

Wed Strength 2022 05 25

Strength

Wednesday, May 25, 2022

Hymns

458

566

571

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Hymn #458

Christ comes, with succor speedy,
To those who suffer wrong;
To help the poor and needy,
And bid the weak be strong;
Christ comes to break oppression,
To set the captive free,
To take away transgression,
And rule in equity.

.

God's blessings come as showers
Upon the thirsty earth;
And joy and hope, like flowers,
Spring in His path to birth.
Before Him on the mountains
Shall Peace, the herald, go;
From hill to vale the fountains
Of righteousness shall flow.

.

To God shall prayer unceasing,
And daily vows, ascend;
Love's kingdom still increasing,
A kingdom without end.
The tide of time shall never
God's covenant remove;
Her name shall stand forever:
Her changeless name of Love.

~

Hymn #566

Rock of Ages, Truth divine,
Be Thy strength forever mine;
Let me rest secure on Thee,
Safe above life's raging sea.
Rock of Ages, Truth divine,
Be Thy strength forever mine.

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Rock of Truth, our fortress strong,
Thou our refuge from all wrong,

When from mortal sense I flee,
 Let me hide myself in Thee.
 Rock of Ages, Truth divine,
 Be Thy strength forever mine.

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 Christ, the Truth, foundation sure,
 On this rock we are secure;
 Peace is there our life to fill,
 Cure is there for every ill.
 Rock of Ages, Truth divine,
 Be Thy strength forever mine.

~

Hymn #571

By Mary Baker Eddy

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 Saw ye my Saviour? Heard ye the glad sound?
 Felt ye the power of the Word?
 'Twas the Truth that made us free,
 And was found by you and me
 In the life and the love of our Lord.

.
 Mourner, it calls you,—“Come to my bosom,
 Love wipes your tears all away,
 And will lift the shade of gloom,
 And for you make radiant room
 Midst the glories of one endless day.”

.
 Sinner, it calls you,—“Come to this fountain,
 Cleanse the foul senses within;
 'Tis the Spirit that makes pure,
 That exalts thee, and will cure
 All thy sorrow and sickness and sin.”

.
 Strongest deliverer, friend of the friendless,
 Life of all being divine:
 Thou the Christ, and not the creed;
 Thou the Truth in thought and deed;
 Thou the water, the bread, and the wine.

The Bible

1. Job 4:3 2nd thou
 3 thou hast strengthened the weak hands.

2. Job 40:9 (to 1st ?)
 9 Hast thou an arm like God?

3. Job 41:22

22 In his neck remaineth strength, and sorrow is turned into joy before him.

4. Ps. 142:1 (to ;), 2, 3 (to 1st .), 5, 6

- 1 I CRIED unto the LORD with my voice;
- 2 I poured out my complaint before him; I shewed before him my trouble.
- 3 When my spirit was overwhelmed within me, then thou knewest my path.
- 5 I cried unto thee, O LORD: I said, Thou *art* my refuge *and* my portion in the land of the living.
- 6 Attend unto my cry; for I am brought very low: deliver me from my persecutors; for they are stronger than I.

5. Joel 3:10 let

- 10 let the weak say, I *am* strong.

6. Ex 3:1-4, 7, 9-12

- 1 NOW Moses kept the flock of Jethro his father in law, the priest of Midian: and he led the flock to the backside of the desert, and came to the mountain of God, *even* to Horeb.
- 2 And the angel of the LORD appeared unto him in a flame of fire out of the midst of a bush: and he looked, and, behold, the bush burned with fire, and the bush *was* not consumed.
- 3 And Moses said, I will now turn aside, and see this great sight, why the bush is not burnt.
- 4 And when the LORD saw that he turned aside to see, God called unto him out of the midst of the bush, and said, Moses, Moses. And he said, Here *am* I.
- 7 ¶ And the LORD said, I have surely seen the affliction of my people which *are* in Egypt, and have heard their cry by reason of their taskmasters; for I know their sorrows;
- 9 Now therefore, behold, the cry of the children of Israel is come unto me: and I have also seen the oppression wherewith the Egyptians oppress them.
- 10 Come now therefore, and I will send thee unto Pharaoh, that thou mayest bring forth my people the children of Israel out of Egypt.
- 11 ¶ And Moses said unto God, Who *am* I, that I should go unto Pharaoh, and that I should bring forth the children of Israel out of Egypt?
- 12 And he said, Certainly I will be with thee; and this *shall be* a token unto thee, that I have sent thee: When thou hast brought forth the people out of Egypt, ye shall serve God upon this mountain.

