Wed Peace of Mind 2023 11 08

Peace of Mind Wednesday, November 8, 2023

Hymns

118 57

93

Hymn Lyrics

Hymn 118

Hymn 118

ANDREW REED AND SAMUEL LONGFELLOW Adapted

(118)

ELIJAH

ARR. FROM F. MENDELSSOHN

Holy Spirit, Light divine, Shine upon this heart of mine; Kindle every high desire; Cleanse my thought in Thy pure fire.

Holy Spirit, Peace divine, Still this restless heart of mine; Speak to calm the tossing sea, Stayed in Thy tranquillity.

Holy Spirit, all divine, Dwell within this heart of mine; Bid my troubled thoughts be still; With Thy peace my spirit fill.

Hymn 57

Hymn 57

Frederick L. Hosmer *Adapted*

(57) WELWYN Alfred Scott-Gatty

Father, to Thee we turn away from sorrow, Thou art the fountain whence our healing flows; Dark though the night, joy cometh with the morrow; Safely they rest who on Thy love repose.

Should fond hopes fail and skies seem dark before us, Should the vain cares that vex our days increase, Comes with its calm the thought that Thou art o'er us; Then we grow quiet, folded in Thy peace.

Naught shall affright us, on Thy goodness leaning; Low in the heart faith singeth still her song; Chastened and blessed we learn life's deeper meaning, Thus in our meekness Thou dost make us strong.

Hymn 93

Hymn 93

WILLIAM P. MCKENZIE

(93) PEACE Arr. from W. A. Mozart

Happy the man whose heart can rest, Assured God's goodness ne'er will cease; Each day, complete, with joy is blessed, God keepeth him in perfect peace.

God keepeth him, and God is one, One Life, forevermore the same, One Truth unchanged while ages run; Eternal Love His holiest name.

Dwelling in Love that cannot change, From anxious fear man finds release; No more his homeless longings range, God keepeth him in perfect peace.

In perfect peace, with tumult stilled, Enhavened where no storms arise, There man can work what God hath willed; The joy of perfect work his prize.

The Bible

- 1. II Tim 1:7 God
 - 7 God hath not given us the spirit of fear; but of power, and of love, and of a sound mind.

2. Isa. 26:3

3 Thou wilt keep *him* in perfect peace, *whose* mind *is* stayed *on thee:* because he trusteth in thee.

3. Isa. 45:7 (to 2nd ,)

7 I form the light, and create darkness: I make peace,

4. Jer. 29:11

11 For I know the thoughts that I think toward you, saith the LORD, thoughts

of peace, and not of evil, to give you an expected end.

- 5. I Kings 18:46 (to ;)
- 46 And the hand of the LORD was on Elijah;
- 6. I Kings 19:9-12
 - 9 ¶ And he came thither unto a cave, and lodged there; and, behold, the word of the LORD *came* to him, and he said unto him, What doest thou here, Elijah?
- 10 And he said, I have been very jealous for the LORD God of hosts: for the children of Israel have forsaken thy covenant, thrown down thine altars, and slain thy prophets with the sword; and I, *even* I only, am left; and they seek my life, to take it away.
- 11 And he said, Go forth, and stand upon the mount before the LORD. And, behold, the LORD passed by, and a great and strong wind rent the mountains, and brake in pieces the rocks before the LORD; *but* the LORD *was* not in the wind: and after the wind an earthquake; *but* the LORD *was* not in the earthquake:
- 12 And after the earthquake a fire; *but* the LORD *was* not in the fire: and after the fire a still small voice.

7. Ps. 23:1, 2

- 1 THE LORD is my shepherd; I shall not want.
- 2 He maketh me to lie down in green pastures: he leadeth me beside the still waters.

8. Ps. 107:21, 23-30

- 21 Oh that *men* would praise the LORD *for* his goodness, and *for* his wonderful works to the children of men!
- 23 They that go down to the sea in ships, that do business in great waters;
- 24 These see the works of the LORD, and his wonders in the deep.
- ²⁵ For he commandeth, and raiseth the stormy wind, which lifteth up the waves thereof.
- ²⁶ They mount up to the heaven, they go down again to the depths: their soul is melted because of trouble.
- 27 They reel to and fro, and stagger like a drunken man, and are at their wit's end.
- ²⁸ Then they cry unto the LORD in their trouble, and he bringeth them out of their distresses.
- 29 He maketh the storm a calm, so that the waves thereof are still.
- 30 Then are they glad because they be quiet; so he bringeth them unto their

desired haven.

