

2019-07-11 Vacation



The readings are from our Pastor: The Holy Bible and the Christian Science textbook “Science and Health with Key to the Scriptures”, by Mary Baker Eddy.



The Holy Bible

1. Matt. 11:28–30

¶ Come unto me, all ye that labour and are heavy laden, and I will give you rest. Take my yoke upon you, and learn of me; for I am meek and lowly in heart: and ye shall find rest unto your souls. For my yoke *is* easy, and my burden is light.

2. Ps. 37:3–8, 10, 11

Trust in the LORD, and do good; so shalt thou dwell in the land, and verily thou shalt be fed. Delight thyself also in the LORD; and he shall give thee the desires of thine heart. Commit thy way unto the LORD; trust also in him; and he shall bring *it* to pass. And he shall bring forth thy righteousness as the light, and thy judgment as the noonday. Rest in the LORD, and wait patiently for him: fret not thyself because of him who prospereth in his way, because of the man who bringeth wicked devices to pass. Cease from anger, and forsake wrath: fret not thyself in any wise to do evil. ...

For yet a little while, and the wicked *shall not be*: yea, thou shalt diligently consider his place, and it *shall not be*. But the meek shall inherit the earth; and shall delight themselves in the abundance of peace.

3. Lev. 25:1, 2, 6, 7, 18, 19

And the LORD spake unto Moses in mount Sinai, saying, Speak unto the children of Israel, and say unto them, When ye come into the land which I give you, then shall the land keep a sabbath unto the LORD. ...

And the sabbath of the land shall be meat for you; for thee, and for thy servant, and for thy maid, and for thy hired servant, and for thy stranger that sojourneth with thee. And for thy cattle, and for the beast that *are* in thy land, shall all the increase thereof be meat. ...

... ¶ Wherefore ye shall do my statutes, and keep my judgments, and do them; and ye

shall dwell in the land in safety. And the land shall yield her fruit, and ye shall eat your fill, and dwell therein in safety.

4. Matt. 6:25, 27, 31 (to 2nd ?), 32, 33

Therefore I say unto you, Take no thought for your life, what ye shall eat, or what ye shall drink; nor yet for your body, what ye shall put on. Is not the life more than meat, and the body than raiment? ...

Which of you by taking thought can add one cubit unto his stature? ...

Therefore take no thought, saying, What shall we eat? or, What shall we drink? ...

... (For after all these things do the Gentiles seek:) for your heavenly Father knoweth that ye have need of all these things. But seek ye first the kingdom of God, and his righteousness; and all these things shall be added unto you.

5. Job 37:14 stand

... stand still, and consider the wondrous works of God.

6. Isa. 2:22

Cease ye from man, whose breath *is* in his nostrils: for wherein is he to be accounted of?

7. Jer. 17:5–8

¶ Thus saith the LORD; Cursed *be* the man that trusteth in man, and maketh flesh his arm, and whose heart departeth from the LORD. For he shall be like the heath in the desert, and shall not see when good cometh; but shall inhabit the parched places in the wilderness, *in* a salt land and not inhabited. Blessed *is* the man that trusteth in the LORD, and whose hope the LORD *is*. For he shall be as a tree planted by the waters, and *that* spreadeth out her roots by the river, and shall not see when heat cometh, but her leaf shall be green; and shall not be careful in the year of drought, neither shall cease from yielding fruit.

8. Ex. 14:13 Fear (to :)

... Fear ye not, stand still, and see the salvation of the LORD, which he will shew to you to-day: ...

9. I Kings 8:56–58

Blessed *be* the LORD, that hath given rest unto his people Israel, according to all that he promised: there hath not failed one word of all his good promise, which he promised by the hand of Moses his servant. The LORD our God be with us, as he was with our fathers: let him not leave us, nor forsake us: That he may incline our hearts unto him, to walk in all his ways, and to keep his commandments, and his statutes, and his judgments, which he commanded our fathers.