7. Ex. 16:1-4 (to ;), 13-15

- 1 AND they took their journey from Elim, and all the congregation of the children of Israel came unto the wilderness of Sin, which *is* between Elim

and Sinai, on the fifteenth day of the second month after their departing out of the land of Egypt.

- 2 And the whole congregation of the children of Israel murmured against Moses and Aaron in the wilderness:
- 3 And the children of Israel said unto them, Would to God we had died by the hand of the LORD in the land of Egypt, when we sat by the flesh pots, *and* when we did eat bread to the full; for ye have brought us forth into this wilderness, to kill this whole assembly with hunger.
- 4 ¶ Then said the LORD unto Moses, Behold, I will rain bread from heaven for you;
- 13 And it came to pass, that at even the quails came up, and covered the camp: and in the morning the dew lay round about the host.
- 14 And when the dew that lay was gone up, behold, upon the face of the wilderness *there lay* a small round thing, *as* small as the hoar frost on the ground.
- 15 And when the children of Israel saw *it*, they said one to another, *It is* manna: for they wist not what it *was*. And Moses said unto them, *This is* the bread which the LORD hath given you to eat.

8. Ps. 89:8

- 8 O LORD God of hosts, who *is* a strong LORD like unto thee? or to thy faithfulness round about thee?

9. II Chron. 15:7

- 7 Be ye strong therefore, and let not your hands be weak: for your work shall be rewarded.

10. I Sam. 17:4, 8, 11, 32, 33, 38-40, 45, 46 (to 1st ;), 47-50

- 4 ¶ And there went out a champion out of the camp of the Philistines, named Goliath, of Gath, whose height *was* six cubits and a span.
- 8 And he stood and cried unto the armies of Israel, and said unto them, Why are ye come out to set *your* battle in array? *am* not I a Philistine, and ye servants to Saul? choose you a man for you, and let him come down to me.
- 11 When Saul and all Israel heard those words of the Philistine, they were dismayed, and greatly afraid.
- 32 ¶ And David said to Saul, Let no man's heart fail because of him; thy servant will go and fight with this Philistine.
- 33 And Saul said to David, Thou art not able to go against this Philistine to fight with him: for thou *art but* a youth, and he a man of war from his youth.
- 38 ¶ And Saul armed David with his armour, and he put an helmet of brass upon his head; also he armed him with a coat of mail.

- And David girded his sword upon his armour, and he assayed to go; for he
 39 had not proved *it*. And David said unto Saul, I cannot go with these; for I
 have not proved *them*. And David put them off him.
- 40 And he took his staff in his hand, and chose him five smooth stones out of
 the brook, and put them in a shepherd's bag which he had, even in a scrip;
 and his sling *was* in his hand: and he drew near to the Philistine.
- 45 Then said David to the Philistine, Thou comest to me with a sword, and
 with a spear, and with a shield: but I come to thee in the name of the LORD
 of hosts, the God of the armies of Israel, whom thou hast defied.
- 46 This day will the LORD deliver thee into mine hand;
- 47 And all this assembly shall know that the LORD saveth not with sword and
 spear: for the battle *is* the LORD's, and he will give you into our hands.
- 48 And it came to pass, when the Philistine arose, and came and drew nigh to
 meet David, that David hasted, and ran toward the army to meet the
 Philistine.
- 49 And David put his hand in his bag, and took thence a stone, and slang *it*,
 and smote the Philistine in his forehead, that the stone sunk into his
 forehead; and he fell upon his face to the earth.
- 50 So David prevailed over the Philistine with a sling and with a stone, and
 smote the Philistine, and slew him; but *there was* no sword in the hand of
 David.

11. Ps 46:1, 10 (to :)

- 1 GOD *is* our refuge and strength, a very present help in trouble.
- 10 Be still, and know that I *am* God:

12. Rom. 15:1

- 1 WE then that are strong ought to bear the infirmities of the weak, and not
 to please ourselves.

13. Matt 8:14-16

- 14 ¶ And when Jesus was come into Peter's house, he saw his wife's mother
 laid, and sick of a fever.
- 15 And he touched her hand, and the fever left her: and she arose, and
 ministered unto them.
- 16 ¶ When the even was come, they brought unto him many that were
 possessed with devils: and he cast out the spirits with *his* word, and healed
 all that were sick:

14. John 5:16, 17, 19 Verily, 30 (to :)

- 16 And therefore did the Jews persecute Jesus, and sought to slay him,
 because he had done these things on the sabbath day.
- 17 ¶ But Jesus answered them, My Father worketh hitherto, and I work.

