# Wed Quiet Silence 2020 12 16

Quiet, Silence

Wednesday, December 16, 2020

## **The Bible**

- 1. Isa. 7:4 Take (to;)
  - 4 Take heed, and be quiet;
- 2. Judg. 3:19 Keep (to 1st.)
- 19 Keep silence.
- 3. Isa. 14:7 (to:)
  - 7 The whole earth is at rest, *and* is quiet:
- 4. Isa. 33:20 (to;)
- Look upon Zion, the city of our solemnities: thine eyes shall see Jerusalem a quiet habitation, a tabernacle *that* shall not be taken down;
- 5. Isa. 30:15 thus (to :)
- thus saith the Lord God, the Holy One of Israel; In returning and rest shall ye be saved; in quietness and in confidence shall be your strength:
- 6. Ezek. 16:42 1st I
- I make my fury toward thee to rest, and my jealousy shall depart from thee, and I will be quiet, and will be no more angry.
- 7. Jer. 47:6, 7
  - 6 O thou sword of the LORD, how long *will it be* ere thou be quiet? put up thyself into thy scabbard, rest, and be still.
  - 7 How can it be quiet, seeing the LORD hath given it a charge against Ashkelon, and against the sea shore? there hath he appointed it.
- 8. Prov. 17:1
  - BETTER *is* a dry morsel, and quietness therewith, than an house full of sacrifices *with* strife.
- 9. Lam. 3:26
- 26 It is good that a man should both hope and quietly wait for the salvation of the LORD.
- 10. I Kings 19:9-12 1st he
  - 9 he came thither unto a cave, and lodged there; and, behold, the word of the LORD *came* to him, and he said unto him, What doest thou here, Elijah?

- And he said, I have been very jealous for the LORD God of hosts: for the children of Israel have forsaken thy covenant, thrown down thine altars, and slain thy prophets with the sword; and I, *even* I only, am left; and they seek my life, to take it away.
- And he said, Go forth, and stand upon the mount before the LORD. And, behold, the LORD passed by, and a great and strong wind rent the mountains, and brake in pieces the rocks before the LORD; *but* the LORD *was* not in the wind: and after the wind an earthquake; *but* the LORD *was* not in the earthquake:
- 12 And after the earthquake a fire; *but* the LORD *was* not in the fire: and after the fire a still small voice.

#### 11. Eccl. 4:6

6 Better *is* an handful *with* quietness, than both the hands full *with* travail and vexation of spirit.

## 12. Eccl. 9:17

17 The words of wise *men are* heard in quiet more than the cry of him that ruleth among fools.

# 13. Judg. 8:28 Midian

Midian subdued before the children of Israel, so that they lifted up their heads no more. And the country was in quietness forty years in the days of Gideon.

## 14. Job 34:29 (to 1st?)

29 When he giveth quietness, who then can make trouble?

# 15. Ps. 107:1, 2, 6 they, 20, 29, 30 (to;)

- O GIVE thanks unto the LORD, for *he is* good: for his mercy *endureth* for ever.
- 2 Let the redeemed of the LORD say *so*, whom he hath redeemed from the hand of the enemy;
- 6 they cried unto the LORD in their trouble, *and* he delivered them out of their distresses.
- 20 He sent his word, and healed them, and delivered *them* from their destructions.
- He maketh the storm a calm, so that the waves thereof are still.
- 30 Then are they glad because they be quiet;

# 16. Ps. 31:18

Let the lying lips be put to silence; which speak grievous things proudly and contemptuously against the righteous.

#### 17. Zech. 2:13

13 Be silent, O all flesh, before the LORD: for he is raised up out of his holy habitation.

#### 18. Mark 6:45-51 straightway

- straightway he constrained his disciples to get into the ship, and to go to the other side before unto Bethsaida, while he sent away the people.
- And when he had sent them away, he departed into a mountain to pray.
- 47 And when even was come, the ship was in the midst of the sea, and he alone on the land.
- 48 And he saw them toiling in rowing; for the wind was contrary unto them: and about the fourth watch of the night he cometh unto them, walking upon the sea, and would have passed by them.
- But when they saw him walking upon the sea, they supposed it had been a spirit, and cried out:
- For they all saw him, and were troubled. And immediately he talked with them, and saith unto them, Be of good cheer: it is I; be not afraid.
- And he went up unto them into the ship; and the wind ceased: and they were sore amazed in themselves beyond measure, and wondered.