10. I Pet. 5:1–7

The elders which are among you I exhort, who am also an elder, and a witness of the sufferings of Christ, and also a partaker of the glory that shall be revealed: Feed the flock of God which is among you, taking the oversight *thereof*, not by constraint, but willingly; not for filthy lucre, but of a ready mind; Neither as being lords over *God's* heritage, but being ensamples to the flock. And when the chief Shepherd shall appear, ye shall receive a crown of glory that fadeth not away. Likewise, ye younger, submit yourselves unto the elder. Yea, all *of you* be subject one to another, and be clothed with humility: for God resisteth the proud, and giveth grace to the humble. Humble yourselves therefore under the mighty hand of God, that he may exalt you in due time: Casting all your care upon him; for he careth for you.

11. Heb. 4:9–12, 16

There remaineth therefore a rest to the people of God. For he that is entered into his rest, he also hath ceased from his own works, as God *did* from his. Let us labour therefore to enter into that rest, lest any man fall after the same example of unbelief. For the word of God *is* quick, and powerful, and sharper than any two-edged sword, piercing even to the dividing asunder of soul and spirit, and of the joints and marrow, and *is* a discerner of the thoughts and intents of the heart. ...

Let us therefore come boldly unto the throne of grace, that we may obtain mercy, and find grace to help in time of need.



Science and Health

1. SH 519:25

God rests in action. Imparting has not impoverished, can never impoverish, the divine Mind. No exhaustion follows the action of this Mind, according to the apprehension of divine Science. The highest and sweetest rest, even from a human standpoint, is in holy work.

[Resting in holy work](#)

2. SH 514:6, 14–18; 515:4–5

Mind, joyous in strength, dwells in the realm of Mind. Mind's infinite ideas run and disport themselves. In humility they climb the heights of holiness.

... In the figurative transmission from the divine thought to the human, diligence, promptness, and perseverance are likened to “the cattle upon a thousand hills.” They carry the baggage of stern resolve, and keep pace with highest purpose. ...

Patience is symbolized by the tireless worm, creeping over lofty summits, persevering in its intent.

3. SH 170:14, 22–13

The demands of Truth are spiritual, and reach the body through Mind. The best interpreter of man's needs said: "Take no thought for your life, what ye shall eat, or what ye shall drink." ...

Spiritual causation is the one question to be considered, for more than all others spiritual causation relates to human progress. The age seems ready to approach this subject, to ponder somewhat the supremacy of Spirit, and at least to touch the hem of Truth's garment.

Causation
considered

The description of man as purely physical, or as both material and spiritual, — but in either case dependent upon his physical organization, — is the Pandora box, from which all ills have gone forth, especially despair. Matter, which takes divine power into its own hands and claims to be a creator, is a fiction, in which paganism and lust are so sanctioned by society that mankind has caught their moral contagion.

Through discernment of the spiritual opposite of materiality, even the way through Christ, Truth, man will reopen with the key of divine Science the gates of Paradise which human beliefs have closed, and will find himself unfallen, upright, pure, and free, not needing to consult almanacs for the probabilities either of his life or of the weather, not needing to study brainology to learn how much of a man he is.

Paradise
regained

Mind's control over the universe, including man, is no longer an open question, but is demonstrable Science.

4. SH 383:3

We need a clean body and a clean mind, — a body rendered pure by Mind as well as washed by water. One says: "I take good care of my body."

To do this, the pure and exalting influence of the divine Mind on the body is requisite, and the Christian Scientist takes the best care of his body when he leaves it most out of his thought, and, like the Apostle Paul, is "willing rather to be absent from the body, and to be present with the Lord."

A clean mind
and body

5. SH 288:10–14, 18, 27

When the final physical and moral effects of Christian Science are fully apprehended, the conflict between truth and error, understanding and belief, Science and material sense, foreshadowed by the prophets and inaugurated by Jesus, will cease, and spiritual harmony reign. ... As St. Paul says: "There remaineth therefore a rest to the people of God" (of Spirit). ...

Science reveals the glorious possibilities of immortal man, forever unlimited by the mortal senses.

The Christ-element in the Messiah made him the Way-shower, Truth and Life.

The
Christ-element

6. SH 31:4–6, 10–14

Jesus acknowledged no ties of the flesh. He said: “Call no man your father upon the earth: for one is your Father, which is in heaven.” ... He recognized Spirit, God, as the only creator, and therefore as the Father of all.

