

Wed Psalms 2022 02 23

Psalms

Wednesday, February 23, 2022

Hymns (see lyrics below)

443

465

577

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The Bible

1. Ps 42:1-3, 5

- 1 AS the hart panteth after the water brooks, so panteth my soul after thee, O God.
- 2 My soul thirsteth for God, for the living God: when shall I come and appear before God?
- 3 My tears have been my meat day and night, while they continually say unto me, Where *is* thy God?
- 5 Why art thou cast down, O my soul? and *why* art thou disquieted in me? hope thou in God: for I shall yet praise him *for* the help of his countenance.

2. I Sam 16:14-17 the spirit, 19, 23

- 14 the spirit of the LORD departed from Saul, and an evil spirit from the LORD troubled him.
- 15 And Saul's servants said unto him, Behold now, an evil spirit from God troubleth thee.
- 16 Let our lord now command thy servants, *which are* before thee, to seek out a man, *who is* a cunning player on an harp: and it shall come to pass, when the evil spirit from God is upon thee, that he shall play with his hand, and thou shalt be well.
- 17 And Saul said unto his servants, Provide me now a man that can play well, and bring *him* to me.
- 19 ¶ Wherefore Saul sent messengers unto Jesse, and said, Send me David thy son, which *is* with the sheep.
- 23 And it came to pass, when the *evil* spirit from God was upon Saul, that David took an harp, and played with his hand: so Saul was refreshed, and was well, and the evil spirit departed from him.

3. I Chron. 16:7-11

- 7 ¶ Then on that day David delivered first *this psalm* to thank the LORD into the hand of Asaph and his brethren.
- 8 Give thanks unto the LORD, call upon his name, make known his deeds among the people.
- 9 Sing unto him, sing psalms unto him, talk ye of all his wondrous works.

10 Glory ye in his holy name: let the heart of them rejoice that seek the LORD.

11 Seek the LORD and his strength, seek his face continually.

4. Ps 86:3, 4

3 Be merciful unto me, O Lord: for I cry unto thee daily.

4 Rejoice the soul of thy servant: for unto thee, O Lord, do I lift up my soul.

5. Ps 98:5

5 Sing unto the LORD with the harp; with the harp, and the voice of a psalm.

6. Ps 46:1-3, 5-7, 9-11

1 GOD *is* our refuge and strength, a very present help in trouble.

2 Therefore will not we fear, though the earth be removed, and though the mountains be carried into the midst of the sea;

3 *Though* the waters thereof roar *and* be troubled, *though* the mountains shake with the swelling thereof. Selah.

5 God *is* in the midst of her; she shall not be moved: God shall help her, *and that* right early.

6 The heathen raged, the kingdoms were moved: he uttered his voice, the earth melted.

7 The LORD of hosts *is* with us; the God of Jacob *is* our refuge. Selah.

9 He maketh wars to cease unto the end of the earth; he breaketh the bow, and cutteth the spear in sunder; he burneth the chariot in the fire.

10 Be still, and know that I *am* God: I will be exalted among the heathen, I will be exalted in the earth.

11 The LORD of hosts *is* with us; the God of Jacob *is* our refuge. Selah.

7. Ps 1:1-3

1 BLESSED *is* the man that walketh not in the counsel of the ungodly, nor standeth in the way of sinners, nor sitteth in the seat of the scornful.

2 But his delight *is* in the law of the LORD; and in his law doth he meditate day and night.

3 And he shall be like a tree planted by the rivers of water, that bringeth forth his fruit in his season; his leaf also shall not wither; and whatsoever he doeth shall prosper.

8. Ps 100:3

3 Know ye that the LORD he *is* God: *it is* he *that* hath made us, and not we ourselves; *we are* his people, and the sheep of his pasture.

9. Ps 103:15-17

- 15 *As for* man, his days *are* as grass: as a flower of the field, so he flourisheth.
- 16 For the wind passeth over it, and it is gone; and the place thereof shall know it no more.
- 17 But the mercy of the LORD *is* from everlasting to everlasting upon them that fear him, and his righteousness unto children's children;

10. Ps. 140:1-4

- 1 DELIVER me, O LORD, from the evil man: preserve me from the violent man;
- 2 Which imagine mischiefs in *their* heart; continually are they gathered together *for* war.
- 3 They have sharpened their tongues like a serpent; adders' poison *is* under their lips. Selah.
- 4 Keep me, O LORD, from the hands of the wicked; preserve me from the violent man; who have purposed to overthrow my goings.

