

Wed FEAR NOT 2021 05 19

Fear not

Wednesday, May 19, 2021

The Bible

1. Prov. 3:25, 26

25 Be not afraid of sudden fear, neither of the desolation of the wicked, when it cometh.

26 For the LORD shall be thy confidence, and shall keep thy foot from being taken.

2. Prov. 29:25

25 The fear of man bringeth a snare: but whoso putteth his trust in the LORD shall be safe.

3. Job 22:10 snares, 12, 29 There

10 snares *are* round about thee, and sudden fear troubleth thee;

12 *Is* not God in the height of heaven? and behold the height of the stars, how high they are!

29 *There is* lifting up; and he shall save the humble person.

4. I Kings 19:1 Ahab, 2, 9-12 1st he

1 Ahab told Jezebel all that Elijah had done, and withal how he had slain all the prophets with the sword.

2 Then Jezebel sent a messenger unto Elijah, saying, So let the gods do *to me*, and more also, if I make not thy life as the life of one of them by tomorrow about this time.

9 he came thither unto a cave, and lodged there; and, behold, the word of the LORD *came* to him, and he said unto him, What doest thou here, Elijah?

10 And he said, I have been very jealous for the LORD God of hosts: for the children of Israel have forsaken thy covenant, thrown down thine altars, and slain thy prophets with the sword; and I, *even* I only, am left; and they seek my life, to take it away.

11 And he said, Go forth, and stand upon the mount before the LORD. And, behold, the LORD passed by, and a great and strong wind rent the mountains, and brake in pieces the rocks before the LORD; *but* the LORD *was* not in the wind: and after the wind an earthquake; *but* the LORD *was* not in the earthquake:

12 And after the earthquake a fire; *but* the LORD *was* not in the fire: and after the fire a still small voice.

5. Ps 91:5-7, 10

5 Thou shalt not be afraid for the terror by night; *nor* for the arrow *that* flieth by day;

- Nor* for the pestilence *that* walketh in darkness; *nor* for the destruction *that* wasteth at noonday.
- 7 A thousand shall fall at thy side, and ten thousand at thy right hand; *but* it shall not come nigh thee.
- 10 There shall no evil befall thee, neither shall any plague come nigh thy dwelling.

6. Mark 10:32 (to .)

- 32 ¶ And they were in the way going up to Jerusalem; and Jesus went before them: and they were amazed; and as they followed, they were afraid.

7. Luke 21:5-8 (to :), 9-11 when, 20-22, 25-28, 33, 36

- 5 ¶ And as some spake of the temple, how it was adorned with goodly stones and gifts, he said,
- 6 *As for* these things which ye behold, the days will come, in the which there shall not be left one stone upon another, that shall not be thrown down.
- 7 And they asked him, saying, Master, but when shall these things be? and what sign *will there be* when these things shall come to pass?
- 8 And he said, Take heed that ye be not deceived:
- 9 when ye shall hear of wars and commotions, be not terrified: for these things must first come to pass; but the end *is* not by and by.
- 10 Then said he unto them, Nation shall rise against nation, and kingdom against kingdom:
- 11 And great earthquakes shall be in divers places, and famines, and pestilences; and fearful sights and great signs shall there be from heaven.
- 20 And when ye shall see Jerusalem compassed with armies, then know that the desolation thereof is nigh.
- 21 Then let them which are in Judæa flee to the mountains; and let them which are in the midst of it depart out; and let not them that are in the countries enter thereinto.
- 22 For these be the days of vengeance, that all things which are written may be fulfilled.
- 25 ¶ And there shall be signs in the sun, and in the moon, and in the stars; and upon the earth distress of nations, with perplexity; the sea and the waves roaring;
- 26 Men's hearts failing them for fear, and for looking after those things which are coming on the earth: for the powers of heaven shall be shaken.
- 27 And then shall they see the Son of man coming in a cloud with power and great glory.
- 28 And when these things begin to come to pass, then look up, and lift up your heads; for your redemption draweth nigh.
- 33 Heaven and earth shall pass away: but my words shall not pass away.

36 Watch ye therefore, and pray always, that ye may be accounted worthy to escape all these things that shall come to pass, and to stand before the Son of man.

8. Ps. 56:3, 11

3 What time I am afraid, I will trust in thee.

11 In God have I put my trust: I will not be afraid what man can do unto me.

9. Ps. 3:6

6 I will not be afraid of ten thousands of people, that have set *themselves* against me round about.

10. Acts 9:22-31 Saul

22 Saul increased the more in strength, and confounded the Jews which dwelt at Damascus, proving that this is very Christ.

23 ¶ And after that many days were fulfilled, the Jews took counsel to kill him:

24 But their laying await was known of Saul. And they watched the gates day and night to kill him.

25 Then the disciples took him by night, and let *him* down by the wall in a basket.

26 And when Saul was come to Jerusalem, he assayed to join himself to the disciples: but they were all afraid of him, and believed not that he was a disciple.

