

Meekness brings strength and peace

November 12 2024

Hymn. 359:1–3

Trust the Eternal when the shadows gather,
When joys of daylight seem so like a dream;
God the unchanging pities like a father;
Trust on and wait, the daystar yet shall gleam.

Trust the Eternal, for the clouds that vanish
No more can move the mountains from their base
Than sin's illusive wreaths of mist can banish
Light from His throne or loving from His face.

Trust the Eternal, and repent in meekness
Of that heart's pride which frowns and will not
yield,
Then to thy child-heart shall come strength in weakness,
And thine immortal life shall be revealed.

Words: WILLIAM P. MCKENZIE

Music: Franz Abt

Hymn. 423:1–3

Give me, O Lord, an understanding heart,
That I may learn to know myself in Thee,
To spurn the wrong and choose the better part
And thus from sinful bondage be set free.

Give me, O Lord, a meek and contrite heart,
That I may learn to quell all selfish pride,

Bowing before Thee, see Thee as Thou art
And 'neath Thy sheltering presence safely hide.

Give me, O Lord, a gentle, loving heart,
That I may learn to be more tender, kind,
And with Thy healing touch, each wound and smart
With Christly bands of Love and Truth to bind.

Words: JAMES J. ROME

Music: Edward Dearle

Hymn. 29:1, 2

Breaking through the clouds of darkness,
Black with error, doubt, and fear;
Lighting up each somber shadow,
With a radiance soft and clear;
Filling every heart with gladness,
That its holy power feels,
Comes the Christian Science gospel,
Sin it kills and grief it heals.

Christlike in its benedictions,
Godlike in its strength sublime;
Conquering every subtle error,
With a meekness all divine,
It has gone across the ocean,
It is known in every land,
And our sisters and our brothers
Are united in one band.

Words: FLORENCE L. HEYWOOD

Music: Henry Smart

Ps. 37:11 the

- 11 ... the meek shall inherit the earth; and shall delight themselves in the abundance of peace.

Ps. 147:6 (to :)

- 6 The LORD lifteth up the meek: ...

Ps. 25:9

- 9 The meek will he guide in judgment: and the meek will he teach his way.

Gen. 13:1, 6–10 (to 3rd), 10 even (to 6th), 11, 12 (to 2nd), 14, 15

- 1 And Abram went up out of Egypt, he, and his wife, and all that he had, and Lot with him, into the south.
- 6 And the land was not able to bear them, that they might dwell together: for their substance was great, so that they could not dwell together.
- 7 And there was a strife between the herdmen of Abram's cattle and the herdmen of Lot's cattle: and the Canaanite and the Perizzite dwelled then in the land.
- 8 And Abram said unto Lot, Let there be no strife, I pray thee, between me and thee, and between my herdmen and thy herdmen; for we *be* brethren.
- 9 *Is not the whole land before thee? separate thyself, I pray thee, from me: if thou wilt take the left hand, then I will go to the right; or if thou depart to the right hand, then I will go to the left.*
- 10 And Lot lifted up his eyes, and beheld all the plain of Jordan, that it *was* well watered every where, ...
- 10 ... *even* as the garden of the LORD, like the land of Egypt, ...
- 11 Then Lot chose him all the plain of Jordan; and Lot journeyed east: and they separated themselves the one from the other.
- 12 Abram dwelled in the land of Canaan, and Lot dwelled in the cities of the plain, ...
- 14 ¶ And the LORD said unto Abram, after that Lot was separated from him, Lift up now thine eyes, and look from the place where thou art northward, and southward, and eastward, and westward:
- 15 For all the land which thou seest, to thee will I give it, and to thy seed for ever.

Heb. 11:8, 9

- 8 By faith Abraham, when he was called to go out into a place which he should after receive for an inheritance, obeyed; and he went out, not knowing whither he went.
- 9 By faith he sojourned in the land of promise, as *in* a strange country, dwelling in tabernacles with Isaac and Jacob, the heirs with him of the same promise:

Matt. 5:5

- 5 Blessed *are* the meek: for they shall inherit the earth.

Mark 14:26 when

- 26 ... when they had sung an hymn, they went out into the mount of Olives.

