

Wed 7/3/24 - Freedom from fear



July 03 2024

Hymn. 443:1-4

Be gentle, be pure.
Since Spirit keeps all secure,
No pain or fear has power.
Be gentle, be pure;
Love guards, Love guides this hour.

Be tranquil, be free.
Since Life holds both you and me,
We know what Life has wrought.
Be tranquil, be free;
Infirmity is nought.

Be watchful, be still.
Then listen for Love's clear will
Which keeps us safe, at ease.
Be watchful, be still;
Assured your God you'll please.

Be joyful, be calm.
As Soul's own melodious psalm,
Each day you're sung anew.
Be joyful, be calm;
Know well that God loves you.

Words: JULIANE KLEIN; ENG. TR. CSPS
Music: Juliane Klein

Hymn. 473:1-4

Father-Mother God, All-in-all,
Reassuring me every day,
You encourage me on my way.
Father-Mother God, All-in-all.

REFRAIN

Father-Mother God, All-in-all,
You protect me each step of the way.
I am safe in Love every day,
Father-Mother God, All-in-all.

You will guide me by day and night.
I go forth with no doubt or fear,
For I feel Your love with me here,
Father-Mother God, All-in-all.

REFRAIN

Now I find, as never before,
I'm devoted to serving You,
Your pure goodness fills me anew,
Father-Mother God, All-in-all.

REFRAIN

Words: HONLA HONLA JOSEPH; ENG. TR. CSPS
Music: Honla Honla Joseph; transc. and arr. CSPS

Hymn. 136:1-3

I love Thy way of freedom, Lord,
To serve Thee is my choice,
In Thy clear light of Truth I rise
And, listening for Thy voice,

I hear Thy promise old and new,
That bids all fear to cease:
My presence still shall go with thee
And I will give thee peace.

Though storm or discord cross my path
Thy power is still my stay,
Though human will and woe would check
My upward-soaring way;
All unafraid I wait, the while
Thy angels bring release,
For still Thy presence is with me,
And Thou dost give me peace.

I climb, with joy, the heights of Mind,
To soar o'er time and space;
I yet shall know as I am known
And see Thee face to face.
Till time and space and fear are naught
My quest shall never cease,
Thy presence ever goes with me
And Thou dost give me peace.

Words: VIOLET HAY

Music: Irish Melody

Mark 6:50 2nd be

50 ... be not afraid.

Ps. 46:10 (to 1st ,)

10 Be still, ...

Jer. 30:11 I (to 1st ,)

11 ... I *am* with thee, ...

Heb. 13:5 I

5 ... I will never leave thee, nor forsake thee.

Jer. 31:3 I (to :)

3 ... I have loved thee with an everlasting love: ...

Isa. 66:13 (to ;)

13 As one whom his mother comforteth, so will I comfort you; ...

II Kings 5:22 All (to 1st .)

22 ... All *is* well. ...

I John 4:8 2nd God, 18 (to :)

8 ... God is love.

18 There is no fear in love; but perfect love casteth out fear: ...

II Tim. 1:7 God

7 ... God hath not given us the spirit of fear; but of power, and of love, and of a sound mind.

Deut. 31:6 (to 2nd), 6 for

6 Be strong and of a good courage, fear not, ...

6 ... for the LORD thy God, he *it is* that doth go with thee; he will not fail thee, nor forsake thee.

Ex. 3:7 the (to 1st); 10, 15 (to :); 4:1–4, 6, 7

7 ... the LORD said, I have surely seen the affliction of my people which *are* in Egypt, and have heard their cry by reason of their taskmasters; ...

10 Come now therefore, and I will send thee unto Pharaoh, that thou mayest bring forth my people the children of Israel out of Egypt.

15 And God said moreover unto Moses, Thus shalt thou say unto the children of Israel, The LORD God of your fathers, the God of Abraham, the God of Isaac, and the God of Jacob, hath sent me unto you: ...

1 And Moses answered and said, But, behold, they will not believe me, nor hearken unto my voice: for they will say, The LORD hath not appeared unto thee.

- 2 And the LORD said unto him, *What is that in thine hand?* And he said, A rod.
- 3 And he said, Cast it on the ground. And he cast it on the ground, and it became a serpent; and Moses fled from before it.
- 4 And the LORD said unto Moses, Put forth thine hand, and take it by the tail. And he put forth his hand, and caught it, and it became a rod in his hand:
- 6 ¶ And the LORD said furthermore unto him, Put now thine hand into thy bosom. And he put his hand into his bosom: and when he took it out, behold, his hand was leprous as snow.
- 7 And he said, Put thine hand into thy bosom again. And he put his hand into his bosom again; and plucked it out of his bosom, and, behold, it was turned again as his *other* flesh.

