

Wed Contagion Overcome 2021 08 04

Contagion Overcome

Wednesday, August 4, 2021

Readings from our Pastor:

The Bible and

Science and Health with Key to the Scriptures, by Mary Baker Eddy

1. Ps. 91:1, 10

- 1 HE that dwelleth in the secret place of the most High shall abide under the shadow of the Almighty.
- 10 There shall no evil befall thee, neither shall any plague come nigh thy dwelling.

1. SH 176:31-32

Truth handles the most malignant contagion with perfect assurance.

2. Isa 36:7 We (to :)

- 7 We trust in the LORD our God:

3. Num 14:2 all (to :)

- 2 all the children of Israel murmured against Moses and against Aaron:

4. Num 16:3-5 they, 44-48, 50

- 3 they gathered themselves together against Moses and against Aaron, and said unto them, *Ye take* too much upon you, seeing all the congregation *are* holy, every one of them, and the LORD *is* among them: wherefore then lift ye up yourselves above the congregation of the LORD?
- 4 And when Moses heard *it*, he fell upon his face:
- 5 And he spake unto Korah and unto all his company, saying, Even tomorrow the LORD will shew *who are* his, and *who is* holy; and will cause *him* to come near unto him: even *him* whom he hath chosen will he cause to come near unto him.
- 44 ¶ And the LORD spake unto Moses, saying,
- 45 Get you up from among this congregation, that I may consume them as in a moment. And they fell upon their faces.
- 46 ¶ And Moses said unto Aaron, Take a censer, and put fire therein from off the altar, and put on incense, and go quickly unto the congregation, and make an atonement for them: for there is wrath gone out from the LORD; the plague is begun.
- 47 And Aaron took as Moses commanded, and ran into the midst of the congregation; and, behold, the plague was begun among the people: and he put on incense, and made an atonement for the people.
- 48 And he stood between the dead and the living; and the plague was stayed.

And Aaron returned unto Moses unto the door of the tabernacle of the
50 congregation: and the plague was stayed.

5. 2 Kings 5:1-3, 9-14

- 1 NOW Naaman, captain of the host of the king of Syria, was a great man with his master, and honourable, because by him the LORD had given deliverance unto Syria: he was also a mighty man in valour, *but he was* a leper.
- 2 And the Syrians had gone out by companies, and had brought away captive out of the land of Israel a little maid; and she waited on Naaman's wife.
- 3 And she said unto her mistress, Would God my lord *were* with the prophet that *is* in Samaria! for he would recover him of his leprosy.
- 9 So Naaman came with his horses and with his chariot, and stood at the door of the house of Elisha.
- 10 And Elisha sent a messenger unto him, saying, Go and wash in Jordan seven times, and thy flesh shall come again to thee, and thou shalt be clean.
- 11 But Naaman was wroth, and went away, and said, Behold, I thought, He will surely come out to me, and stand, and call on the name of the LORD his God, and strike his hand over the place, and recover the leper.
- 12 *Are* not Abana and Pharpar, rivers of Damascus, better than all the waters of Israel? may I not wash in them, and be clean? So he turned and went away in a rage.
- 13 And his servants came near, and spake unto him, and said, My father, *if* the prophet had bid thee *do some* great thing, wouldest thou not have done *it?* how much rather then, when he saith to thee, Wash, and be clean?
- 14 Then went he down, and dipped himself seven times in Jordan, according to the saying of the man of God: and his flesh came again like unto the flesh of a little child, and he was clean.

6. Ps. 106:30 so

30 *so* the plague was stayed.

7. Mark 3:7 Jesus (to :), 10, 11

- 7 Jesus withdrew himself with his disciples to the sea:
- 10 For he had healed many; insomuch that they pressed upon him for to touch him, as many as had plagues.
- 11 And unclean spirits, when they saw him, fell down before him, and cried, saying, Thou art the Son of God.