9. Ps 46:1-3, 5-7, 9-11

- 1 GOD is our refuge and strength, a very present help in trouble.
- 2 Therefore will not we fear, though the earth be removed, and though the mountains be carried into the midst of the sea;
- ³ *Though* the waters thereof roar *and* be troubled, *though* the mountains shake with the swelling thereof. Selah.
- 5 God *is* in the midst of her; she shall not be moved: God shall help her, *and that* right early.
- ⁶ The heathen raged, the kingdoms were moved: he uttered his voice, the earth melted.
- 7 The LORD of hosts *is* with us; the God of Jacob *is* our refuge. Selah.
- 9 He maketh wars to cease unto the end of the earth; he breaketh the bow, and cutteth the spear in sunder; he burneth the chariot in the fire.
- 10 Be still, and know that I *am* God: I will be exalted among the heathen, I will be exalted in the earth.
- 11 The LORD of hosts *is* with us; the God of Jacob *is* our refuge. Selah.

10. Ps. 94:19

19 In the multitude of my thoughts within me thy comforts delight my soul.

11. Ps. 139:23

23 Search me, O God, and know my heart: try me, and know my thoughts:

12. Mark 1:9 it, 21-28

- 9 it came to pass in those days, that Jesus came from Nazareth of Galilee, and was baptized of John in Jordan.
- 21 And they went into Capernaum; and straightway on the sabbath day he entered into the synagogue, and taught.
- 22 And they were astonished at his doctrine: for he taught them as one that had authority, and not as the scribes.
- 23 And there was in their synagogue a man with an unclean spirit; and he cried out,
- 24 Saying, Let *us* alone; what have we to do with thee, thou Jesus of Nazareth? art thou come to destroy us? I know thee who thou art, the Holy One of God.
- 25 And Jesus rebuked him, saying, Hold thy peace, and come out of him.
- 26 And when the unclean spirit had torn him, and cried with a loud voice, he came out of him.
- 27 And they were all amazed, insomuch that they questioned among

themselves, saying, What thing is this? what new doctrine *is* this? for with authority commandeth he even the unclean spirits, and they do obey him.

28 And immediately his fame spread abroad throughout all the region round about Galilee.

13. Matt. 22:34-37 when

- 34 when the Pharisees had heard that he had put the Sadducees to silence, they were gathered together.
- 35 Then one of them, *which was* a lawyer, asked *him a question*, tempting him, and saying,
- 36 Master, which *is* the great commandment in the law?
- ³⁷ Jesus said unto him, Thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind.

14. Rom 12:1-3, 10 (to ;), 16 (to 1st .), 21

- ¹ I BESEECH you therefore, brethren, by the mercies of God, that ye present your bodies a living sacrifice, holy, acceptable unto God, *which is* your reasonable service.
- 2 And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what *is* that good, and acceptable, and perfect, will of God.
- ³ For I say, through the grace given unto me, to every man that is among you, not to think *of himself* more highly than he ought to think; but to think soberly, according as God hath dealt to every man the measure of faith.
- 10 Be kindly affectioned one to another with brotherly love;
- 16 Be of the same mind one toward another.
- 21 Be not overcome of evil, but overcome evil with good.

15. Phil 2:1-5, 13

- 1 IF *there be* therefore any consolation in Christ, if any comfort of love, if any fellowship of the Spirit, if any bowels and mercies,
- 2 Fulfil ye my joy, that ye be like-minded, having the same love, *being* of one accord, of one mind.
- 3 *Let* nothing *be done* through strife or vainglory; but in lowliness of mind let each esteem other better than themselves.
- 4 Look not every man on his own things, but every man also on the things of others.
- 5 Let this mind be in you, which was also in Christ Jesus:
- 13 For it is God which worketh in you both to will and to do of *his* good pleasure.

16. Phil 4:7

7 And the peace of God, which passeth all understanding, shall keep your hearts and minds through Christ Jesus.

17. John 14:27 (to :)

27 Peace I leave with you, my peace I give unto you:

Science and Health with Key to the Scriptures by Mary Baker Eddy

1. SH 144:20

Truth, and

21 not corporeal will, is the divine power which says to disease, "Peace, be still."

2. SH 265:23-24

Who that has felt the loss of human peace has not gained

24 stronger desires for spiritual joy?

3. SH 358:9-11, 15

- 9 Christian Science, understood, coincides with the Scriptures, and sustains logically and demonstratively every point it presents. It presents the calm and clear verdict of Truth against error, uttered and illustrated by the prophets, by Jesus, by his apostles, as is recorded throughout the
- 18 Scriptures.