27 But Barnabas took him, and brought *him* to the apostles, and declared unto them how he had seen the Lord in the way, and that he had spoken to him, and how he had preached boldly at Damascus in the name of Jesus.

28 And he was with them coming in and going out at Jerusalem.

29 And he spake boldly in the name of the Lord Jesus, and disputed against the Grecians: but they went about to slay him.

30 *Which* when the brethren knew, they brought him down to Cæsarea, and sent him forth to Tarsus.

31 Then had the churches rest throughout all Judæa and Galilee and Samaria, and were edified; and walking in the fear of the Lord, and in the comfort of the Holy Ghost, were multiplied.

11. I Pet. 3:13 who

13 who *is* he that will harm you, if ye be followers of that which is good?

12. Ps. 112:4, 7

4 Unto the upright there ariseth light in the darkness: *he is* gracious, and full of compassion, and righteous.

7 He shall not be afraid of evil tidings: his heart is fixed, trusting in the LORD.

13. I John 4:1, 7, 18 1st perfect (to :)

- 1 BELOVED, believe not every spirit, but try the spirits whether they are of God: because many false prophets are gone out into the world.
- 7 Beloved, let us love one another: for love is of God; and every one that loveth is born of God, and knoweth God.
- 18 perfect love casteth out fear:

Science and Health with Key to the Scriptures by Mary Baker Eddy

1. SH 410:29-30

Christian scientific practice begins with Christ's keynote of harmony, "Be not afraid!"

2. SH 151:18 Fear (only, to 2nd .)

Fear never stopped being and its action.

3. SH 586:11

FEAR. Heat; inflammation; anxiety; ignorance; error; desire; caution.

4. SH 532:13, 26-28

Genesis iii. 9, 10. And the Lord God [Jehovah] called unto Adam, and said unto him, Where art thou? And he said, I heard Thy voice in the garden, and I was afraid, because I was naked; and I hid myself.

Fear was the first manifestation of the error of material sense. Thus error began and will end the dream of matter.

Fear comes of error

5. SH 181:21-25

If you are too material to love the Science of Mind and are satisfied with good words instead of effects, if you adhere to error and are afraid to trust Truth, the question then recurs, "Adam, where art thou?"

Not words but deeds

6. SH 197:16

We should master fear, instead of cultivating it. It was the ignorance of our forefathers in the departments of knowledge now broadcast in the earth, that made them hardier than our trained physiologists, more honest than our sleek politicians.

7. SH 406:16-25

The moral man has no fear that he will commit a murder, and he should be as fearless on the question of disease.

Resist evil — error of every sort — and it will flee from you. Error is opposed to Life. We can, and ultimately shall, so rise as to avail ourselves in every direction of the supremacy of Truth over error, Life over death, and good over evil, and this growth will go on until we arrive at the fulness of God's idea, and no

Resist to the end

more fear that we shall be sick and die.

8. SH 392:7

Casting out evil and fear

enables truth to outweigh error. The only course is to

- 9 take antagonistic grounds against all that is opposed to the health, holiness, and harmony of man, God's image.

9. SH 187:3-8, 10

- 3 As mortals do not comprehend even mortal existence, how ignorant must they be of the all-knowing Mind and of His creations.

- 6 Here you may see how so-called material sense creates its own forms of thought, gives them material names, and then worships and fears them. The beliefs of the human mind rob and enslave it, and then impute this result to another illusive personification, named Satan.
- 12

10. SH 411:24 (only), 27-29

- 24 The mental state is called a material state.

- 27 Always begin your treatment by allaying the fear of patients. Silently reassure them as to their exemption from disease and danger.

Unspoken
pleading

11. SH 417:27-2

- 27 Explain audibly to your patients, as soon as they can bear it, the complete control which Mind holds over the body. Show them how mortal mind seems to induce disease by certain fears and false conclusions, and how divine Mind can cure by opposite thoughts. Give your patients an underlying understanding to support them
- 30 and to shield them from the baneful effects of their own conclusions.
- 418:1

12. SH 419:28-30

- To succeed in healing, you must conquer your own fears as well as those of your patients, and rise into higher and holier consciousness.
- 30

13. SH 495:16

Let neither

fear nor doubt overshadow your clear sense and

- 18 calm trust, that the recognition of life harmonious — as Life eternally is — can destroy any painful sense of, or belief in, that which Life is not. Let Christian Science, instead of corporeal sense, support your understanding of being, and this understanding will supplant error with Truth, replace mortality with immortality, and silence discord with harmony.
- 21
- 24

14. SH 243:32

- 30 Inasmuch as God is

- 244:1 good and the fount of all being, He does not produce moral or physical deformity; therefore such deformity is not real, but is illusion, the mirage of error.
- 3

Divine Science reveals these grand facts. On
their basis Jesus demonstrated Life, never
6 fearing nor obeying error in any form.

15. SH 445:5-8

No
6 hypothesis as to the existence of another power should
interpose a doubt or fear to hinder the demonstration of
Christian Science.

