

# Wed Psalms Calms Storms 2023 03 01

Psalms Calm Storms

Wednesday, March 1, 2023

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## Hymns (see lyrics below)

465

254

99

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## The Bible

1. Ps. 107:1, 8, 9, 13 they, 14, 20, 29

- 1 O GIVE thanks unto the LORD, for *he is good*: for his mercy *endureth* for ever.
- 8 Oh that *men* would praise the LORD *for* his goodness, and *for* his wonderful works to the children of men!
- 9 For he satisfieth the longing soul, and filleth the hungry soul with goodness.
- 13 they cried unto the LORD in their trouble, *and* he saved them out of their distresses.
- 14 He brought them out of darkness and the shadow of death, and brake their bands in sunder.
- 20 He sent his word, and healed them, and delivered *them* from their destructions.
- 29 He maketh the storm a calm, so that the waves thereof are still.

2. I Sam 16:14-17 the spirit, 19, 23

- 14 the spirit of the LORD departed from Saul, and an evil spirit from the LORD troubled him.
- 15 And Saul's servants said unto him, Behold now, an evil spirit from God troubleth thee.
- 16 Let our lord now command thy servants, *which are* before thee, to seek out a man, *who is* a cunning player on an harp: and it shall come to pass, when the evil spirit from God is upon thee, that he shall play with his hand, and thou shalt be well.
- 17 And Saul said unto his servants, Provide me now a man that can play well, and bring *him* to me.
- 19 ¶ Wherefore Saul sent messengers unto Jesse, and said, Send me David thy son, which *is* with the sheep.
- 23 And it came to pass, when the *evil* spirit from God was upon Saul, that David took an harp, and played with his hand: so Saul was refreshed, and was well, and the evil spirit departed from him.

3. I Chron. 16:7-11

- 7 ¶ Then on that day David delivered first *this psalm* to thank the LORD into the hand of Asaph and his brethren.
- 8 Give thanks unto the LORD, call upon his name, make known his deeds among the people.
- 9 Sing unto him, sing psalms unto him, talk ye of all his wondrous works.
- 10 Glory ye in his holy name: let the heart of them rejoice that seek the LORD.
- 11 Seek the LORD and his strength, seek his face continually.

## 4. Ps 42:1-3, 5

- 1 AS the hart panteth after the water brooks, so panteth my soul after thee, O God.
- 2 My soul thirsteth for God, for the living God: when shall I come and appear before God?
- 3 My tears have been my meat day and night, while they continually say unto me, Where *is* thy God?
- 5 Why art thou cast down, O my soul? and *why* art thou disquieted in me? hope thou in God: for I shall yet praise him *for* the help of his countenance.

## 5. Ps 98:5

- 5 Sing unto the LORD with the harp; with the harp, and the voice of a psalm.

## 6. Ps 46:1, 2, 6, 7, 9, 10 (to :)

- 1 GOD *is* our refuge and strength, a very present help in trouble.
- 2 Therefore will not we fear, though the earth be removed, and though the mountains be carried into the midst of the sea;
- 6 The heathen raged, the kingdoms were moved: he uttered his voice, the earth melted.
- 7 The LORD of hosts *is* with us; the God of Jacob *is* our refuge. Selah.
- 9 He maketh wars to cease unto the end of the earth; he breaketh the bow, and cutteth the spear in sunder; he burneth the chariot in the fire.
- 10 Be still, and know that I *am* God:

## 7. Luke 2:8, 9, 11, 13, 14

- 8 And there were in the same country shepherds abiding in the field, keeping watch over their flock by night.
- 9 And, lo, the angel of the Lord came upon them, and the glory of the Lord shone round about them: and they were sore afraid.
- 11 For unto you is born this day in the city of David a Saviour, which is Christ the Lord.
- 13 And suddenly there was with the angel a multitude of the heavenly host praising God, and saying,
- 14 Glory to God in the highest, and on earth peace, good will toward men.

## 8. Ps 108:5

5 Be thou exalted, O God, above the heavens: and thy glory above all the earth;

## 9. Ps 103:17 the

17 the mercy of the LORD *is* from everlasting to everlasting upon them that fear him, and his righteousness unto children's children;

## 10. Acts 10:34-38

34 ¶ Then Peter opened *his* mouth, and said, Of a truth I perceive that God is no respecter of persons:

35 But in every nation he that feareth him, and worketh righteousness, is accepted with him.

36 The word which *God* sent unto the children of Israel, preaching peace by Jesus Christ: (he is Lord of all:)

37 That word, *I say*, ye know, which was published throughout all Judæa, and began from Galilee, after the baptism which John preached;

38 How God anointed Jesus of Nazareth with the Holy Ghost and with power: who went about doing good, and healing all that were oppressed of the devil; for God was with him.