4. SH 422:5

If the reader of this book observes a great stir through-

- out his whole system, and certain moral and physical symptoms seem aggravated, these indications are favorable. Continue to read, and the book
- 9 will become the physician, allaying the tremor which Truth often brings to error when destroying it.

5. SH 121:17

The earth's diurnal rotation is invisible to the physical

- 18 eye, and the sun seems to move from east to west, instead of the earth from west to east. Until rebuked by clearer views of the everlasting facts, this
- 21 false testimony of the eye deluded the judgment and induced false conclusions. Science shows appearances often to be erroneous, and corrects these errors by the simple
- rule that the greater controls the lesser. The sun is the central stillness, so far as our solar system is concerned, and the earth revolves about the sun once a year, besides
- turning daily on its own axis.

Scientific and Biblical facts

Effect of this book

Astronomic unfoldings

6. SH 411:13-18

It is recorded that once Jesus asked the name of a disease, — a disease which moderns would call *dementia*.

The demon, or evil, replied that his name was
Legion. Thereupon Jesus cast out the evil,
and the insane man was changed and straightway be-

¹⁸ came whole.

7. SH 393:32-4

It is well to be calm in sickness;

- ^{394:1} to be hopeful is still better; but to understand that sickness is not real and that Truth can destroy its seeming
- ³ reality, is best of all, for this understanding is the universal and perfect remedy.

8. SH 414:4

The treatment of insanity is especially interesting. However obstinate the case, it yields more readily than

- do most diseases to the salutary action of truth, which counteracts error. The arguments to be used in curing insanity are the same as in
- 9 other diseases: namely, the impossibility that matter, brain, can control or derange mind, can suffer or cause suffering; also the fact that truth and love will establish
- 12 a healthy state, guide and govern mortal mind or the thought of the patient, and destroy all error, whether it is called dementia, hatred, or any other discord.
- 9. SH 559:8-16

The "still, small voice"

- 9 of scientific thought reaches over continent and ocean to the globe's remotest bound. The inaudible voice of Truth is, to the human mind, "as when a lion roareth."
- 12 It is heard in the desert and in dark places of fear. It arouses the "seven thunders" of evil, and stirs their latent forces to utter the full diapason of secret tones. Then is
- 15 the power of Truth demonstrated, made manifest in the destruction of error.

10. SH 407:29-30

There are many species of insanity. All sin is insanity in different degrees.

11. SH 408:6

30

Intere is a universal insanity of so-called health, which mistakes fable for fact throughout the entire round of the material senses, but this general craze cannot, in a scienEvils cast out

Cure of insanity

Sin a form of insanity

tific diagnosis, shield the individual case from the special name of insanity. Those unfortunate people who are committed to insane asylums are only so many distinctly defined instances of the baneful effects of illusion on mortal minds and bodies.

12. SH 420:28

If it becomes necessary to startle mortal mind to break its dream of suffering, vehemently tell your patient that

- 30 he must awake. Turn his gaze from the false evidence of the senses to the harmonious facts of Soul and immortal being. Tell him that he suffers
- ^{421:1} only as the insane suffer, from false beliefs. The only difference is, that insanity implies belief in a diseased
- ³ brain, while physical ailments (so-called) arise from the belief that other portions of the body are deranged. Derangement, or *disarrangement*, is a word which conveys
- 6 the true definition of all human belief in ill-health, or disturbed harmony. Should you thus startle mortal mind in order to remove its beliefs, afterwards make known
- 9 to the patient your motive for this shock, showing him that it was to facilitate recovery.

13. SH 421:21-24

Calm the excitement sometimes induced by chemicalization, which is the alterative effect produced by Truth upon error, and sometimes explain the symptoms

²⁴ and their cause to the patient.

14. SH 415:21

The mus-

cles, moving quickly or slowly and impelled or palsied by thought, represent the action of all the organs of the hu-

- 24 man system, including brain and viscera. To remove the error producing disorder, you must calm and instruct mortal mind with immortal Truth.
- 15. SH 495:16-20

Let neither

fear nor doubt overshadow your clear sense and

18 calm trust, that the recognition of life harmonious — as Life eternally is — can destroy any painful sense of, or belief in, that which Life is not.

16. SH 214:32

3 Spirit's senses are with-

215:1 out pain, and they are forever at peace. Nothing can hide

Awaken the patient

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