# 19. I Thess. 4:1, 2, 10 we, 11

- FURTHERMORE then we beseech you, brethren, and exhort *you* by the Lord Jesus, that as ye have received of us how ye ought to walk and to please God, *so* ye would abound more and more.
- 2 For ye know what commandments we gave you by the Lord Jesus.
- we beseech you, brethren, that ye increase more and more;
- And that ye study to be quiet, and to do your own business, and to work with your own hands, as we commanded you;

# 20. I Tim. 2:1-3

- 1 I EXHORT therefore, that, first of all, supplications, prayers, intercessions, and giving of thanks, be made for all men;
- 2 For kings, and *for* all that are in authority; that we may lead a quiet and peaceable life in all godliness and honesty.
- 3 For this is good and acceptable in the sight of God our Saviour;

# 21. Isa. 32:17 1st the

the work of righteousness shall be peace; and the effect of righteousness quietness and assurance for ever.

## 22. Hab. 2:20 1st the

20 the LORD is in his holy temple: let all the earth keep silence before him.

# Science and Health with Key to the Scriptures by Mary Baker Eddy

#### 1. SH 4:28-30 silent

27 silent prayer,

watchfulness, and devout obedience enable

30 us to follow Jesus' example.

Veritable devotion

#### 2. SH 15:9-18

To enter into the

heart of prayer, the door of the erring senses must be closed. Lips must be mute and materialism silent,

that man may have audience with Spirit, the divine Principle, Love, which destroys all error.

In order to pray aright, we must enter into the closet and shut the door. We must close the lips and silence the material senses. In the quiet sanctuary of earnest longings, we must

deny sin and plead God's allness.

# Effectual invocation

#### 3. SH 13:14-19

15

Even if prayer is

sincere, God knows our need before we tell Him or our fellow-beings about it. If we cherish the desire honestly and silently and humbly, God will bless it, and
 we shall incur less risk of overwhelming our real

wishes with a torrent of words.

# 4. SH 48:19

"He opened not his mouth." The great demonstrator of Truth and Love was silent before
envy and hate. Peter would have smitten the enemies of his Master, but Jesus forbade him, thus rebuking resentment or animal courage. He said: "Put up thy
sword."

#### 5. SH 34:29-18

What a contrast between our Lord's last supper and
his last spiritual breakfast with his disciples
in the bright morning hours at the joyful
meeting on the shore of the Galilean Sea! His gloom
had passed into glory, and his disciples' grief into repentance, — hearts chastened and pride rebuked. Convinced
of the fruitlessness of their toil in the dark and wakened

of the fruitlessness of their toil in the dark and wakened by their Master's voice, they changed their methods, turned away from material things, and cast their net on the right

side. Discerning Christ, Truth, anew on the shore of time, they were enabled to rise somewhat from mortal sensuousness, or the burial of mind in matter, into new-

The last breakfast

9 ness of life as Spirit.

This spiritual meeting with our Lord in the dawn of a new light is the morning meal which Christian Scientists

12 commemorate. They bow before Christ, Truth, to receive more of his reappearing and silently to commune with the divine Principle, Love. They celebrate their

15 Lord's victory over death, his probation in the flesh after death, its exemplification of human probation, and his spiritual and final ascension above matter, or the flesh,

18 when he rose out of material sight.

#### 6. SH 224:22

24

A higher and more practical Christianity, demonstrating justice and meeting the needs of mortals in sickness and in health, stands at the door of this age, knocking for admission. Will you open or close the door upon this angel visitant, who cometh in the quiet of meekness, as he came of old to the patriarch at noonday?

#### 7. SH 184:27

A woman, whom I cured of consumption, always breathed with great difficulty when the wind was from the east. I sat silently by her side a few moments. Her breath came gently. The inspirations were deep and natural. I then requested her to look at the weather-vane. She looked and saw that it pointed due east. The wind had not changed, but her thought of it had and so her difficulty in breathing had gone. The wind had not produced the difficulty. My metaphysical treatment changed the action of her belief on the lungs, and she never suffered

## 8. SH 323:28-32

The effects of Christian Science are not so much seen as felt. It is the "still, small voice" of Truth

30 uttering itself. We are either turning away from this utterance, or we are listening to it and going up higher.

again from east winds, but was restored to health.

# 9. SH 327:29 Reason

- 27 Reason is the most active human faculty. Let
- that inform the sentiments and awaken the man's dormant sense of moral obligation, and by degrees he will learn the nothingness of the pleasures of human sense
- 328:1 and the grandeur and bliss of a spiritual sense, which silences the material or corporeal. Then he not only will
- 3 be saved, but is saved.