Ps. 56:3, 4

- 3 What time I am afraid, I will trust in thee.
- 4 In God I will praise his word, in God I have put my trust; I will not fear what flesh can do unto me.

Ps. 91:5–7

- 5 Thou shalt not be afraid for the terror by night; *nor* for the arrow *that* flieth by day;
- 6 *Nor* for the pestilence *that* walketh in darkness; *nor* for the destruction *that* wasteth at noonday.
- 7 A thousand shall fall at thy side, and ten thousand at thy right hand; *but* it shall not come nigh thee.

II Chron. 20:15 Thus, 17 (to 3rd ,)

- 15 ... Thus saith the LORD unto you, Be not afraid nor dismayed by reason of this great multitude; for the battle *is* not yours, but God's.
- 17 Ye shall not *need* to fight in this *battle*: set yourselves, stand ye *still*, and see the salvation of the LORD with you, ...

Gal. 5:13 brethren (to ;)

- 13 ... brethren, ye have been called unto liberty; ...

Ex. 14:5, 8 (to :), 10, 13–16, 21, 22

- 5 ¶ And it was told the king of Egypt that the people fled: and the heart of Pharaoh and of his servants was turned against the people, and they said, Why have we done this, that we have let Israel go from serving us?
- 8 And the LORD hardened the heart of Pharaoh king of Egypt, and he pursued after the children of Israel: ...
- 10 ¶ And when Pharaoh drew nigh, the children of Israel lifted up their eyes, and, behold, the Egyptians marched after them; and they were sore afraid: and the children of Israel cried out unto the LORD.
- 13 ¶ And Moses said unto the people, Fear ye not, stand still, and see the salvation of the LORD, which he will shew to you to-day: for the Egyptians whom ye have seen to-day, ye shall see them again no more for ever.
- 14 The LORD shall fight for you, and ye shall hold your peace.
- 15 ¶ And the LORD said unto Moses, Wherefore criest thou unto me? speak unto the children of Israel, that they go forward:
- 16 But lift thou up thy rod, and stretch out thine hand over the sea, and divide it: and the children of Israel shall go on dry *ground* through the midst of the sea.
- 21 And Moses stretched out his hand over the sea; and the LORD caused the sea to go *back* by a strong east wind all that night, and made the sea dry *land*, and the waters were divided.
- 22 And the children of Israel went into the midst of the sea upon the dry *ground*: and the waters *were* a wall unto them on their right hand, and on their left.

Isa. 43:1 thus (to :), 2 (to :)

- 1 ... thus saith the LORD that created thee, O Jacob, and he that formed thee, O Israel, Fear not: ...
- 2 When thou passest through the waters, I *will be* with thee; and through the rivers, they shall not overflow thee: ...

Isa. 14:3 2nd the

- 3 ... the LORD shall give thee rest from thy sorrow, and from thy fear, and from the hard bondage wherein thou wast made to serve,

Isa. 41:10

10 ¶ Fear thou not; for I *am* with thee: be not dismayed; for I *am* thy God: I will strengthen thee; yea, I will help thee; yea, I will uphold thee with the right hand of my righteousness.

SH 410:29–30; 411:27–4

Christian scientific practice be-
30 gins with Christ’s keynote of harmony, “Be not afraid!”

27 Always begin your treatment by allaying the fear of patients. Silently reassure them as to their exemption from disease and danger. Watch the re-
30 sult of this simple rule of Christian Science, and you will find that it alleviates the symptoms of every disease. If you succeed in wholly removing the fear,
1 your patient is healed. The great fact that God lovingly governs all, never punishing aught but sin, is your stand-
3 point, from which to advance and destroy the human fear of sickness.

Unspoken pleading

SH 197:16 (only)

We should master fear, instead of cultivating it.

SH 180:17

Doctors should not implant disease in the thoughts of
18 their patients, as they so frequently do, by declaring disease to be a fixed fact, even before they go to work to eradicate the disease through the ma-
21 terial faith which they inspire. Instead of furnishing thought with fear, they should try to correct this turbulent element of mortal mind by the influence of divine Love
24 which casteth out fear.

Wrong and right way

SH 367:32–5

Evil is but the

1 counterpoise of nothingness. The greatest wrong is
but a supposititious opposite of the highest right. The
3 confidence inspired by Science lies in the fact
that Truth is real and error is unreal. Error
is a coward before Truth.

Real and
counterfeit

SH 392:27–32

27 When the condition is present
which you say induces disease, whether it be air, exercise,
heredity, contagion, or accident, then perform your office
30 as porter and shut out these unhealthy thoughts and fears.
Exclude from mortal mind the offending errors; then the
body cannot suffer from them.

Guarding
the door

SH 368:31–32

When fear disappears, the foundation of disease
is gone.