16. SH 563:4-7 (to ?)

3 We may well be perplexed at human
fear; and still more astounded at hatred, which lifts
6 its hydra head, showing its horns in the many inventions
of evil. But why should we stand aghast at nothingness?

17. SH 380:15-17, 19-21

15 The physical effects of fear illustrate its illusion. Gaz-
ing at a chained lion, crouched for a spring, should not
terrify a man. Noth-
ing but the power of Truth can prevent the fear of
21 error, and prove man's dominion over error.

18. SH 559:8-16

The "still, small voice"
9 of scientific thought reaches over continent and ocean
to the globe's remotest bound. The inaudible voice of
Truth is, to the human mind, "as when a lion roareth."
12 It is heard in the desert and in dark places of fear. It
arouses the "seven thunders" of evil, and stirs their latent
forces to utter the full diapason of secret tones. Then is
15 the power of Truth demonstrated, — made manifest in
the destruction of error.

19. SH 381:8-10, 15-16

When infringing some supposed law, you say that
9 there is danger. This fear is the danger and induces the
physical effects. God is the
lawmaker, but He is not the author of barbarous codes.

20. SH 22:14-17

If
15 your endeavors are beset by fearful odds, and you receive
no present reward, go not back to error, nor become a
sluggard in the race.

21. SH 442:25

St. Paul says, "Work
out your own salvation with fear and trembling." Jesus
27 said, "Fear not, little flock; for it is your Father's good
pleasure to give you the kingdom." This truth is
Christian Science.

22. SH 125:12-16

12 As human thought changes from one stage to an-
other of conscious pain and painlessness, sorrow and

joy, — from fear to hope and from faith to understand-
 15 ing, — the visible manifestation will at last be man gov-
 18 erned by Soul, not by material sense.

23. SH 298:13-18

Spiritual sense, contradicting the material senses, in-
 15 volves intuition, hope, faith, understanding, fruition, real-
 18 ity. Material sense expresses the belief that mind is in
 matter. This human belief, alternating between a sense
 of pleasure and pain, hope and fear, life and death, never
 reaches beyond the boundary of the mortal or the unreal.

24. SH 99:5-11

“Work
 6 out your own salvation with fear and trembling,” says
 the apostle, and he straightway adds: “for it is God
 which worketh in you both to will and to do of His good
 9 pleasure” (Philippians ii. 12, 13). Truth has furnished
 the key to the kingdom, and with this key Christian Sci-
 ence has opened the door of the human understanding.

25. SH 410:14

Every trial of our faith in God makes us stronger.
 15 The more difficult seems the material condition to be
 overcome by Spirit, the stronger should be our
 faith and the purer our love. The Apostle
 18 John says: “There is no fear in Love, but perfect Love
 casteth out fear. . . . He that feareth is not made per-
 21 fect in Love.” Here is a definite and inspired proclama-
 tion of Christian Science.

Love casteth out
 fear

Hymns 547, 540, 583

547

O, sometimes gleams upon our sight,
 Through present wrong, th' eternal right;
 And step by step, since time began,
 We see the steady gain of man.
 For all of good the past has had
 Remains to make our own time glad,
 Our common, daily life divine,
 And every land a Palestine.
 Through the harsh noises of our day,
 A low sweet prelude finds its way;
 Through clouds of doubt and creeds of fear
 A light is breaking, calm and clear.
 Henceforth my heart shall sigh no more
 For olden time and holier shore:
 God's love and blessing, then and there,
 Are now and here and everywhere.

540

O gentle presence, peace and joy and power;
 O Life divine, that owns each waiting hour,

Thou Love that guards the nestling's faltering flight!
Keep Thou my child on upward wing tonight.

Love is our refuge; only with mine eye
Can I behold the snare, the pit, the fall:
His habitation high is here, and nigh,
His arm encircles me, and mine, and all.

O make me glad for every scalding tear,
For hope deferred, ingratitude, disdain!
Wait, and love more for every hate, and fear
No ill,—since God is good, and loss is gain.

Beneath the shadow of His mighty wing;
In that sweet secret of the narrow way,
Seeking and finding, with the angels sing:
“Lo, I am with you alway,”—watch and pray.

No snare, no fowler, pestilence or pain;
No night drops down upon the troubled breast,
When heaven's aftersmile earth's tear-drops gain,
And mother finds her home and heav'nly rest.

583

The Lord is my light and my salvation.
The Lord is my light and my salvation.
The Lord is my light and my salvation.
Whom shall I fear?

Refrain

Whom shall I fear?
Whom shall I fear?
The Lord is the strength of my life.
Whom shall I fear?

In the time of trouble He shall hide me.
In the time of trouble He shall hide me.
In the time of trouble He shall hide me.
Whom shall I fear?

Wait on the Lord and be of good courage.
Wait on the Lord and be of good courage.
Wait on the Lord and be of good courage.
Whom shall I fear?

Refrain

Whom shall I fear?
Whom shall I fear?
The Lord is the strength of my life.
Whom shall I fear?