First in the list of Christian duties, he taught his followers the healing power of Truth and Love. He attached no importance to dead ceremonies.

7. SH 218:7

The consciousness of Truth rests us more than hours of repose in unconsciousness.

8. SH 217:19

When mentality gives rest to the body, the next toil will fatigue you less, for you are working out the problem of being in divine metaphysics; and in proportion as you understand the control which Mind has over so-called matter, you will be able to demonstrate this control. The scientific and permanent remedy for fatigue is to learn the power of Mind over the body or any illusion of physical weariness, and so destroy this illusion, for matter cannot be weary and heavy-laden.

9. SH 140:16–19, 20

We worship spiritually, only as we cease to worship materially. Spiritual devoutness is the soul of Christianity. Worshipping through the medium of matter is paganism. ... “The true worshippers shall worship the Father in spirit and in truth.”

The true
worship

10. SH 228:20

If we follow the command of our Master, “Take no thought for your life,” we shall never depend on bodily conditions, structure, or economy, but we shall be masters of the body, dictate its terms, and form and control it with Truth.

11. SH 261:27; 262:17

Fixing your gaze on the realities supernal, you will rise to the spiritual consciousness of being, even as the bird which has burst from the egg and preens its wings for a skyward flight. ...

Job said: “I have heard of Thee by the hearing of the ear: but now mine eye seeth Thee.” Mortals will echo Job's thought, when the supposed pain and pleasure of matter cease to predominate. They will then drop the false estimate of life and happiness, of joy and sorrow, and attain the bliss of loving unselfishly, working patiently, and conquering all that is unlike God.

Starting from a higher standpoint, one rises spontaneously, even as light emits light without effort; for “where your treasure is, there will your heart be also.”

The true
sense

12. SH 426:5–11

The discoverer of Christian Science finds the path less difficult when she has the high goal always before her thoughts, than when she counts her footsteps

in endeavoring to reach it. When the destination is desirable, expectation speeds our progress. The struggle for Truth makes one strong instead of weak, resting instead of wearying one.

Our footsteps
heavenward

13. SH 570:14–18

Millions of unprejudiced minds — simple seekers for Truth, weary wanderers, athirst in the desert — are waiting and watching for rest and drink. Give them a cup of cold water in Christ's name, and never fear the consequences.

Receptive
hearts



Hymns

1. Hymn. 461:1-2

Come unto me, you weary, / And I will give you rest. / These tender words of Jesus / Still come to hearts oppressed. / They tell of benediction, / Of pardon, grace, and peace, / Of joy that has no ending, / Of love that cannot cease. /

Come unto me, you wanderers, / And I will give you light. / These loving words of Jesus / Still come to cheer the night. / Come, all you heavy laden, / And I will give you life. / These peaceful words of Jesus / Still come to end all strife.

2. Hymn. 41:1-4

Come, labor on: / Who dares stand idle on the harvest plain? / While all around him waves the golden grain, / And to each servant does the Master say, / Go work today. /

Come, labor on: / Claim the high calling that we all may share; / To all the world the joyful tidings bear; / Redeem the time: its hours too swiftly fly, / Harvest draws nigh. /

Come, labor on: / Away with gloomy doubts and faithless fear. / No arm so weak but may do service here; / By means the simplest can our God fulfill / His righteous will. /

Come, labor on: / The toil is pleasant, the reward is sure; / Blessed are they who to the end endure; / How full their joy, how sweet their rest shall be, / O Lord, with Thee.

3. Hymn. 278:1-3

Pilgrim on earth, home and heaven are within thee, / Heir of the ages and child of the day. / Cared for, watched over, beloved and protected, / Walk thou with courage each step of the way. /

Truthful and steadfast though trials betide thee, / Ever one thing do thou ask of thy Lord, / Grace to go forward, wherever He guide thee, / Gladly obeying the call of His word. /

Healed is thy hardness, His love hath dissolved it, / Full is the promise, the blessing how kind; / So shall His tenderness teach thee compassion, / So all the merciful, mercy shall find.

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