SH 406:16

The moral

man has no fear that he will commit a murder, and he
18 should be as fearless on the question of disease.

SH 366:24

24 The
sick are terrified by their sick beliefs, and
sinners should be affrighted by their sinful beliefs; but
27 the Christian Scientist will be calm in the presence of
both sin and disease, knowing, as he does, that Life is
God and God is All.

Source of
calmness

SH 373:14

15 The fear of disease and the love of sin are the sources
of man's enslavement. "The fear of the Lord
is the beginning of wisdom," but the Scriptures
also declare, through the exalted thought of John, that
18 "perfect Love casteth out fear."

Love frees
from fear

SH 380:15

15 The physical effects of fear illustrate its illusion. Gaz-
ing at a chained lion, crouched for a spring, should not
terrify a man. The body is affected only with
18 the belief of disease produced by a so-called
mind ignorant of the truth which chains disease. Noth-
ing but the power of Truth can prevent the fear of
21 error, and prove man's dominion over error.

Benefits of
metaphysics

SH 321:6

6 The Hebrew Lawgiver, slow of speech, despaired of
making the people understand what should be revealed
to him. When, led by wisdom to cast down his
9 rod, he saw it become a serpent, Moses fled be-
fore it; but wisdom bade him come back and
handle the serpent, and then Moses' fear departed. In
12 this incident was seen the actuality of Science. Matter
was shown to be a belief only. The serpent, evil, under
wisdom's bidding, was destroyed through understanding
15 divine Science, and this proof was a staff upon which to
lean. The illusion of Moses lost its power to alarm him,
when he discovered that what he apparently saw was really
18 but a phase of mortal belief.

Fear of the
serpent
overcome

SH 495:14–20

15 When the illusion of sickness or sin tempts you, cling
steadfastly to God and His idea. Allow nothing but His

likeness to abide in your thought. Let neither
fear nor doubt overshadow your clear sense and
18 calm trust, that the recognition of life harmonious — as
Life eternally is — can destroy any painful sense of, or
belief in, that which Life is not.

SH 226:22–2; 227:14–29

I saw before me the sick, wearing out years of servi-
tude to an unreal master in the belief that the body gov-
24 erned them, rather than Mind.

The lame, the deaf, the dumb, the blind, the sick, the
sensual, the sinner, I wished to save from the slavery of
27 their own beliefs and from the educational
systems of the Pharaohs, who to-day, as of
yore, hold the children of Israel in bondage. I saw be-
30 fore me the awful conflict, the Red Sea and the wilder-
ness; but I pressed on through faith in God, trusting
Truth, the strong deliverer, to guide me into the land
1 of Christian Science, where fetters fall and the rights of
man are fully known and acknowledged.

House of
bondage

Discerning the rights of man, we cannot fail to fore-
15 see the doom of all oppression. Slavery is not the legiti-
mate state of man. God made man free.

Paul said, “I was free born.” All men should
18 be free. “Where the Spirit of the Lord is, there is lib-
erty.” Love and Truth make free, but evil and error
lead into captivity.

Native
freedom

21 Christian Science raises the standard of liberty and
cries: “Follow me! Escape from the bondage of sick-
ness, sin, and death!” Jesus marked out the
24 way. Citizens of the world, accept the “glori-
ous liberty of the children of God,” and be free! This
is your divine right. The illusion of material sense, not

Standard
of liberty

27 divine law, has bound you, entangled your free limbs,
crippled your capacities, enfeebled your body, and de-
faced the tablet of your being.

SH 410:14

Every trial of our faith in God makes us stronger.
15 The more difficult seems the material condition to be
overcome by Spirit, the stronger should be our
faith and the purer our love. The Apostle
18 John says: “There is no fear in Love, but perfect Love
casteth out fear. . . . He that feareth is not made per-
fect in Love.” Here is a definite and inspired proclama-
21 tion of Christian Science.

Love casteth
out fear

SH 228:11–15

The enslavement of man is not legitimate. It will
12 cease when man enters into his heritage of freedom, his
God-given dominion over the material senses.
Mortals will some day assert their freedom in
15 the name of Almighty God.

God-given
dominion

SH 224:28

Truth brings the elements of liberty. On its banner
is the Soul-inspired motto, “Slavery is abolished.” The
30 power of God brings deliverance to the cap-
tive. No power can withstand divine Love.
What is this supposed power, which opposes itself to God?
1 Whence cometh it? What is it that binds man with iron
shackles to sin, sickness, and death? Whatever enslaves
3 man is opposed to the divine government. Truth makes
man free.

Mental
emancipation

SH 481:2–5

Man is tributary to God, Spirit, and to nothing
3 else. God’s being is infinity, freedom, harmony, and

boundless bliss. “Where the Spirit of the Lord is,
there is liberty.”

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