## 11. Ps 100:2, 3

2 Serve the LORD with gladness: come before his presence with singing.

3 Know ye that the LORD he *is* God: *it is* he *that* hath made us, and not we ourselves; *we are* his people, and the sheep of his pasture.

## 12. Ps 20:1 (to ;), 2

1 THE LORD hear thee in the day of trouble;

2 Send thee help from the sanctuary, and strengthen thee out of Zion;

## 13. Ps. 22:1, 4

1 MY God, my God, why hast thou forsaken me? *why art thou so* far from helping me, *and from* the words of my roaring?

4 Our fathers trusted in thee: they trusted, and thou didst deliver them.

## 14. Matt. 27:27-29 1st the, 35, 45, 46

27 the soldiers of the governor took Jesus into the common hall, and gathered unto him the whole band *of soldiers*.

28 And they stripped him, and put on him a scarlet robe.

29 ¶ And when they had platted a crown of thorns, they put *it* upon his head, and a reed in his right hand: and they bowed the knee before him, and mocked him, saying, Hail, King of the Jews!

35 And they crucified him, and parted his garments, casting lots: that it might be fulfilled which was spoken by the prophet, They parted my garments among them, and upon my vesture did they cast lots.

45 Now from the sixth hour there was darkness over all the land unto the ninth hour.

46 And about the ninth hour Jesus cried with a loud voice, saying, Eli, Eli, lama sabachthani? that is to say, My God, my God, why hast thou forsaken me?

15. Ps 23:1, 4 (to :), 6

1 THE LORD *is* my shepherd; I shall not want.

4 Yea, though I walk through the valley of the shadow of death, I will fear no evil:

6 Surely goodness and mercy shall follow me all the days of my life: and I will dwell in the house of the LORD for ever.

16. Ps 91:5-11

5 Thou shalt not be afraid for the terror by night; *nor* for the arrow *that* flieth by day;

6 *Nor* for the pestilence *that* walketh in darkness; *nor* for the destruction *that* wasteth at noonday.

7 A thousand shall fall at thy side, and ten thousand at thy right hand; *but* it shall not come nigh thee.

8 Only with thine eyes shalt thou behold and see the reward of the wicked.

9 Because thou hast made the LORD, *which is* my refuge, *even* the most High, thy habitation;

10 There shall no evil befall thee, neither shall any plague come nigh thy dwelling.

11 For he shall give his angels charge over thee, to keep thee in all thy ways.

17. Ps. 33:20

20 Our soul waiteth for the LORD: he *is* our help and our shield.

18. Ps 139:7-11

7 Whither shall I go from thy spirit? or whither shall I flee from thy presence?

8 If I ascend up into heaven, thou *art* there: if I make my bed in hell, behold, thou *art there*.

9 *If* I take the wings of the morning, *and* dwell in the uttermost parts of the sea;

10 Even there shall thy hand lead me, and thy right hand shall hold me.

11 If I say, Surely the darkness shall cover me; even the night shall be light about me.

## 19. James 5:13

- 13 Is any among you afflicted? let him pray. Is any merry? let him sing psalms.

## 20. Ps 94:19

- 19 In the multitude of my thoughts within me thy comforts delight my soul.

## 21. Ps 90:17 (to :)

- 17 And let the beauty of the LORD our God be upon us:

## 22. II Sam. 23:1, 2

- 1 NOW these *be* the last words of David. David the son of Jesse said, and the man *who was* raised up on high, the anointed of the God of Jacob, and the sweet psalmist of Israel, said,  
2 The spirit of the LORD spake by me, and his word *was* in my tongue.

**Science and Health with Key to the Scriptures by Mary Baker Eddy**

## 1. SH200:9

- Life is, always  
has been, and ever will be independent of  
matter; for Life is God, and man is the idea  
12 of God, not formed materially but spiritually, and not  
subject to decay and dust. The Psalmist said: "Thou  
15 madest him to have dominion over the works of Thy  
hands. Thou hast put all things under his feet."