11. Ps 91:1-4, 7-11

- 1 HE that dwelleth in the secret place of the most High shall abide under the shadow of the Almighty.
- 2 I will say of the LORD, *He is* my refuge and my fortress: my God; in him will I trust.
- 3 Surely he shall deliver thee from the snare of the fowler, *and* from the noisome pestilence.
- 4 He shall cover thee with his feathers, and under his wings shalt thou trust: his truth *shall be thy* shield and buckler.
- 7 A thousand shall fall at thy side, and ten thousand at thy right hand; *but* it shall not come nigh thee.
- 8 Only with thine eyes shalt thou behold and see the reward of the wicked.
- 9 Because thou hast made the LORD, *which is* my refuge, *even* the most High, thy habitation;
- 10 There shall no evil befall thee, neither shall any plague come nigh thy dwelling.
- 11 For he shall give his angels charge over thee, to keep thee in all thy ways.

12. Luke 2:8, 9, 13, 14

- 8 And there were in the same country shepherds abiding in the field, keeping watch over their flock by night.
- 9 And, lo, the angel of the Lord came upon them, and the glory of the Lord shone round about them: and they were sore afraid.
- 13 And suddenly there was with the angel a multitude of the heavenly host praising God, and saying,

14 Glory to God in the highest, and on earth peace, good will toward men.

13. Acts 10:34-38

34 ¶ Then Peter opened *his* mouth, and said, Of a truth I perceive that God is no respecter of persons:

35 But in every nation he that feareth him, and worketh righteousness, is accepted with him.

36 The word which *God* sent unto the children of Israel, preaching peace by Jesus Christ: (he is Lord of all:)

37 That word, *I say*, ye know, which was published throughout all Judæa, and began from Galilee, after the baptism which John preached;

38 How God anointed Jesus of Nazareth with the Holy Ghost and with power: who went about doing good, and healing all that were oppressed of the devil; for God was with him.

14. Matt 21:1, 2, 9

1 AND when they drew nigh unto Jerusalem, and were come to Bethphage, unto the mount of Olives, then sent Jesus two disciples,

2 Saying unto them, Go into the village over against you, and straightway ye shall find an ass tied, and a colt with her: loose *them*, and bring *them* unto me.

9 And the multitudes that went before, and that followed, cried, saying, Hosanna to the son of David: Blessed *is* he that cometh in the name of the Lord; Hosanna in the highest.

15. Ps. 33:20

20 Our soul waiteth for the LORD: he *is* our help and our shield.

16. Ps 139:7-11

7 Whither shall I go from thy spirit? or whither shall I flee from thy presence?

8 If I ascend up into heaven, thou *art* there: if I make my bed in hell, behold, thou *art there*.

9 *If* I take the wings of the morning, *and* dwell in the uttermost parts of the sea;

10 Even there shall thy hand lead me, and thy right hand shall hold me.

11 If I say, Surely the darkness shall cover me; even the night shall be light about me.

17. James 5:13

13 Is any among you afflicted? let him pray. Is any merry? let him sing psalms.

18. Ps 94:19

19 In the multitude of my thoughts within me thy comforts delight my soul.

19. Ps 90:17 (to :)

17 And let the beauty of the LORD our God be upon us:

20. II Sam. 23:1, 2

1 NOW these *be* the last words of David. David the son of Jesse said, and the man *who was* raised up on high, the anointed of the God of Jacob, and the sweet psalmist of Israel, said,

2 The spirit of the LORD spake by me, and his word *was* in my tongue.

Science and Health with Key to the Scriptures by Mary Baker Eddy

1. SH 200:13

The Psalmist said: “Thou
madest him to have dominion over the works of Thy
15 hands. Thou hast put all things under his feet.”

2. SH 135:1-5

The Psalmist sang: “What ailed
thee, O thou sea, that thou fleddest? Thou Jordan,
3 that thou wast driven back? Ye mountains,
that ye skipped like rams, and ye little hills,
like lambs?

Lawful wonders

3. SH 505:16

Spirit imparts the understanding which uplifts consciousness and leads into all truth. The Psalmist saith:
18 “The Lord on high is mightier than the noise
of many waters, yea, than the mighty waves of
the sea.” Spiritual sense is the discernment of spiritual
21 good. Understanding is the line of demarcation between
the real and unreal. Spiritual understanding unfolds
Mind, — Life, Truth, and Love, — and demonstrates the
24 divine sense, giving the spiritual proof of the universe in
Christian Science.

