

Wed Humility 2021 10 06

Humility

Wednesday, October 6, 2021

The Bible

1. Prov. 16:19

19 Better *it is to be* of an humble spirit with the lowly, than to divide the spoil with the proud.

2. Prov. 15:33

33 The fear of the LORD *is* the instruction of wisdom; and before honour *is* humility.

3. Prov. 22:4

4 By humility *and* the fear of the LORD *are* riches, and honour, and life.

4. Prov. 29:23

23 A man's pride shall bring him low: but honour shall uphold the humble in spirit.

5. 2 Kings 5:1-4, 10-14

- 1 NOW Naaman, captain of the host of the king of Syria, was a great man with his master, and honourable, because by him the LORD had given deliverance unto Syria: he was also a mighty man in valour, *but he was* a leper.
- 2 And the Syrians had gone out by companies, and had brought away captive out of the land of Israel a little maid; and she waited on Naaman's wife.
- 3 And she said unto her mistress, Would God my lord *were* with the prophet that *is* in Samaria! for he would recover him of his leprosy.
- 4 And *one* went in, and told his lord, saying, Thus and thus said the maid that *is* of the land of Israel.
- 10 And Elisha sent a messenger unto him, saying, Go and wash in Jordan seven times, and thy flesh shall come again to thee, and thou shalt be clean.
- 11 But Naaman was wroth, and went away, and said, Behold, I thought, He will surely come out to me, and stand, and call on the name of the LORD his God, and strike his hand over the place, and recover the leper.
- 12 *Are* not Abana and Pharpar, rivers of Damascus, better than all the waters of Israel? may I not wash in them, and be clean? So he turned and went away in a rage.
- 13 And his servants came near, and spake unto him, and said, My father, *if* the prophet had bid thee *do some* great thing, wouldest thou not have done *it?* how much rather then, when he saith to thee, Wash, and be clean?

- 14 Then went he down, and dipped himself seven times in Jordan, according to the saying of the man of God: and his flesh came again like unto the flesh of a little child, and he was clean.

6. Isa. 2:9 2nd the (to :), 11

- 9 the great man humbleth himself:
11 The lofty looks of man shall be humbled, and the haughtiness of men shall be bowed down, and the LORD alone shall be exalted in that day.

7. Isa. 5:15

- 15 And the mean man shall be brought down, and the mighty man shall be humbled, and the eyes of the lofty shall be humbled:

8. Isa 57:15

- 15 For thus saith the high and lofty One that inhabiteth eternity, whose name *is* Holy; I dwell in the high and holy *place*, with him also *that is* of a contrite and humble spirit, to revive the spirit of the humble, and to revive the heart of the contrite ones.

9. Job 22:29

- 29 When *men* are cast down, then thou shalt say, *There is* lifting up; and he shall save the humble person.

10. Ps. 10:12, 17

- 12 Arise, O LORD; O God, lift up thine hand: forget not the humble.
17 LORD, thou hast heard the desire of the humble: thou wilt prepare their heart, thou wilt cause thine ear to hear:

11. Ps. 34:2

- 2 My soul shall make her boast in the LORD: the humble shall hear *thereof*, and be glad.

12. Ps. 69:32

- 32 The humble shall see *this*, and be glad: and your heart shall live that seek God.

13. Ps. 113:5, 6

- 5 Who *is* like unto the LORD our God, who dwelleth on high,
6 Who humbleth *himself* to behold *the things that are* in heaven, and in the earth!

14. Matt 4:23 Jesus

- 23 Jesus went about all Galilee, teaching in their synagogues, and preaching the gospel of the kingdom, and healing all manner of sickness and all manner of disease among the people.

15. Matt 5:1, 5

- 1 AND seeing the multitudes, he went up into a mountain: and when he was set, his disciples came unto him:
- 5 Blessed *are* the meek: for they shall inherit the earth.

16. Luke 14:8-11

- 8 When thou art bidden of any *man* to a wedding, sit not down in the highest room; lest a more honourable man than thou be bidden of him;
- 9 And he that bade thee and him come and say to thee, Give this man place; and thou begin with shame to take the lowest room.
- 10 But when thou art bidden, go and sit down in the lowest room; that when he that bade thee cometh, he may say unto thee, Friend, go up higher: then shalt thou have worship in the presence of them that sit at meat with thee.
- 11 For whosoever exalteth himself shall be abased; and he that humbleth himself shall be exalted.

17. Luke 22:24-27

- 24 ¶ And there was also a strife among them, which of them should be accounted the greatest.
- 25 And he said unto them, The kings of the Gentiles exercise lordship over them; and they that exercise authority upon them are called benefactors.
- 26 But ye *shall* not *be* so: but he that is greatest among you, let him be as the younger; and he that is chief, as he that doth serve.
- 27 For whether *is* greater, he that sitteth at meat, or he that serveth? *is* not he that sitteth at meat? but I am among you as he that serveth.