19 Verily, verily, I say unto you, The Son can do nothing of himself, but what he seeth the Father do: for what things soever he doeth, these also doeth the Son likewise.

30 I can of mine own self do nothing:

15. II Cor. 12:10 1st I

10 I take pleasure in infirmities, in reproaches, in necessities, in persecutions, in distresses for Christ's sake: for when I am weak, then am I strong.

16. II Cor. 11:24, 25, 27-31

24 Of the Jews five times received I forty *stripes* save one.

25 Thrice was I beaten with rods, once was I stoned, thrice I suffered shipwreck, a night and a day I have been in the deep;

27 In weariness and painfulness, in watchings often, in hunger and thirst, in fastings often, in cold and nakedness.

28 Beside those things that are without, that which cometh upon me daily, the care of all the churches.

29 Who is weak, and I am not weak? who is offended, and I burn not?

30 If I must needs glory, I will glory of the things which concern mine infirmities.

31 The God and Father of our Lord Jesus Christ, which is blessed for evermore, knoweth that I lie not.

17. Isa 35:3, 4

3 ¶ Strengthen ye the weak hands, and confirm the feeble knees.

4 Say to them *that are* of a fearful heart, Be strong, fear not: behold, your God will come *with* vengeance, *even* God *with* a recompence; he will come and save you.

Science and Health with Key to the Scriptures, by Mary Baker Eddy

1. SH 80:1-3

80:1 We have strength in proportion to our apprehension of the truth, and our strength is not lessened by giving
3 utterance to truth.

2. SH 183:16-18, 23-24

The supposed laws which result in weariness and disease are not His laws, for the legitimate and only possible
18 action of Truth is the production of harmony. Obedience to Truth gives man
24 power and strength.

Laws of nature
spiritual

3. SH 192:17

Moral and spiritual might belong to Spirit, who holds

18 the “wind in His fists;” and this teaching accords with
 Science and harmony. In Science, you can
 have no power opposed to God, and the physi-
 21 cal senses must give up their false testimony. Your in-
 fluence for good depends upon the weight you throw into
 the right scale. The good you do and embody gives you
 24 the only power obtainable. Evil is not power. It is a
 mockery of strength, which ere long betrays its weakness
 and falls, never to rise.

The one real
 power

4. SH 193:32-2

It has been demonstrated to me that Life is God
 194:1 and that the might of omnipotent Spirit shares not its
 strength with matter or with human will.

5. SH 219:6-21

6 In mathematics, we do not multiply when we should
 subtract, and then say the product is correct. No more
 can we say in Science that muscles give strength,
 9 that nerves give pain or pleasure, or that matter
 governs, and then expect that the result will be harmony.
 Not muscles, nerves, nor bones, but mortal mind makes
 12 the whole body “sick, and the whole heart faint;” whereas
 divine Mind heals.

Affirmation and
 result

When this is understood, we shall never affirm concern-
 15 ing the body what we do not wish to have manifested. We
 shall not call the body weak, if we would have it strong;
 for the belief in feebleness must obtain in the human
 18 mind before it can be made manifest on the body, and
 the destruction of the belief will be the removal of its
 effects. Science includes no rule of discord, but governs
 21 harmoniously.

6. SH 377:12-15

12 Through different states of mind, the body becomes
 suddenly weak or abnormally strong, showing mortal
 mind to be the producer of strength or weak-
 15 ness.

Mind governs
 body

7. SH 371:27-30

The necessity for uplifting the race is father to
 the fact that Mind can do it; for Mind can impart
 purity instead of impurity, strength instead of weak-
 30 ness, and health instead of disease.

8. SH 36:10

Jesus endured the shame, that he might pour his
 dear-bought bounty into barren lives. What was his

12 earthly reward? He was forsaken by all save John,
 the beloved disciple, and a few women who bowed in
 silent woe beneath the shadow of his cross. The earthly
 15 price of spirituality in a material age and the great moral
 distance between Christianity and sensualism preclude
 Christian Science from finding favor with the worldly-
 18 minded.

