20-22, 27-1

3 My first discovery in the student's practice was this:
If the student silently called the disease by name, when
he argued against it, as a general rule the body
6 would respond more quickly, — just as a per-
son replies more readily when his name is spoken; but
this was because the student was not perfectly attuned to
9 divine Science, and needed the arguments of truth for
reminders. If Spirit or the power of divine Love bear
witness to the truth, this is the ultimatum, the scientific
12 way, and the healing is instantaneous.

Naming diseases

The procuring cause and foundation of all sickness is
21 fear, ignorance, or sin. Disease is always induced by a
false sense mentally entertained, not destroyed.

Fear as the
foundation

27 Always begin your treatment by allaying the fear
of patients. Silently reassure them as to their exemp-
tion from disease and danger. Watch the re-
30 sult of this simple rule of Christian Science,
and you will find that it alleviates the symptoms of every
disease. If you succeed in wholly removing the fear,
412:1 your patient is healed.

Unspoken
pleading

13. SH 412:4-5, 10-14, 20

Mentally and silently plead the case scien-
tifically for Truth.

You may call the disease by name when you mentally
deny it; but by naming it audibly, you are liable under
12 some circumstances to impress it upon the
thought. The power of Christian Science and
divine Love is omnipotent.

Eloquent silence

Argue at first men-
21 tally, not audibly, that the patient has no disease, and
conform the argument so as to destroy the evidence of
disease. Mentally insist that harmony is the fact, and
24 that sickness is a temporal dream. Realize the presence
of health and the fact of harmonious being, until the
body corresponds with the normal conditions of health
27 and harmony.

14. SH 12:31-3

In divine

Science, where prayers are mental, *all* may avail them-
13:1 selves of God as “a very present help in trouble.”

Love is impartial and universal in its adaptation and
3 bestowals.

15. SH 581:4

ANGELS. God's thoughts passing to man; spiritual intuitions, pure and perfect; the inspiration of goodness, purity, and immortality, counteracting all evil, sensuality, and mortality.

16. SH 566:29-8

The Old Testament assigns to the angels, God's divine messages, different offices. Michael's characteristic is spiritual strength. He leads the hosts of heaven against the power of sin, Satan, and fights the holy wars. Gabriel has the more quiet task of imparting a sense of the ever-presence of ministering Love. These angels deliver us from the depths. Truth and Love come nearer in the hour of woe, when strong faith or spiritual strength wrestles and prevails through the understanding of God. The Gabriel of His presence has no contests. To infinite, ever-present Love, all is Love, and there is no error, no sin, sickness, nor death.

Angelic offices

17. SH 88:26-27

Eloquence re-echoes the strains of Truth and Love. It is due to inspiration rather than to erudition.

18. SH 89:20-21

Spirit,
God, is heard when the senses are silent.