Luke 22:41–51

- 41 And he was withdrawn from them about a stone's cast, and kneeled down, and prayed,
- 42 Saying, Father, if thou be willing, remove this cup from me: nevertheless not my will, but thine, be done.
- 43 And there appeared an angel unto him from heaven, strengthening him.
- 44 And being in an agony he prayed more earnestly: and his sweat was as it were great drops of blood falling down to the ground.
- 45 And when he rose up from prayer, and was come to his disciples, he found them sleeping for sorrow,
- 46 And said unto them, Why sleep ye? rise and pray, lest ye enter into temptation.
- 47 ¶ And while he yet spake, behold a multitude, and he that was called Judas, one of the twelve, went before them, and drew near unto Jesus to kiss him.
- 48 But Jesus said unto him, Judas, betrayest thou the Son of man with a kiss?
- 49 When they which were about him saw what would follow, they said unto him, Lord, shall we smite with the sword?
- 50 ¶ And one of them smote the servant of the high priest, and cut off his right ear.
- 51 And Jesus answered and said, Suffer ye thus far. And he touched his ear, and healed him.

II Cor. 10:1 (to 1st), 3–5

- 1 Now I Paul myself beseech you by the meekness and gentleness of Christ, ...
- 3 For though we walk in the flesh, we do not war after the flesh:
- 4 (For the weapons of our warfare *are* not carnal, but mighty through God to the pulling down of strong holds;)
- 5 Casting down imaginations, and every high thing that exalteth itself against the knowledge of God, and bringing into captivity every thought to the obedience of Christ;

I Chron. 29:11–13

- 11 Thine, O LORD, *is* the greatness, and the power, and the glory, and the victory, and the majesty: for all *that is* in the heaven and in the earth *is thine*; thine *is* the kingdom, O LORD, and thou art exalted as head above all.
- 12 Both riches and honour *come* of thee, and thou reignest over all; and in thine hand *is* power and might; and in thine hand *it is* to make great, and to give strength unto all.
- 13 Now therefore, our God, we thank thee, and praise thy glorious name.

Gal. 5:22 the, 23

- 22 ... the fruit of the Spirit is love, joy, peace, longsuffering, gentleness, goodness, faith,
- 23 Meekness, temperance: against such there is no law.

James 3:17 the, 18

- 17 ... the wisdom that is from above is first pure, then peaceable, gentle, *and* easy to be entreated, full of mercy and good fruits, without partiality, and without hypocrisy.
- 18 And the fruit of righteousness is sown in peace of them that make peace.

Phil. 4:7

- 7 And the peace of God, which passeth all understanding, shall keep your hearts and minds through Christ Jesus.

SH 4:3–5

3 What we most need is the prayer of fervent desire
for growth in grace, expressed in patience, meekness,
love, and good deeds.

SH 224:22

A higher and more practical Christianity, demonstrat-
ing justice and meeting the needs of mortals in sickness
24 and in health, stands at the door of this age, knocking
for admission. Will you open or close the door upon this
angel visitant, who cometh in the quiet of meekness, as he
27 came of old to the patriarch at noonday?

SH 579:10–14

ABRAHAM. Fidelity; faith in the divine Life and in the
eternal Principle of being.

12 This patriarch illustrated the purpose of Love to create
trust in good, and showed the life-preserving power of
spiritual understanding.

SH 272:3–5

3 The spiritual sense of truth must be gained before
Truth can be understood. This sense is assimilated only
as we are honest, unselfish, loving, and meek.

SH 115:19, 25–27

SCIENTIFIC TRANSLATION OF MORTAL MIND

Second Degree: Evil beliefs disappearing.

MORAL. Humanity, honesty, affection, com-
27 passion, hope, faith, meekness, temperance.

Transitional
qualities

SH 30:19–3

As the individual ideal of Truth, Christ Jesus came to
rebuke rabbinical error and all sin, sickness, and death, —

21 to point out the way of Truth and Life. This
ideal was demonstrated throughout the whole
earthly career of Jesus, showing the difference between
24 the offspring of Soul and of material sense, of Truth and
of error.