8. Luke 5:12-16

- 12 ¶ And it came to pass, when he was in a certain city, behold a man full of leprosy: who seeing Jesus fell on *his* face, and besought him, saying, Lord, if thou wilt, thou canst make me clean.
- 13 And he put forth *his* hand, and touched him, saying, I will: be thou clean. And immediately the leprosy departed from him.

- And he charged him to tell no man: but go, and shew thyself to the priest,
 14 and offer for thy cleansing, according as Moses commanded, for a
 testimony unto them.
- 15 But so much the more went there a fame abroad of him: and great
 multitudes came together to hear, and to be healed by him of their
 infirmities.
- 16 ¶ And he withdrew himself into the wilderness, and prayed.

9. Matt 8:14, 15

- 14 ¶ And when Jesus was come into Peter's house, he saw his wife's mother
 laid, and sick of a fever.
- 15 And he touched her hand, and the fever left her: and she arose, and
 ministered unto them.

10. Luke 17:11-19

- 11 ¶ And it came to pass, as he went to Jerusalem, that he passed through the
 midst of Samaria and Galilee.
- 12 And as he entered into a certain village, there met him ten men that were
 lepers, which stood afar off:
- 13 And they lifted up *their* voices, and said, Jesus, Master, have mercy on us.
- 14 And when he saw *them*, he said unto them, Go shew yourselves unto the
 priests. And it came to pass, that, as they went, they were cleansed.
- 15 And one of them, when he saw that he was healed, turned back, and with a
 loud voice glorified God,
- 16 And fell down on *his* face at his feet, giving him thanks: and he was a
 Samaritan.
- 17 And Jesus answering said, Were there not ten cleansed? but where *are* the
 nine?
- 18 There are not found that returned to give glory to God, save this stranger.
- 19 And he said unto him, Arise, go thy way: thy faith hath made thee whole.

11. Rev. 16:8 1st the, 9 (to :)

- 8 the fourth angel poured out his vial upon the sun; and power was given
 unto him to scorch men with fire.
- 9 And men were scorched with great heat, and blasphemed the name of
 God, which hath power over these plagues:

12. Rev 15:1 (to ;)

- 1 AND I saw another sign in heaven, great and marvellous, seven angels
 having the seven last plagues;

13. Rev 21:9-11 (to :), 22, 24 (to :), 25 (to :), 26

9 And there came unto me one of the seven angels which had the seven vials full of the seven last plagues, and talked with me, saying, Come hither, I will shew thee the bride, the Lamb's wife.

10 And he carried me away in the spirit to a great and high mountain, and shewed me that great city, the holy Jerusalem, descending out of heaven from God,

11 Having the glory of God:

22 And I saw no temple therein: for the Lord God Almighty and the Lamb are the temple of it.

24 And the nations of them which are saved shall walk in the light of it:

25 And the gates of it shall not be shut at all by day:

26 And they shall bring the glory and honour of the nations into it.

14. Ps. 91:11, 16

11 For he shall give his angels charge over thee, to keep thee in all thy ways.

16 With long life will I satisfy him, and shew him my salvation.

15. Ps. 150:6

6 Let every thing that hath breath praise the LORD. Praise ye the LORD.

16. Num. 6:24-26

24 The LORD bless thee, and keep thee:

25 The LORD make his face shine upon thee, and be gracious unto thee:

26 The LORD lift up his countenance upon thee, and give thee peace.

2. SH 220:16-21

Colds, coughs, and contagion are engendered solely by human theories.

18 Mortal mind produces its own phenomena, and then charges them to something else, — like a kitten glancing into the mirror at itself and thinking

21 it sees another kitten.

The reflex
phenomena

3. SH 191:16

The human thought must free itself from self-imposed materiality and bondage. It should no longer

18 ask of the head, heart, or lungs: What are man's prospects for life? Mind is not helpless. Intelligence is not mute before non-intelligence.