9. SH 39:1-6

39:1 Meekly our Master met the mockery of his unrecog-
 nized grandeur. Such indignities as he received, his fol-
 3 lowers will endure until Christianity's last
 triumph. He won eternal honors. He over-
 came the world, the flesh, and all error, thus proving
 6 their nothingness.

Mockery of truth

10. SH 26:28

Our Master taught no mere theory, doctrine, or belief.
 It was the divine Principle of all real being which he
 30 taught and practised. His proof of Christianity was no
 form or system of religion and worship, but Christian
 Science, working out the harmony of Life and Love.
 27:1 Jesus sent a message to John the Baptist, which was in-
 tended to prove beyond a question that the Christ had
 3 come: "Go your way, and tell John what things ye have
 seen and heard; how that the blind see, the lame walk,
 the lepers are cleansed, the deaf hear, the dead are raised,
 6 to the poor the gospel is preached." In other words:
 Tell John what the demonstration of divine power is,
 and he will at once perceive that God is the power in
 9 the Messianic work.

11. SH 78:29-30

By it the sick are healed, the sorrowing are
 30 comforted, and the sinning are reformed.

12. SH 79:23-32

The unscientific practitioner says: "You are ill. Your
 24 brain is overtaxed, and you must rest. Your body is
 weak, and it must be strengthened. You have
 nervous prostration, and must be treated for it."
 27 Science objects to all this, contending for the rights of in-
 telligence and asserting that Mind controls body and brain.
 Mind-science teaches that mortals need "not be weary
 30 in well doing." It dissipates fatigue in doing
 good. Giving does not impoverish us in the
 service of our Maker, neither does withholding enrich us.

Mistaken
 methods

Divine strength

13. SH 80:3

A cup of coffee or tea is not the equal of truth, whether for the inspiration of a sermon or for the support of bodily endurance.

14. SH 393:12

12 Rise in the strength of Spirit to resist all that is unlike good. God has made man capable of this, and nothing can vitiate the ability and power divinely bestowed on
15 man.

15. SH 407:6-20

6 Man's enslavement to the most relentless masters — passion, selfishness, envy, hatred, and revenge — is conquered only by a mighty struggle. Every
9 hour of delay makes the struggle more severe. If man is not victorious over the passions, they crush out happiness, health, and manhood. Here Christian
12 Science is the sovereign panacea, giving strength to the weakness of mortal mind, — strength from the immortal and omnipotent Mind, — and lifting humanity above
15 itself into purer desires, even into spiritual power and good-will to man.

Universal
panacea

Let the slave of wrong desire learn the lessons of Christian Science, and he will get the better of that desire, and ascend a degree in the scale of health, happiness, and existence.

16. SH 423:15

15 The matter-physician deals with matter as both his foe and his remedy. He regards the ailment as weakened or strengthened according to the evidence which
18 matter presents. The metaphysician, making Mind his basis of operation irrespective of matter and regarding the truth and harmony of being as superior to error and discord, has rendered himself strong, instead of weak, to cope with the case; and he proportionately strengthens his patient with the stimulus of courage and
21 conscious power. Both Science and consciousness are now at work in the economy of being according to the law of Mind, which ultimately asserts its absolute supremacy.

Coping with
difficulties

17. SH 417:3-16

3 Give sick people credit for sometimes knowing more than their doctors. Always support their trust in the power of Mind to sustain the body. Never
6 tell the sick that they have more courage than strength. Tell them rather, that their strength

Helpful
encouragement

is in proportion to their courage. If you make the sick
9 realize this great truism, there will be no reaction from
over-exertion or from excited conditions. Maintain
the facts of Christian Science, — that Spirit is God, and
12 therefore cannot be sick; that what is termed matter
cannot be sick; that all causation is Mind, acting
through spiritual law. Then hold your ground with
15 the unshaken understanding of Truth and Love, and
you will win.

18. SH 426:9-11

The
struggle for Truth makes one strong instead of weak,
resting instead of wearying one.

19. SH 455:3-6, 8-10

3 A mental state of self-condemnation and guilt or a
faltering and doubting trust in Truth are unsuitable
conditions for healing the sick. Such mental
6 states indicate weakness instead of strength. You must utilize the moral
9 might of Mind in order to walk over the waves of error
and support your claims by demonstration.

Weakness and
guilt

20. SH 444:10

Step by
step will those who trust Him find that “God is our refuge
12 and strength, a very present help in trouble.”

21. SH 410:14 (only)

Every trial of our faith in God makes us stronger.