A mortal not  
man

## 2. SH 135:1-5

- The Psalmist sang: "What ailed  
thee, O thou sea, that thou fleddest? Thou Jordan,  
3 that thou wast driven back? Ye mountains,  
that ye skipped like rams, and ye little hills,  
like lambs?"

Lawful wonders

## 3. SH 505:16

- Spirit imparts the understanding which uplifts consciousness and leads into all truth. The Psalmist saith:  
18 "The Lord on high is mightier than the noise  
of many waters, yea, than the mighty waves of  
the sea." Spiritual sense is the discernment of spiritual  
21 good. Understanding is the line of demarcation between  
the real and unreal. Spiritual understanding unfolds  
Mind, — Life, Truth, and Love, — and demonstrates the  
24 divine sense, giving the spiritual proof of the universe in  
Christian Science.

Understanding  
imparted

## 4. SH 199:32-4

When Homer sang of the Grecian gods, Olympus was  
 200:1 dark, but through his verse the gods became alive in a  
 nation's belief. Pagan worship began with muscularity,  
 3 but the law of Sinai lifted thought into the  
 song of David.

Homer and  
 Moses

5. SH 213:24-26, 27

Men-  
 tal melodies and strains of sweetest music supersede con-  
 scious sound. Music is the rhythm of head and heart. Mortal mind is the harp of many strings, discoursing  
 27 either discord or harmony according as the hand, which  
 sweeps over it, is human or divine.

6. SH 308:14-15

The Soul-inspired patriarchs heard the voice of Truth,  
 15 and talked with God as consciously as man talks with man.

7. SH 564:24-28

24 From Genesis to the Apocalypse, sin, sickness, and  
 death, envy, hatred, and revenge, — all evil, — are typi-  
 fied by a serpent, or animal subtlety. Jesus  
 27 said, quoting a line from the Psalms, "They  
 hated me without a cause."

Doom of the  
 dragon

8. SH 42:1-8

42:1 Jesus' life proved, divinely and scientifically, that God  
 is Love, whereas priest and rabbi affirmed God to be a  
 3 mighty potentate, who loves and hates. The Jewish the-  
 ology gave no hint of the unchanging love of God.

The universal belief in death is of no advantage. It  
 6 cannot make Life or Truth apparent. Death  
 will be found at length to be a mortal dream,  
 which comes in darkness and disappears with the light.

A belief in death

9. SH 568:24-30

24 For victory over a single sin, we give thanks and mag-  
 nify the Lord of Hosts. What shall we say of the mighty  
 conquest over all sin? A louder song, sweeter  
 27 than has ever before reached high heaven,  
 now rises clearer and nearer to the great heart of Christ;  
 for the accuser is not there, and Love sends forth her  
 30 primal and everlasting strain.

Pæan of jubilee

10. SH 219:23

We may hear a sweet melody, and yet misunderstand  
 24 the science that governs it. Those who are healed  
 through metaphysical Science, not compre-  
 hending the Principle of the cure, may misun-  
 27 derstand it, and impute their recovery to change of air or

Scientific  
 beginning

diet, not rendering to God the honor due to Him alone.

Entire immunity from the belief in sin, suffering, and

- 30 death may not be reached at this period, but we may look for an abatement of these evils; and this scientific beginning is in the right direction.

11. SH 220:8-14

Instinct is better than misguided reason, as even na-

- 9 ture declares. The violet lifts her blue eye to greet the early spring. The leaves clap their hands as nature's untired worshippers. The snowbird sings and soars  
12 amid the blasts; he has no catarrh from wet feet, and procures a summer residence with more ease than a nabob.

12. SH 575:22-24

As the Psalmist saith, "Beautiful for situation, the

joy of the whole earth, is mount Zion, on the sides of

- 24 the north, the city of the great King."

The royally  
divine gates

13. SH 10:1-8

- 10:1 Prayer means that we desire to walk and will walk in the light so far as we receive it, even though with bleed-  
3 ing footsteps, and that waiting patiently on the Lord, we will leave our real desires to be rewarded by Him.

The world must grow to the spiritual understanding

- 6 of prayer. If good enough to profit by Jesus' cup of earthly sorrows, God will sustain us under these sorrows.

14. SH 444:7

If Christian Scientists ever fail to receive aid from

other Scientists, — their brethren upon whom they may

- 9 call, — God will still guide them into the right use of temporary and eternal means. Step by step will those who trust Him find that "God is our refuge  
12 and strength, a very present help in trouble."

Refuge and  
strength

15. SH 574:27-30

The very

circumstance, which your suffering sense

deems wrathful and afflictive, Love can make an angel

- 30 entertained unawares.