Childlike receptivity

#### 10. SH 367:24

The infinite Truth of the Christ-cure has come to this age through a "still, small voice," through silent utterances and divine anointing which quicken and increase the beneficial effects of Christianity. I long to see the consummation of my hope, namely, the student's higher attainments in this line of light.

#### 11. SH 318:5

Corporeal senses define diseases as realities; but the Scriptures declare that God made all, even while the corporeal senses are saying that matter causes disease and the divine Mind cannot or will

9 not heal it. The material senses originate and support all that is material, untrue, selfish, or debased. They would put soul into soil, life into limbo, and doom

all things to decay. We must silence this lie of material sense with the truth of spiritual sense. We must cause the error to cease that brought the belief of sin and death

and would efface the pure sense of omnipotence.

## 12. SH 376:17-26

If the body is material, it cannot, for that very reason, suffer with a fever. Because the so-called material body is a mental concept and governed by mortal mind, it manifests only what that so-called

mind expresses. Therefore the efficient remedy is to destroy the patient's false belief by both silently and audibly arguing the true facts in regard to harmonious

being, — representing man as healthy instead of diseased, and showing that it is impossible for matter to suffer, to feel pain or heat, to be thirsty or sick.

# 13. SH 411:3, 27-1

27

- My first discovery in the student's practice was this: If the student silently called the disease by name, when he argued against it, as a general rule the body
- would respond more quickly, just as a person replies more readily when his name is spoken; but this was because the student was not perfectly attuned to
- divine Science, and needed the arguments of truth for reminders. If Spirit or the power of divine Love bear witness to the truth, this is the ultimatum, the scientific
- way, and the healing is instantaneous.
  - Always begin your treatment by allaying the fear of patients. Silently reassure them as to their exemption from disease and danger. Watch the re-

What the senses originate

Remedy for fever

Naming diseases

Unspoken pleading

sult of this simple rule of Christian Science, and you will find that it alleviates the symptoms of every disease. If you succeed in wholly removing the fear,

412:1 your patient is healed.

#### 14. SH 412:4

Mentally and silently plead the case scientifically for Truth. You may vary the arguments to meet

- the peculiar or general symptoms of the case you treat, but be thoroughly persuaded in your own mind concerning the truth which you think or speak, and you will be
- 9 the victor.

#### 15. SH 417:16

When you silence the witness against your plea, you destroy the evidence, for the disease disappears. The evidence before the corporeal senses is not the Science of immortal man.

#### 16. SH 445:19-21

Christian Science silences human will, quiets fear with Truth and Love, and illustrates the unlabored motion of the divine energy in healing the sick.

#### 17. SH 89:20-21

- 18 Spirit,
- God, is heard when the senses are silent.

# Hymns 317, 470,222

#### 317

Still, still with Thee when purple morning breaketh, When the bird waketh, and the shadows flee, Fairer than morning, lovelier than the daylight, Dawns the sweet consciousness, I am with Thee.

Alone with Thee, amid the changing shadows, Solemn the hush of nature, newly born; Alone with Thee, in breathless adoration, In the calm dew and freshness of the morn.

So shall it ever be in the bright morning, When hearts awaking see the shadows flee, O, in that hour, and fairer than the dawning, Rises the glorious thought, I am with Thee.

#### 470

Faith grasps the blessing she desires, Hope points the upward gaze; And Love, celestial Love, inspires Divine energy

The eloquence of praise.

.

But sweeter far the still small voice Unheard by human ear, When God has made the heart rejoice, And dried the bitter tear.

.

No accents flow, no words ascend; All language fails us there; But God does always comprehend And answer silent prayer.

.

#### 222

O little town of Bethlehem, How still we see thee lie; Above thy deep and dreamless sleep The silent stars go by; Yet in thy dark streets shineth The everlasting Light; The hopes and fears of all the years Are met in thee tonight.

.

O morning stars, together
Proclaim the holy birth,
And praises sing to God the King,
And peace to men on earth;
Where charity stands watching
And faith holds wide the door,
The dark night wakes, the glory breaks,
And Christmas comes once more.

.

How silently, how silently,
The wondrous gift is given;
So God imparts to human hearts
The blessings of His heaven.
No ear may hear his coming,
But in this world of sin,
Where meekness will receive him, still
The dear Christ enters in.

Printed from CONCORD: A CHRISTIAN SCIENCE STUDY RESOURCE, published by The Christian Science Board of Directors in Boston, MA, USA. This content may be under copyright and may not be further reproduced or distributed, unless permitted under the Concord User License Agreement.