18. Luke 18:9-14

- 9 And he spake this parable unto certain which trusted in themselves that they were righteous, and despised others:
- 10 Two men went up into the temple to pray; the one a Pharisee, and the other a publican.
- 11 The Pharisee stood and prayed thus with himself, God, I thank thee, that I am not as other men *are*, extortioners, unjust, adulterers, or even as this publican.
- 12 I fast twice in the week, I give tithes of all that I possess.
- 13 And the publican, standing afar off, would not lift up so much as *his* eyes unto heaven, but smote upon his breast, saying, God be merciful to me a sinner.
- 14 I tell you, this man went down to his house justified *rather* than the other: for every one that exalteth himself shall be abased; and he that humbleth himself shall be exalted.

19. John 13:5, 12-16

- 5 After that he poureth water into a basin, and began to wash the disciples' feet, and to wipe *them* with the towel wherewith he was girded.
- 12 So after he had washed their feet, and had taken his garments, and was set down again, he said unto them, Know ye what I have done to you?
- 13 Ye call me Master and Lord: and ye say well; for *so* I am.
- 14 If I then, *your* Lord and Master, have washed your feet; ye also ought to wash one another's feet.
- 15 For I have given you an example, that ye should do as I have done to you.
- 16 Verily, verily, I say unto you, The servant is not greater than his lord; neither he that is sent greater than he that sent him.

20. Phil 2:3-5, 10

- 3 *Let* nothing *be done* through strife or vainglory; but in lowliness of mind let each esteem other better than themselves.
- 4 Look not every man on his own things, but every man also on the things of others.
- 5 Let this mind be in you, which was also in Christ Jesus:
- 10 That at the name of Jesus every knee should bow, of *things* in heaven, and *things* in earth, and *things* under the earth;

21. I Peter 5:6, 7

- 6 Humble yourselves therefore under the mighty hand of God, that he may exalt you in due time:
- 7 Casting all your care upon him; for he careth for you.

Science and Health with Key to the Scriptures by Mary Baker Eddy

1. SH 1:6

- 6 Prayer, watching, and working, combined with self-immolation, are God's gracious means for accomplishing whatever has been successfully done for the Christianization and health of mankind.
- 9

2. SH 2:11

- We can do more for
- 12 ourselves by humble fervent petitions, but the All-loving does not grant them simply on the ground of lip-service, for He already knows all.

3. SH 13:14-24

- Even if prayer is
- 15 sincere, God knows our need before we tell Him or our fellow-beings about it. If we cherish the desire honestly and silently and humbly, God will bless it, and
- 18 we shall incur less risk of overwhelming our real

wishes with a torrent of words.

If we pray to God as a corporeal person, this will
 21 prevent us from relinquishing the human doubts and
 fears which attend such a belief, and so we
 cannot grasp the wonders wrought by infi-
 24 nite, incorporeal Love, to whom all things are possible.

Corporeal
ignorance

4. SH 8:14-7

If we feel the aspiration, hu-
 15 mility, gratitude, and love which our words express, —
 this God accepts; and it is wise not to try to deceive
 ourselves or others, for “there is nothing covered that
 18 shall not be revealed.” Professions and audible pray-
 ers are like charity in one respect, — they “cover the
 multitude of sins.” Praying for humility with what-
 21 ever fervency of expression does not always mean a
 desire for it. If we turn away from the poor, we are
 not ready to receive the reward of Him who blesses
 24 the poor. We confess to having a very wicked heart
 and ask that it may be laid bare before us, but do
 we not already know more of this heart than we are
 27 willing to have our neighbor see?

We should examine ourselves and learn what is the
 affection and purpose of the heart, for in this way
 30 only can we learn what we honestly are. If a
 friend informs us of a fault, do we listen pa-
 tiently to the rebuke and credit what is said? Do we not
 9:1 rather give thanks that we are “not as other men”?

Searching
the heart

During many years the author has been most grateful
 3 for merited rebuke. The wrong lies in unmerited cen-
 sure, — in the falsehood which does no one any good.

The test of all prayer lies in the answer to these
 6 questions: Do we love our neighbor better because of
 this asking?

Summit of
aspiration

5. SH 12:10

It is neither Science nor Truth which
 acts through blind belief, nor is it the human under-
 12 standing of the divine healing Principle as manifested
 in Jesus, whose humble prayers were deep and con-
 scientious protests of Truth, — of man’s likeness to
 15 God and of man’s unity with Truth and Love.

6. SH 48:10

Remembering the sweat of agony which fell in holy
 benediction on the grass of Gethsemane, shall the hum-

12 blest or mightiest disciple murmur when he drinks from the
 same cup, and think, or even wish, to escape the exalt-
 ing ordeal of sin's revenge on its destroyer? Truth and
 15 Love bestow few palms until the consummation of a
 life-work.

7. SH 34:29-2

What a contrast between our Lord's last supper and
 30 his last spiritual breakfast with his disciples
 in the bright morning hours at the joyful
 meeting on the shore of the Galilean Sea! His gloom
 35:1 had passed into glory, and his disciples' grief into repent-
 ance, — hearts chastened and pride rebuked.