Understanding
imparted

4. SH 199:32-4

When Homer sang of the Grecian gods, Olympus was
200:1 dark, but through his verse the gods became alive in a
nation’s belief. Pagan worship began with muscularity,
3 but the law of Sinai lifted thought into the
song of David.

Homer and
Moses

5. SH 564:24-28

24 From Genesis to the Apocalypse, sin, sickness, and

death, envy, hatred, and revenge, — all evil, — are typified by a serpent, or animal subtlety. Jesus
 27 said, quoting a line from the Psalms, “They hated me without a cause.”

Doom of the
 dragon

6. SH 10:5-8

The world must grow to the spiritual understanding
 6 of prayer. If good enough to profit by Jesus’ cup of earthly sorrows, God will sustain us under these sorrows.

7. SH 596:20-27

VALLEY. Depression; meekness; darkness.
 21 “Though I walk through the valley of the shadow of death, I will fear no evil.” (Psalm xxiii. 4.)
 Though the way is dark in mortal sense, divine Life
 24 and Love illumine it, destroy the unrest of mortal thought, the fear of death, and the supposed reality of error. Christian Science, contradicting sense, maketh the valley to bud
 27 and blossom as the rose.

8. SH 308:14-6

The Soul-inspired patriarchs heard the voice of Truth,
 15 and talked with God as consciously as man talks with man.
 Jacob was *alone*, wrestling with error, — struggling with a mortal sense of life, substance, and intelligence
 18 as existent in matter with its false pleasures and pains, — when an angel, a message from Truth and Love, appeared to him and smote the sinew,
 21 or strength, of his error, till he saw its unreality; and Truth, being thereby understood, gave him spiritual strength in this Peniel of divine Science. Then said
 24 the spiritual evangel: “Let me go, for the day breaketh;” that is, the light of Truth and Love dawns upon thee. But the patriarch, perceiving his error and his need
 27 of help, did not loosen his hold upon this glorious light until his nature was transformed. When Jacob was asked, “What is thy name?” he straightway answered;
 30 and then his name was changed to Israel, for “as a prince” had he prevailed and had “power with God and with men.” Then Jacob questioned his deliverer, “Tell me,
 309:1 I pray thee, *thy* name;” but this appellation was withheld, for the messenger was not a corporeal being, but a nameless, incorporeal impartation of divine Love to man, which,
 3 to use the word of the Psalmist, *restored* his Soul, — gave him the spiritual sense of being and rebuked his material
 6 sense.

Wrestling of
 Jacob

9. SH 568:24-30

24 For victory over a single sin, we give thanks and mag-
nify the Lord of Hosts. What shall we say of the mighty
conquest over all sin? A louder song, sweeter
27 than has ever before reached high heaven,
now rises clearer and nearer to the great heart of Christ;
for the accuser is not there, and Love sends forth her
30 primal and everlasting strain.

Pæan of jubilee

10. SH 42:5

The universal belief in death is of no advantage. It
6 cannot make Life or Truth apparent. Death
will be found at length to be a mortal dream,
which comes in darkness and disappears with the light.

A belief in death

11. SH 386:16-2

A blundering despatch, mistakenly announcing the
death of a friend, occasions the same grief that the friend's
18 real death would bring. You think that your
anguish is occasioned by your loss. Another
despatch, correcting the mistake, heals your grief, and
21 you learn that your suffering was merely the result of
your belief. Thus it is with all sorrow, sickness, and
death. You will learn at length that there is no cause
24 for grief, and divine wisdom will then be understood.
Error, not Truth, produces all the suffering on earth.

Erroneous
despatch

If a Christian Scientist had said, while you were labor-
27 ing under the influence of the belief of grief, "Your sor-
row is without cause," you would not have
understood him, although the correctness of
30 the assertion might afterwards be proved to you. So,
when our friends pass from our sight and we lament,
that lamentation is needless and causeless. We shall
387:1 perceive this to be true when we grow into the under-
standing of Life, and know that there is no death.

Mourning
causeless

12. SH 234:4-8

Whatever inspires with wisdom, Truth, or Love — be
it song, sermon, or Science — blesses the human family
6 with crumbs of comfort from Christ's table,
feeding the hungry and giving living waters to
the thirsty.

Crumbs of
comfort

13. SH 575:22-24

As the Psalmist saith, "Beautiful for situation, the
joy of the whole earth, is mount Zion, on the sides of
24 the north, the city of the great King."