Spiritual
freedom

4. SH 196:25-30

Many a hopeless case of disease is induced by a single *post mortem* examination, — not from infection nor from

27 contact with material virus, but from the fear of the

disease and from the image brought before the mind; it
 is a mental state, which is afterwards outlined on the
 30 body.

5. SH 384:3-6, 16-24, 30-5

3 We should relieve our minds from the depressing thought
 that we have transgressed a material law and must of
 necessity pay the penalty. Let us reassure
 6 ourselves with the law of Love.

Corporeal
 penalties

If exposure to a draught of air while in a state of
 perspiration is followed by chills, dry cough, influenza,
 18 congestive symptoms in the lungs, or hints of
 inflammatory rheumatism, your Mind-remedy
 is safe and sure. If you are a Christian Scientist, such
 21 symptoms are not apt to follow exposure; but if you
 believe in laws of matter and their fatal effects when
 transgressed, you are not fit to conduct your own case or
 24 to destroy the bad effects of your belief.

Not matter, but
 Mind

30 Sickness, sin, and death must at length quail before
 the divine rights of intelligence, and then the power
 of Mind over the entire functions and organs of the
 385:1 human system will be acknowledged. It is proverbial
 that Florence Nightingale and other philanthropists en-
 3 gaged in humane labors have been able to
 undergo without sinking fatigues and expo-
 sures which ordinary people could not endure.

Benefit of
 philanthropy

6. SH 375:6-8

6 Chills and heat are often the form in which fever mani-
 fests itself. Change the mental state, and the chills and
 fever disappear.

Science *versus*
 hypnotism

7. SH 376:26

Destroy fear,
 27 and you end fever. Some people, mistaught as to Mind-
 science, inquire when it will be safe to check a fever.
 Know that in Science you cannot check a fever after ad-
 30 mitting that it must have its course. To fear and admit
 the power of disease, is to paralyze mental and scientific
 demonstration.

8. SH 153:25-23

We weep because others weep, we yawn because they
 yawn, and we have smallpox because others have it; but
 27 mortal mind, not matter, contains and carries
 the infection. When this mental contagion is
 understood, we shall be more careful of our mental con-
 30 ditions, and we shall avoid loquacious tattling about

Source of
 contagion

disease, as we would avoid advocating crime. Neither sympathy nor society should ever tempt us to cherish error in any form, and certainly we should not be error's advocate.

Disease arises, like other mental conditions, from association. Since it is a law of mortal mind that certain diseases should be regarded as contagious, this law obtains credit through association, — calling up the fear that creates the image of disease and its consequent manifestation in the body.

This fact in metaphysics is illustrated by the following incident: A man was made to believe that he occupied a bed where a cholera patient had died. Immediately the symptoms of this disease appeared, and the man died. The fact was, that he had not caught the cholera by material contact, because no cholera patient had been in that bed.

Imaginary cholera

If a child is exposed to contagion or infection, the mother is frightened and says, "My child will be sick." The law of mortal mind and her own fears govern her child more than the child's mind governs itself, and they produce the very results which might have been prevented through the opposite understanding. Then it is believed that exposure to the contagion wrought the mischief.

Children's ailments

9. SH 170:32-3

Matter, which takes divine power into its own hands and claims to be a creator, is a fiction, in which paganism and lust are so sanctioned by society that mankind has caught their moral contagion.

10. SH 279:22

Every system of human philosophy, doctrine, and medicine is more or less infected with the pantheistic belief that there is mind in matter; but this belief contradicts alike revelation and right reasoning. A logical and scientific conclusion is reached only through the knowledge that there are not two bases of being, matter and mind, but one alone, — Mind.

Pantheistic tendencies

11. SH 175:26

Damp atmosphere and freezing snow empurpled the plump cheeks of our ancestors, but they never indulged in the refinement of inflamed bronchial tubes. They were as innocent as Adam, before he ate

Pulmonary misbeliefs

30 the fruit of false knowledge, of the existence of tubercles
and troches, lungs and lozenges.