16. SH 577:9-11, 32-18

- 9 In this divinely united spiritual consciousness, there is no

impediment to eternal bliss, — to the perfectibility of  
God's creation.

In the following Psalm one word shows, though faintly,  
578:1 the light which Christian Science throws on the Scriptures  
by substituting for the corporeal sense, the incorporeal  
3 or spiritual sense of Deity: —

### PSALM XXIII

[DIVINE LOVE] is my shepherd; I shall not want.

6 [LOVE] maketh me to lie down in green pastures:  
[LOVE] leadeth me beside the still waters.

[LOVE] restoreth my soul [spiritual sense]: [LOVE] lead-  
9 eth me in the paths of righteousness for His name's sake.

Yea, though I walk through the valley of the shadow of  
death, I will fear no evil: for [LOVE] is with me; [LOVE's]  
12 rod and [LOVE's] staff they comfort me.

[LOVE] prepareth a table before me in the presence of  
mine enemies: [LOVE] anointeth my head with oil; my cup  
15 runneth over.

Surely goodness and mercy shall follow me all the days of  
my life; and I will dwell in the house [the consciousness]  
18 of [LOVE] for ever.

17. SH 85:4-6

This Soul-sense  
comes to the human mind when the latter yields to the  
6 divine Mind.

18. SH 45:16 (only)

Glory be to God, and peace to the struggling hearts!

~

### Hymn 465

~

Dear Shepherd, You are Love divine,  
You meet my every need.  
Where fields are green and waters still  
I rest, I drink, I feed.

.

Your love restores my thirsty soul  
And leads me from the wild  
To walk in ways of Truth and Life  
As Your beloved child.

.

And even when the shade of death  
Suggests that we can part,  
No fear of evil enters here;  
Your strength and guidance, ever near,  
Bring comfort to my heart.



.  
 Your goodness spreads before my eyes;  
 No enemy You know.  
 Your oil is poured upon my head;  
 My cup, it overflows.

.  
 Your grace and mercy every day  
 Bring blessings from above.  
 I'm living in the house of God  
 The consciousness of Love.

~  
 Hymn 254

### **Hymn 253–257**

#### **CHRIST MY REFUGE**

MARY BAKER EDDY

(253)

#### **PLEASANT STREET**

WILLIAM LYMAN JOHNSON

(254)

#### **NORTON**

LYMAN BRACKETT

(255)

#### **REFUGE**

PERCY C. BUCK

Music by permission of Percy C. Buck

(256)

#### **OLDOWN**

BASIL HARWOOD

Music by permission of Basil Harwood

(257)

#### **OBLATION**

PERCY WHITLOCK

O'er waiting harpstrings of the mind  
 There sweeps a strain,  
 Low, sad, and sweet, whose measures bind  
 The power of pain,  
 And wake a white-winged angel throng  
 Of thoughts, illumed

By faith, and breathed in raptured song,  
With love perfumed.

Then His unveiled, sweet mercies show  
Life's burdens light.  
I kiss the cross, and wake to know  
A world more bright.

And o'er earth's troubled, angry sea  
I see Christ walk,  
And come to me, and tenderly,  
Divinely talk.

Thus Truth engrounds me on the rock,  
Upon Life's shore,  
'Gainst which the winds and waves can shock,  
Oh, nevermore!

From tired joy and grief afar,  
And nearer Thee,—  
Father, where Thine own children are,  
I love to be.

My prayer, some daily good to do  
To Thine, for Thee;  
An offering pure of Love, whereto  
God leadeth me.

~

Hymn 99

## Hymn 99

### NINETY-FIRST PSALM I

ADAPTED FROM TATE AND BRADY

(99)

### BERA

JOHN E. GOULD, ARR. BY W. E. YOUNG

He that hath God his guardian made,  
Shall underneath th' Almighty's shade  
Fearless and undisturbed abide;  
Thus to myself of Him I'll say,  
He is my fortress, shield and stay,  
My God; in Him I will confide.

His tender love and watchful care  
Shall free thee from the fowler's snare,  
From every harm and pestilence.  
He over thee His wings shall spread  
To cover thy unguarded head.  
His truth shall be thy strong defense.

He gives His angels charge o'er thee,

No evil therefore shalt thou see;  
Thy refuge shall be God most high;  
Dwelling within His secret place,  
Thou shalt behold His power and grace,  
See His salvation ever nigh.

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