14. SH 576:3-25

The royally
divine gates

3 This heavenly city, lighted by the Sun of Righteous-
ness, — this New Jerusalem, this infinite All, which to
us seems hidden in the mist of remoteness, —
6 reached St. John’s vision while yet he taber-
naced with mortals.

Revelation’s
pure zenith

In Revelation xxi. 22, further describing this holy city,
9 the beloved Disciple writes: —

And I saw no temple therein: for the Lord God Almighty
and the Lamb are the temple of it.

12 There was no temple, — that is, no material structure
in which to worship God, for He must be worshipped
in spirit and in love. The word *temple* also

The shrine
celestial

15 means *body*. The Revelator was familiar
with Jesus’ use of this word, as when Jesus spoke of his
material body as the temple to be temporarily rebuilt
18 (John ii. 21). What further indication need we of the
real man’s incorporeality than this, that John saw
heaven and earth with “no temple [body] therein”?

21 This kingdom of God “is within you,” — is within
reach of man’s consciousness here, and the spiritual
idea reveals it. In divine Science, man possesses this
24 recognition of harmony consciously in proportion to his
understanding of God.

15. SH 577:9-11, 32-18

9 In this divinely united spiritual consciousness, there is no
impediment to eternal bliss, — to the perfectibility of
God’s creation.

In the following Psalm one word shows, though faintly,
578:1 the light which Christian Science throws on the Scriptures
by substituting for the corporeal sense, the incorporeal
3 or spiritual sense of Deity: —

PSALM XXIII

[DIVINE LOVE] is my shepherd; I shall not want.

6 [LOVE] maketh me to lie down in green pastures:
[LOVE] leadeth me beside the still waters.

[LOVE] restoreth my soul [spiritual sense]: [LOVE] lead-
9 eth me in the paths of righteousness for His name’s sake.

Yea, though I walk through the valley of the shadow of
death, I will fear no evil: for [LOVE] is with me; [LOVE’S]
12 rod and [LOVE’S] staff they comfort me.

[LOVE] prepareth a table before me in the presence of

mine enemies: [LOVE] anointeth my head with oil; my cup

15 runneth over.

Surely goodness and mercy shall follow me all the days of
my life; and I will dwell in the house [the consciousness]

18 of [LOVE] for ever.

Hymn #443

~

Be gentle, be pure.

Since Spirit keeps all secure,

No pain or fear has pow'r.

Be gentle, be pure;

Love guards, Love guides this hour.

~

Be tranquil, be free.

Since Life holds both you and me,

We know what Life has wrought

Be tranquil, be free.

Infirmity is nought.

~

Be watchful, be still.

Then listen for Love's clear will

Which keeps us safe, at ease.

Be watchful, be still;

Assured your God you'll please.

~

Be joyful, be calm.

As Soul's own melodious psalm.

Each day you're sung anew.

Be joyful, be calm;

Know well that God loves you.

~

Hymn 465

~

Dear Shepherd, You are Love divine,

You meet my every need.

Where fields are green and waters still

I rest, I drink, I feed.

~

Your love restores my thirsty soul

And leads me from the wild

To walk in ways of Truth and Life

As Your beloved child.

~

And even when the shade of death

Suggests that we can part,

No fear of evil enters here;

Your strength and guidance, ever near,

Bring comfort to my heart.

~

Your goodness spreads before my eyes;
 No enemy You know.
 Your oil is poured upon my head;
 My cup, it overflows.

~

Your grace and mercy every day
 Bring blessings from above.
 I'm living in the house of God
 The consciousness of Love.

~

Hymn 577

~

Sing a new, new song unto the Lord,
 And come into His courts with joyful voice;
 Bless the Lord our God,
 In His presence come with song,
 Stand before the Lord and rejoice

~

Refrain

Hallelujah! Hallelujah sing!
 Sing Hallelu, Hallelujah, Sing and praise the Lord.

~

Enter through His gates with thankful hearts,
 And praise Him with the timbrel, dance, and harp;
 All the earth now sing,
 Come and praise His wondrous works,
 Sing to Him ye sun, moon, and stars.

~

Refrain

Hallelujah! Hallelujah sing!
 Sing Hallelu, Hallelujah, Sing and praise the Lord.

~

Sing unto the Lord, oh, all ye lands,
 And make His praise resound from shore to shore;
 Sing a new, new song,
 Let the nations all exult,
 Praise His holy name evermore.

~

Refrain

Hallelujah! Hallelujah sing!
 Sing Hallelu, Hallelujah, Sing and praise the Lord.