The last
 breakfast

8. SH 119:25-1

In viewing the sunrise, one finds that it contradicts
 the evidence before the senses to believe that the earth
 27 is in motion and the sun at rest. As astron-
 omy reverses the human perception of the
 movement of the solar system, so Christian Science re-
 30 verses the seeming relation of Soul and body and makes
 body tributary to Mind. Thus it is with man, who
 is but the humble servant of the restful Mind, though it
 120:1 seems otherwise to finite sense.

The sun and Soul

9. SH 228:25-4

There is no power apart from God. Omnipotence has
 all-power, and to acknowledge any other power is to dis-
 27 honor God. The humble Nazarene overthrew
 the supposition that sin, sickness, and death
 have power. He proved them powerless. It should have
 30 humbled the pride of the priests, when they saw the dem-
 onstration of Christianity excel the influence of their dead
 faith and ceremonies.
 229:1 If Mind is not the master of sin, sickness, and death,
 they are immortal, for it is already proved that mat-
 3 ter has not destroyed them, but is their basis and
 support.

Priestly pride
 humbled

10. SH 326:23

Saul of Tarsus beheld the way — the Christ, or Truth
 24 — only when his uncertain sense of right yielded to a
 spiritual sense, which is always right. Then
 the man was changed. Thought assumed a
 27 nobler outlook, and his life became more spiritual. He
 learned the wrong that he had done in persecuting Chris-
 tians, whose religion he had not understood, and in hu-
 30 mility he took the new name of Paul. He beheld for the

Conversion of
 Saul

first time the true idea of Love, and learned a lesson in divine Science.

11. SH 31:1-3

Pride and fear are unfit
to bear the standard of Truth, and God will never place
3 it in such hands.

12. SH 270:22-24

The pride of priesthood is the prince of this world. It
has nothing in Christ. Meekness and charity have divine
24 authority.

13. SH 367:3-16

The tender word and Christian
encouragement of an invalid, pitiful patience
with his fears and the removal of them, are better than
6 hecatombs of gushing theories, stereotyped borrowed
speeches, and the doling of arguments, which are but so
many parodies on legitimate Christian Science, aflame
9 with divine Love.

This is what is meant by seeking Truth, Christ, not
“for the loaves and fishes,” nor, like the Pharisee, with
12 the arrogance of rank and display of scholar-
ship, but like Mary Magdalene, from the sum-
mit of devout consecration, with the oil of gladness and
15 the perfume of *gratitude*, with tears of repentance and
with those hairs all numbered by the Father.

Gratitude and
humility

14. SH 448:2-5

Blindness and self-righteousness cling
3 fast to iniquity. When the Publican’s wail
went out to the great heart of Love, it won his
humble desire.

Wicked evasions

15. SH 142:18-20

18 As in Jesus’ time, so to-day, tyranny and pride need to
be whipped out of the temple, and humility and divine Sci-
ence to be welcomed in.

Temple cleansed

16. SH 514:6

Mind, joyous in strength, dwells in the
realm of Mind. Mind’s infinite ideas run and dis-
port themselves. In humility they climb the heights of
9 holiness.

Hymns: 423, 588, 537

Give me, O Lord, an understanding heart,
That I may learn to know myself in Thee,
To spurn the wrong and choose the better part
And thus from sinful bondage be set free.

Give me, O Lord, a meek and contrite heart,
That I may learn to quell all selfish pride,
Bowing before Thee, see Thee as Thou art
And 'neath Thy sheltering presence safely hide.

Give me, O Lord, a gentle, loving heart,
That I may learn to be more tender, kind,
And with Thy healing touch, each wound and smart
With Christly bands of Love and Truth to bind.

588

Though I may speak with moving words,
Which can inspire the human heart,
But have no love to seal their worth,
They are but sham and empty art.

Though I may give my worldly goods
Without a thought of self or gain,
Unless they bear the fruits of love
They are as clouds without their rain.

Though I may search the deepest books,
Companion with the wisest men,
God's loving voice still calls to me,
It bids me turn and look again.

Now I would learn to know this Love
Through meek and patient ministry,
Until my life has grown anew
And Love is All-in-all to me.

537

O church of God, built on a firm foundation,
Standing secure amid the storms of life,
Where all may come to learn of true salvation
And find release from discord, pain, and strife.

We hear the Word, in song and sermon spoken,
In silent prayer, we turn to God today;
Our humble hearts receive the blessed token
Of truth that guides us in the upward way.

O Spirit, feed us with Your bread from heaven,
We drink of Your living waters and are free;
And every lesson which Your love hath given,
Oh, may we learn it with humility.

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We feel Your peace, Your arms of Love enfolding,
We lift our hearts in praise and gratitude.
We, from this hour, a glimpse of heaven beholding,
Go forward with our joy and strength renewed.

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