12. SH 392:24-18 Stand

24 Stand porter at the door of thought.

Admitting only such conclusions as you wish realized in
bodily results, you will control yourself har-
moniously. When the condition is present
which you say induces disease, whether it be air, exercise,
heredity, contagion, or accident, then perform your office
as porter and shut out these unhealthy thoughts and fears.
Exclude from mortal mind the offending errors; then the
body cannot suffer from them. The issues of pain or
393:1 pleasure must come through mind, and like a watchman
forsaking his post, we admit the intruding belief, forget-
ting that through divine help we can forbid this entrance.

The body seems to be self-acting, only because mortal
mind is ignorant of itself, of its own actions, and of their
results, — ignorant that the predisposing, re-
mote, and exciting cause of all bad effects is a
law of so-called mortal mind, not of matter. Mind is the
master of the corporeal senses, and can conquer sickness,
sin, and death. Exercise this God-given authority. Take
possession of your body, and govern its feeling and action.
12 Rise in the strength of Spirit to resist all that is unlike
good. God has made man capable of this, and nothing
can vitiate the ability and power divinely bestowed on
15 man.

Be firm in your understanding that the divine Mind
governs, and that in Science man reflects God's govern-
18 ment.

13. SH 574:27

The very
circumstance, which your suffering sense
deems wrathful and afflictive, Love can make an angel
entertained unawares. Then thought gently whispers:
575:1 "Come hither! Arise from your false consciousness
into the true sense of Love, and behold the Lamb's
3 wife, — Love wedded to its own spiritual idea." Then
cometh the marriage feast, for this revelation will de-
stroy forever the physical plagues imposed by material
6 sense.

Guarding the
door

The strength of
Spirit

No pain in
matter

Hymns 539, 99, 594

539 (Mary Baker Eddy)

O gentle presence, peace and joy and power;

O Life divine, that owns each waiting hour,
 Thou Love that guards the nestling's faltering flight!
 Keep Thou my child on upward wing tonight.

Love is our refuge; only with mine eye
 Can I behold the snare, the pit, the fall:
 His habitation high is here, and nigh,
 His arm encircles me, and mine, and all.

O make me glad for every scalding tear,
 For hope deferred, ingratitude, disdain!
 Wait, and love more for every hate, and fear
 No ill,—since God is good, and loss is gain.

Beneath the shadow of His mighty wing;
 In that sweet secret of the narrow way,
 Seeking and finding, with the angels sing:
 "Lo, I am with you alway,"—watch and pray.

No snare, no fowler, pestilence or pain;
 No night drops down upon the troubled breast,
 When heaven's aftersmile earth's tear-drops gain,
 And mother finds her home and heav'nly rest.

99 (Josh Henn Group)

He that hath God his guardian made,
 Shall underneath th' Almighty's shade
 Fearless and undisturbed abide;
 Thus to myself of Him I'll say,
 He is my fortress, shield and stay,
 My God; in Him I will confide.

His tender love and watchful care
 Shall free thee from the fowler's snare,
 From every harm and pestilence.
 He over thee His wings shall spread
 To cover thy unguarded head.
 His truth shall be thy strong defense.

He gives His angels charge o'er thee,
 No evil therefore shalt thou see;
 Thy refuge shall be God most high;
 Dwelling within His secret place,
 Thou shalt behold His power and grace,
 See His salvation ever nigh.

594

We're steadfastly protected by Your power,
 Encircled in the caring arms of Love.
 Together, we are sharing all our days now,
 And year by year come blessings from above.

.

Refrain

We're each held safe by God's own holy power.
Whatever comes, Your comfort is at hand.
You're at our side at evening and at morning.
And each new day unfolds as You have planned.

.

Your pure and quiet love spreads o'er us deeply;
We know Your fullness now and feel Your peace.
For Your one holy world of grace and power,
We all praise You with joy that will not cease.

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Refrain

We're each held safe by God's own holy power.
Whatever comes, Your comfort is at hand.
You're at our side at evening and at morning.
And each new day unfolds as You have planned.

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