If we have triumphed sufficiently over the errors of
27 material sense to allow Soul to hold the control, we
shall loathe sin and rebuke it under every mask. Only
in this way can we bless our enemies, though they
30 may not so construe our words. We cannot choose for
ourselves, but must work out our salvation in the way
Jesus taught. In meekness and might, he was found
1 preaching the gospel to the poor. Pride and fear are unfit
to bear the standard of Truth, and God will never place
3 it in such hands.

SH 270:22–24

The pride of priesthood is the prince of this world. It
has nothing in Christ. Meekness and charity have divine
24 authority.

SH 596:20–27

VALLEY. Depression; meekness; darkness.

21 “Though I walk through the valley of the shadow of
death, I will fear no evil.” (Psalm xxiii. 4.)

Though the way is dark in mortal sense, divine Life
24 and Love illumine it, destroy the unrest of mortal thought,
the fear of death, and the supposed reality of error. Chris-
tian Science, contradicting sense, maketh the valley to bud
27 and blossom as the rose.

SH 33:18

18 When the human element in him struggled with the
divine, our great Teacher said: “Not my will, but
Thine, be done!” — that is, Let not the flesh,

21 but the Spirit, be represented in me. This
is the new understanding of spiritual Love. It gives all
for Christ, or Truth. It blesses its enemies, heals the
24 sick, casts out error, raises the dead from trespasses
and sins, and preaches the gospel to the poor, the meek
in heart.

SH 343:21

21 It would sometimes seem as if truth were rejected be-
cause meekness and spirituality are the conditions of its
acceptance, while Christendom generally demands so
24 much less.

SH 54:8

Who is ready to follow his teaching and example? All
9 must sooner or later plant themselves in Christ, the true
idea of God. That he might liberally pour
his dear-bought treasures into empty or sin-
12 filled human storehouses, was the inspiration of Jesus'
intense human sacrifice. In witness of his divine com-
mission, he presented the proof that Life, Truth, and
15 Love heal the sick and the sinning, and triumph over
death through Mind, not matter. This was the highest
proof he could have offered of divine Love. His hearers
18 understood neither his words nor his works. They
would not accept his meek interpretation of life nor
follow his example.

SH 49:14

The meek demonstrator of good, the highest instruc-
15 tor and friend of man, met his earthly fate alone with
God. No human eye was there to pity, no
arm to save. Forsaken by all whom he had
18 blessed, this faithful sentinel of God at the highest
post of power, charged with the grandest trust of

heaven, was ready to be transformed by the renewing
21 of the infinite Spirit. He was to prove that the Christ
is not subject to material conditions, but is above the
reach of human wrath, and is able, through Truth,
24 Life, and Love, to triumph over sin, sickness, death, and
the grave.

SH 445:13–21, 24

Teach the meekness and might of life
“hid with Christ in God,” and there will be no desire for
15 other healing methods. You render the divine law of
healing obscure and void, when you weigh the human in
the scale with the divine, or limit in any direction of
18 thought the omnipresence and omnipotence of God.

Christian Science silences human will, quiets fear with
Truth and Love, and illustrates the unlabored motion
21 of the divine energy in healing the sick.

24 The human will which maketh and worketh a lie,
hiding the divine Principle of harmony, is destructive to
health, and is the cause of disease rather than its cure.

SH 516:9–15

9 God fashions all things, after His own likeness. Life
is reflected in existence, Truth in truthfulness, God in
goodness, which impart their own peace and
12 permanence. Love, redolent with unselfish-
ness, bathes all in beauty and light. The grass beneath
our feet silently exclaims, “The meek shall inherit the
15 earth.”

Love imparts
beauty

SH 661:5–17

I

had read Science and Health but a very short time when
I took off my glasses, began to sleep well, and soon found

myself well in mind and body. Besides this, it has brought harmony into our school, where there had been discord, and everything is changed for the better. I cannot describe the happiness that has come to me through Christian Science; I can only exclaim with the psalmist: “Bless the Lord, O my soul;” and may God bless Mrs. Eddy.

My one aim now is to live Christian Science, not in words only, but in deeds; loving God more and my neighbor as myself, and following meekly and obediently all our Leader’s teachings.